

## Core Seminars—How to Grow Class 13: Perseverance



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### Introduction

*Instead of regarding the spiritual disciplines as burdensome chores, we should see them as means of grace that God has kindly given to us for our spiritual good and His glory. We do not practice the spiritual disciplines in order to earn merit. We practice them out of love and gratitude for what God has already done for us in Christ.*

*The spiritual disciplines have always been practices which can make a **godly** person out of a **busy** person.*

How can we persevere in growing in the face of life's demands?

### I. The Role of the Holy Spirit

Ephesians 1:13-14

Romans 8:13-14

2 Timothy 1:7

Romans 8:29-30

Zechariah 4:6

## II. The Role of Fellowship

1 John 1:3-4

J.I. Packer defines fellowship as, “*a seeking to share in what God has made known of himself to others, as a means to finding strength, refreshment, and instruction for one’s own soul.*”

Proverbs 27:17

Hebrews 10:24-25

Ephesians 4:15-16

Hebrews 3:13

What are some ways we can encourage one another to grow?

## III. The Role of Struggle

How does struggle help us to grow?

“*We need to remember that any idea of getting beyond conflict, outward or inward, in our pursuit of holiness in the world is an escapist dream that can only have disillusioning and demoralizing effects on us, as waking experience daily disproves it. What we must realize, rather, is that any real holiness in us will be under hostile fire all the time, just as our Lord’s was.*” (J.I. Packer)

Psalm 144:1

1 Timothy 4:10

Colossians 1:28-29

Galatians 5:17

Romans 7:24-25

1 John 3:2

## IV. Moving towards Godliness

- **Practice the Spiritual Disciplines in Light of Eternity**

1 Timothy 4:7-8

- **Practicing the Spiritual Disciplines Is Necessary for Godliness**

Galatians 6:9