

About Jishin Martial Arts

At Jishin Martial Arts we believe in teaching our students the basics of traditional Shotokan karate. With our motto, Strong Mind Strong Body Strong Spirit, we believe in developing all aspects of our students. We focus on building well rounded students that will rise to any challenge life may give them.

Each class we challenge them physically with exercises that develop strength, flexibility and cardio. This develops stronger, faster and healthier students that are capable of doing things they did not think they could.

By learning kata and basics, our students develop the mental skills needed to handle a variety of situations. Focus, concentration and self control are all things that our students learn each class. These mental skills transfer to everyday life enabling our students to excel in other areas of life.

Jishin translates as confidence in oneself. We believe that through our positive coaching, feedback and one on one approach we can teach our students to believe in themselves. We believe everyone has within themselves the ability to do great things.

Our classes are geared to everyone. We accept students ages 4 and up.

We provide instruction in traditional karate, self defense, tournament competition, fitness and nontraditional martial arts.

Our classes are open to everyone regardless of age, skill, physical ability, race, or creed. We believe that everyone should have the opportunity to learn.

Our classes currently run:

Beginner Class Sundays: 3:30-5pm

Junior Tigers Sundays 5-6 pm

Advanced Class Sundays 6-7:15 pm

Kickboxing Sundays 7:15-8:30 pm

Open Classes

Tuesday evening: 8-9:30 pm

Fees:

Junior Tiger \$35/month \$120/session

Karate \$55/month \$200/session

Kickboxing \$35/month \$120/session

Each session is 4 months long

Strong Mind

Strong Body

Strong Spirit

Our instructor has over 30 years experience in the martial arts. Sensei Corey started training in 1983 in Weyburn Sask under Master Harold Vilcu. Sensei Corey has competed and won in tournaments all across western Canada. His philosophy of developing martial artists is based on bringing out the strengths of each individual student. No two people are the same and everyone learns differently. He believes in helping students reach their potential through working with them to find what works for them. By developing them this way they realize that they can do anything they want to. A strong sense of tradition is balanced by the realization that change and progression is needed to ensure what he teaches is relevant, practical and effective. To this end, he has incorporated other disciplines into his teachings. Tae Kwon Do, Judo, Ju Jitsu, Kickboxing and weapons are all part of what Jishin teaches. We believe every student must be well rounded.

Jishin Martial Arts also travels to various tournaments throughout Western Canada to provide our students the opportunity to compete against other martial artists and styles. These competitions are designed to ensure a safe, positive environment for our students to test what they have learned. It is also an opportunity to see other styles and philosophies in actions. Student will meet and become friends with others. These friendships often last their entire life.

Waiver and Release

Registration for classes

First Name: _____

Last Name: _____

Age: _____ Date of Birth: ____/____/____

To Be Completed by Student And / Or

Parent / Guardian - If under Age 21

Student and / or Guardian Name:

First Name: _____

Last Name: _____

Home: _____

Cell: _____

Email (optional) _____

Address: _____

City: _____

All information is kept private and confidential and will not be shared without approval

I do hereby agree to participate in Jishin Martial Arts (referred to as "Company") located in Regina, Sask. The responsible party must read the entire contract before signing.

I recognize the risks of injury that are common to any martial arts program that my child or I participate in and I do hereby waive and release the Company and all of its agents and associates from and against any and all claims, actions, causes of action, damages, costs, liabilities, expense of judgments, including attorney's fees and court costs, that arise out of my participation in this program. I hereby execute this Waiver and Release form permitting my minor child and / or myself to participate in the Company's program. Uniforms, equipment, camps, private lessons, etc. are all additional costs and fees are not included in with tuition or registration.

I have executed this Waiver and Release this _____ day of _____, 20_____.

Signature of Student or Parent / Guardian if under the age of 21



jishinmartialarts.com

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