

# Abbreviations Used

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The following abbreviations are commonly used in optometry practices. To enable a concentration on the most important abbreviations to be learnt, those used routinely by Optometric Assistants are marked with a ★.

## General Abbreviations

- ★ ASAP..... As soon as possible
- ★ ĩ..... With
- ★ CL..... Contact lenses
- Dc..... Discontinue
- Ext..... External
- F/u..... Follow-up
- ★ HCC..... Health care card
- Inf..... Inferior
- K..... Keratometer
- ★ L..... Left eye
- ★ LE..... Left eye
- ★ Mcr..... Medicare
- ★ OD..... Right eye
- ★ OS..... Left eye
- ★ OU..... Both eyes
- ★ Ophthal... Ophthalmologist
- ★ Optom..... Optometrist
- ★ Pat..... Patient
- ★ Pt..... Patient
- ★ PD..... Inter-pupillary distance
- ★ R..... Right eye
- ★ RE..... Right eye
- ★ Rx..... Prescription
- S..... Without
- Subj..... Subjective
- ★ VA..... Veterans Affairs
- ★ VT..... Vision training
- w/o..... Without
- ★ D..... Dioptre
- ★ DBL..... Bridge size (distance between lenses)
- ★ Dn..... Down from frame datum
- ★ Dp..... Depth
- ★ Eye..... Eye size
- ★ FTC..... Frame to come
- ★ Ht..... Cross height (aspherics & progressives)
- ★ Lng..... Longest meridian
- ★ Own..... Patient's own frame
- ★ Progs..... Progressive lenses
- ★ RWR..... Ring when ready
- ★ Seg..... Bifocal segment
- ★ Seg ht..... Bifocal segment height
- ★ Specs..... Spectacles
- ★ Sph..... Sphere
- ★ S/V..... Single vision lenses
- ★ Trifs..... Trifocal lenses
- ★ Up..... Up from frame datum
- ★ W/F..... Wait frame (leaving own frame for fitting)
- ★ x..... Axis
- ★ #..... Model
- LP..... Light perception (vision)
- LVA..... Low vision aids
- NAD..... No abnormality detected
- O..... Objective
- P..... Plan (the treatment)
- ★ Prog..... Progress period (weeks)
- ★ Rcl..... Recall period (months)
- S..... Subjective
- ★ Un..... Unaided vision
- ★ VA..... Visual acuity
- W-4-D..... Worth four dot test

## Eye Anatomy

- AC..... Anterior chamber
- C..... Cornea
- CB..... Ciliary body
- C/D..... Cup to disc ratio
- Conj..... Conjunctiva
- ENDO..... Endothelium
- EPITH..... Epithelium
- I..... Iris
- L..... Lens
- Lac..... Lacrimal

## Eye Health

- A/V..... Artery to vein width ratio
- BUT..... Tear break-up time
- ★ Cat..... Cataract
- C/D..... Cup to disc ratio
- FB..... Foreign body
- G..... Glaucoma
- GPC..... Giant papillary conjunctivitis
- ★ IOL..... Intra-ocular lens
- ★ IOP..... Intra-ocular pressure
- OAG..... Open angle glaucoma
- ON..... Optic nerve
- ★ OTC..... Over the counter medications
- P..... Pupil
- PEE..... Punctate epithelial erosion
- PRK..... Photo-refractive keratectomy (laser)
- RD..... Retinal detachment
- RP..... Retinitis pigmentosa
- SMD..... Senile macular degeneration

## Symbols

- ★ Δ..... Prism dioptre
- ★ =..... Equal to
- ★ ≠..... Not equal to
- ★ ≡..... Equivalent to
- ★ >..... Greater than
- ★ <..... Less than
- ★ ≥..... Greater than or equal to
- ★ ≤..... Less than or equal to

## Spectacles

- ★ BD..... Prism base down
- ★ Bifs..... Bifocal lenses
- ★ BI..... Prism base in
- ★ BO..... Prism base out
- ★ BU..... Prism base up
- ★ Col..... Frame colour
- ★ Cyl..... Cylinder

## Appointment Book

- ★ A..... Adjustment
- ★ C..... Consultation
- ★ CL..... CL after-care
- ★ D..... Delivery (of spectacles)
- ★ E to S..... Lenses edged to size before pt brings frame
- ★ F..... Fields
- ★ P..... Progress check
- ★ RC..... Returning consultation
- ★ T..... Telephone to confirm
- ★ W/F..... Wait frame (Patient waiting while fitted)

## Clinical Records

- A..... Assessment (diagnosis)
- cc..... Chief complaint
- FC..... Finger counting (vision)
- ★ Hab..... Habitual vision (with specs or CL's)
- HM..... Hand movements (vision)
- IOP..... Intra-ocular pressure

SPK..... Superficial punctate keratitis  
 V ..... Vitreous  
 WNL..... Within normal limits

## Eye Muscle Function

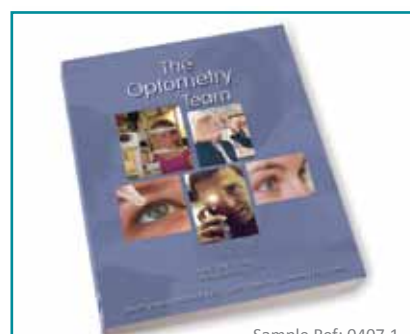
CT..... Cover test  
 EOM..... Extraocular muscles  
 LMR ..... Left medial rectus  
 LIO ..... Left inferior oblique  
 LIR ..... Left inferior rectus  
 LLR ..... Left lateral rectus  
 LSO ..... Left superior oblique  
 LSR..... Left superior rectus  
 RMR..... Right medial rectus  
 RIO ..... Right inferior oblique  
 RIR ..... Right inferior rectus  
 RLR ..... Right lateral rectus  
 RSO ..... Right superior oblique  
 RSR ..... Right superior rectus

## Contact Lenses

★ BC..... Base curve  
 BCR..... Base curve radius  
 CAB..... Cellulose acetate butyrate  
 CCC..... Central corneal clouding  
 ★ CL..... Contact lens  
 CNB..... CN bevel  
 CP ..... Central pooling  
 ★ Diam..... Overall diameter  
 ★ Disp ..... Disposable  
 ★ DW ..... Daily wear  
 EC..... Edge curve  
 EDTA..... Disodium edetate  
 EL ..... Edge lift  
 ★ EW..... Extended wear  
 Fl..... Fluorescein dye  
 FI. An..... Fluorescein analysis  
 HEMA .... Hydroxyethylmethacrylate  
 OZ..... Optical zone  
 PC..... Peripheral curve  
 PMMA.... Polymethylmethacrylate  
 PVA..... Polyvinyl alcohol  
 RB..... Rose Bengal dye  
 SC..... Secondary curve  
 SCr..... Secondary curve radius  
 SCw ..... Secondary curve width  
 TC..... Tertiary curve  
 Tear lens . Tear lens power (D)

## Pharmaceuticals

a ..... Before  
 ac ..... Before meals  
 b ..... 2  
 bid..... 2 times a day  
 caps..... Capsules  
 collyr..... Eye wash  
 ★ gtt..... Eye-drops  
 ★  $\bar{t}$  ..... 1 drop  
 ★  $\bar{t}\bar{t}$  ..... 2 drops  
 ★  $\bar{t}\bar{t}\bar{t}$  ..... 3 drops  
 p ..... After  
 pc ..... After meals  
 po ..... By mouth  
 ★ prn..... As needed  
 q ..... Every  
 qam ..... Every morning  
 ★ qd..... Every day  
 ★ qid..... 4 times a day  
 qm ..... Every morning  
 qod..... Every other day  
 q2h..... Every 2 hours  
 stat ..... Immediately, 1 time  
 t ..... 3  
 tab ..... Tablets  
 ★ tid..... 3 times a day  
 ★ ung..... Ointment



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*The Optometry Team* was written by optometrist Tony Hanks, OD and is now in its' 3rd edition.

The book is available from optometry association bookshops or on-line from [www.hanks.optom.com.au](http://www.hanks.optom.com.au)