



Core Seminars—How to Grow Class 6: Confession of Sin

VI. Choosing an Accountability Partner

- *Is clearly growing in godliness and correctly handles the Word of truth (2 Timothy 2:15)*
- *Is of the same sex, unless it is your spouse*
- *Is compassionate and has a biblical view of sin, so they will neither be shocked by your sin nor smother you in mercy when you need a rebuke*
- *Listens carefully and withholds counsel until he or she fully understands the situation*
- *Will respect your confidence and treat it with great discretion*

VI. Moving Toward Godliness

- *Will you commit to fully confessing your sins to God?*

Class Schedule Overview

Teachers:

1	Introduction
2	All of life worship
3	Bible Intake I
4	Bible Intake II
5	Prayer
6	Confession of sin
7	Fasting
8	Evangelism
9	Serving
10	Stewardship
11	Cultivating Spiritual Fruit I
12	Cultivating Spiritual Fruit II
13	Perseverance

I. Introduction

Confession has two meanings

1. To declare faith in or adherence to God (Heb. 3:1)
2. Acknowledge guilt before God (Lev. 5:5)

Confession results in forgiveness

1 John 1:9

Christ is the basis for God's forgiveness

Matthew 26:28

Romans 10:9

Confession must be accompanied by repentance

Ezra 10:11

Acts 3:19

II. To Whom and What Should We Confess?

To God

Psalm 54:1; Rom. 14:12; Heb. 4:11-13; 1 Sam. 16:7

Confess to another person your sins against them

Num. 5:5-7; Matt. 5:23-24

Confess your sins to your church

1. Participate in congregational prayers of confession
2. Confess to the church when you are baptized (Mark 1:4-5)
3. 3. Confess your sins to the church if you are disciplined (2 Cor 2:5-8)

Confess your sins to another Christian to whom you wish to be accountable

James 5:16

Galatians 6:1-2

III. The Wisdom of Confessing Sin

Confession yields forgiveness and reconciliation

Micah 7:18-19

Confession enables us to prosper

Proverbs 28:13

Psalm 32:3-5

Confession can overcome relational barriers

Proverbs 15:1

Confession can commend the gospel

Confessing sin to others can overcome the fear of rejection

Confessing sin to others can help us overcome sin

IV. Signs of True Confession

True confession is accompanied by repentance

True confession is specific

Leviticus 5:5

True confession includes motives

True confession is accompanied by godly sorrow

2 Cor. 7:10

True confession is made in light of the cross

True confession is followed by intercessory prayer

True confession results in an experience of forgiveness

V. When Is Confession Required?

Confession should be ongoing

Romans 7:18-19

1 John 1:8

Confession should be immediate

Acts 24:16

Confession should precede communion

1 Corinthians 11:28-29