



Instructions following Extractions with Immediate Denture/Partial Placement

Dr. David R. Bowser III
Cosmetic & Family Dentistry

Please read the following instructions carefully. If you have any questions about the instructions or your treatment, please contact our office.

Follow the post-op instructions that were given to you by your oral surgeon who completed the procedure. Your new denture or partial has been designed just for you and should fit your mouth as thoroughly and comfortably as possible. At first you will get the “full mouth” feeling for several days. You will also experience difficulty speaking and eating until you become familiar with your new denture or partial. During the “break in” time period, there is usually several adjustments that are needed. Most of the time, the lower denture or partial generally requires more of an adjustment period for the patient.

1. Do not remove the denture/partial for the first 24 hours. Swelling may occur and make it impossible to re-insert them. Also, the red marks that it will leave on your gums in that first day will let the Doctor easily find the correct adjustments for you.
2. After the first 24 hours and your first adjustment appointment, the denture should be removed at least twice a day to clean. At this time, rinse your mouth with salt water (1tsp. salt in 8oz. water) to aid in healing.
3. Keep the denture/partial in your mouth for 24 hours a day (except cleaning) for the first 3-5 days. After that, it is recommended that you sleep without them to allow nature's normal cleansing processes.
4. Use denture adhesives for retention if needed. Apply as directed.

(814)839-9908
114 Ridgewood Drive, Fishertown PA, 15539