



**Dr. David R. Bowser III**  
Cosmetic & Family Dentistry

## Instructions following Crown and Bridge Post-Preparation

*Please read the following instructions carefully. If you have any questions about the instructions or your treatment, please contact our office.*

Since a minor surgical procedure has just been completed on your teeth and gums, you should expect them to be sore. To experience less discomfort when the anesthetic wears off, take an analgesic, for example, Advil, Motrin, or Tylenol. When you leave our office please be aware and take caution that you are still numb and be careful not to bite your lips or tongue. If you are experiencing significant discomfort after the procedure is finished please contact our office.

You are now wearing a temporary crown or bridge while we have your permanent one custom fitted just for you. It is normal to experience some sensitivity to cold or sweets. We suggest if you are experiencing these sensations that you avoid those foods or liquids.

Over time, while we are waiting to receive your permanent crown from the lab the temporary cement used may become loose, cracked, or weak during use. For that reason, we recommend that you do no overstress this area during that time and avoid sticky and very chewy foods. If breakage or loosening occurs, or if the temporary crown or bridge does come off, place it back on the tooth or teeth to prevent shifting from occurring and call our office when convenient, preferably within 2-3 days.

It is not uncommon for some to notice staining or a gradual darkening of the surface of the temporary crown or bridge. This often happens when the patient consumes substances such as red wine, coffee, tea, and the use of tobacco. We also would like to remind the patient that the temporary crown or bridge will only be there for a short period of time and the permanent should not stain in that manner.

At your next appointment the temporary crown or bridge will be removed. All of the temporary cement will also be removed and your teeth will be cleaned and sterilized before the permanent fitting and cementing of your final restoration. This procedure may require anesthetic, just for your comfort throughout the appointment.

**(814)839-9908**  
**114 Ridgewood Drive, Fishertown PA, 15539**