



## Instructions for Making Worm Casting Tea

### Choosing Between Brewing or Steeping:

**Brewing** worm casting tea involves the use of an aerating device, like an aquarium pump, to infuse oxygen into the solution and aid in the nutrient extraction process. This creates an aerobic environment for both the bacteria and fungi to bloom. The brewing process should occur for a minimum of 24 hours, but no more than 48 hours. Once the brewing process is complete, be sure to apply the tea as a soil drench or foliar spray within 48 hours.

**Steeping** worm casting tea involves simply adding a tea bag or loose worm castings directly into your solution. The steeping process should occur over a 4 to 7-day period and the solution should be stirred at least once daily. Once the steeping process is complete, be sure to apply the tea as a soil drench or foliar spray within 48 hours.

**Note 1:** When using a sprayer, be sure to strain the castings (if not in a tea bag) out of your solution before adding to the sprayer. Straining will help prevent clogging.

**Note 2:** Regardless of whether you choose to brew or steep your tea, **DO NOT** discard the worm castings after they have been used. Incorporate the remnants into your soil or use as a top dressing. The organic matter is still very beneficial for your plants, trees and shrubs.

### **Equipment needed – Brewing**

- (1) 2 or 5-gallon plastic bucket (preferably clean and free of any caustic materials)
- (2) Gallons of rain or chlorine free water (tap water is fine but allow to stand at least 24 hours before using)
- (1) Aeration device (Aquarium pump with two output ports is ideal)

### **Organic Material**

- (1) Worm casting tea bag or the recommended quantity of loose worm castings in a porous sock or hose

### **Equipment needed – Steeping**

- (1) 2 or 5-gallon plastic bucket (preferably clean and free of caustic materials)
- (2) Gallons of rain or chlorine free water (tap water is fine but allow to stand at least 24 hours before using)

### **Organic Material**

- (1) Worm casting tea bag or the recommended quantity of loose worm castings added directly to the water

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