

TALK FOR CHARITY



An introduction to

HERBAL

MEDICINE

Audrey Wright, Medical Herbalist

VILLAGE HALL

BURWASH

Saturday 29 September 2018

2.30 p.m.

Admission: £5 (*at door*)



The Centre in Monson Road, Tunbridge Wells is an independent registered charity entirely run by volunteers. It is totally self-funding.

The Centre was established in 2004 by a group of cancer patients who recognised the need for somewhere to relax and talk with others in a similar situation. In broader terms, this applied to family members or carers affected by the emotional upset of cancer, and seeking support or counselling.

The Centre also provides, free of charge, a wide range of complementary therapies, such as reflexology, reiki, healing and massage; along with nutritional advice and yoga. A number of individual consultants and GPs refer their patients to the Centre.

Pickering has become one of the best known local charities. Each year it helps around 2,500 people whose lives have been touched by cancer.

AUDREY WRIGHT Dip.HM, MNIMH



The inspiration to start a career in herbal medicine came to Audrey Wright from her mother, who worked as manager of the Herb Gardens at Seal and Ightham.

After a five year training period with the Tunbridge Wells School of Phytotherapy, in 1996 Audrey gained a Diploma in Herbal Medicine and thus qualified for membership of the National Institute of Medical Herbalists. Her first practice was at the Clinic of Osteopathy in Bexhill, before joining the team of alternative practitioners at Horam Manor Oak Surgery. She now practices in Burwash, East Sussex.

Ms Wright has given talks on Herbal Medicine to Women's Institutes, Horticultural Societies and diverse local groups. On this occasion, she will recount how the Essiac formula came into being for the treatment of cancer.

FOR FURTHER INFORMATION CONTACT

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