

The Abbreviations We Use

Tony Hanks, OD

The following abbreviations are commonly used in optometry practices. To enable a concentration on the most important abbreviations to be learnt, those used routinely by Optometric Assistants are marked with a ★.

General Abbreviations

- ★ ASAP..... As soon as possible
- ★ ĩ..... With
- ★ CL..... Contact lenses
- Dc..... Discontinue
- Ext..... External
- F/u..... Follow-up
- ★ HCC..... Health care card
- Inf..... Inferior
- K..... Keratometer
- ★ L..... Left eye
- ★ LE..... Left eye
- ★ Mcr..... Medicare
- ★ OD..... Right eye
- ★ OS..... Left eye
- ★ OU..... Both eyes
- ★ Ophthal... Ophthalmologist
- ★ Optom..... Optometrist
- ★ Pat..... Patient
- ★ Pt..... Patient
- ★ PD..... Inter-pupillary distance
- ★ R..... Right eye
- ★ RE..... Right eye
- ★ Rx..... Prescription
- S..... Without
- Subj..... Subjective
- ★ VA..... Veterans Affairs
- ★ VT..... Vision training
- w/o..... Without

Symbols

- ★ Δ..... Prism dioptre
- ★ =..... Equal to
- ★ ≠..... Not equal to
- ★ ≡..... Equivalent to
- ★ >..... Greater than
- ★ <..... Less than
- ★ ≥..... Greater than or equal to
- ★ ≤..... Less than or equal to

Spectacles

- ★ BD..... Prism base down
- ★ Bifs..... Bifocal lenses
- ★ BI..... Prism base in
- ★ BO..... Prism base out
- ★ BU..... Prism base up
- ★ Col..... Frame colour
- ★ Cyl..... Cylinder

- ★ D..... Dioptre
- ★ DBL..... Bridge size (distance between lenses)
- ★ Dn..... Down from frame datum
- ★ Dp..... Depth
- ★ Eye..... Eye size
- ★ FTC..... Frame to come
- ★ Ht..... Cross height (aspherics & progressives)
- ★ Lng..... Longest meridian
- ★ Own..... Patient's own frame
- ★ Progs..... Progressive lenses
- ★ RWR..... Ring when ready
- ★ Seg..... Bifocal segment
- ★ Seg ht..... Bifocal segment height
- ★ Specs..... Spectacles
- ★ Sph..... Sphere
- ★ S/V..... Single vision lenses
- ★ Trifs..... Trifocal lenses
- ★ Up..... Up from frame datum
- ★ W/F..... Wait frame (leaving own frame for fitting)
- ★ x..... Axis
- ★ #..... Model

Appointment Book

- ★ A..... Adjustment
- ★ C..... Consultation
- ★ CL..... CL after-care
- ★ D..... Delivery (of spectacles)
- ★ E to S..... Lenses edged to size before pt brings frame
- ★ F..... Fields
- ★ P..... Progress check
- ★ RC..... Returning consultation
- ★ T..... Telephone to confirm
- ★ W/F..... Wait frame (Patient waiting while fitted)

Clinical Records

- A..... Assessment (diagnosis)
- cc..... Chief complaint
- FC..... Finger counting (vision)
- ★ Hab..... Habitual vision (with specs or CL's)
- HM..... Hand movements (vision)
- IOP..... Intra-ocular pressure

- LP..... Light perception (vision)
- LVA..... Low vision aids
- NAD..... No abnormality detected
- O..... Objective
- P..... Plan (the treatment)
- ★ Prog..... Progress period (weeks)
- ★ Rcl..... Recall period (months)
- S..... Subjective
- ★ Un..... Unaided vision
- ★ VA..... Visual acuity
- W-4-D..... Worth four dot test

Eye Anatomy

- AC..... Anterior chamber
- C..... Cornea
- CB..... Ciliary body
- C/D..... Cup to disc ratio
- Conj..... Conjunctiva
- ENDO..... Endothelium
- EPITH..... Epithelium
- I..... Iris
- L..... Lens
- Lac..... Lacrimal

Eye Health

- A/V..... Artery to vein width ratio
- BUT..... Tear break-up time
- ★ Cat..... Cataract
- C/D..... Cup to disc ratio
- FB..... Foreign body
- G..... Glaucoma
- GPC..... Giant papillary conjunctivitis
- ★ IOL..... Intra-ocular lens
- ★ IOP..... Intra-ocular pressure
- OAG..... Open angle glaucoma
- ON..... Optic nerve
- ★ OTC..... Over the counter medications
- P..... Pupil
- PEE..... Punctate epithelial erosion
- PRK..... Photo-refractive keratectomy (laser)
- RD..... Retinal detachment
- RP..... Retinitis pigmentosa
- SMD..... Senile macular degeneration

SPK..... Superficial punctate keratitis
 V Vitreous
 WNL..... Within normal limits

Eye Muscle Function

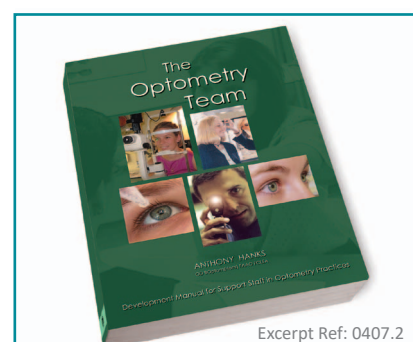
CT..... Cover test
 EOM..... Extraocular muscles
 LMR Left medial rectus
 LIO Left inferior oblique
 LIR Left inferior rectus
 LLR Left lateral rectus
 LSO Left superior oblique
 LSR..... Left superior rectus
 RMR..... Right medial rectus
 RIO Right inferior oblique
 RIR Right inferior rectus
 RLR Right lateral rectus
 RSO Right superior oblique
 RSR Right superior rectus

Contact Lenses

★ BC..... Base curve
 BCR..... Base curve radius
 CAB..... Cellulose acetate butyrate
 CCC..... Central corneal clouding
 ★ CL..... Contact lens
 CNB..... CN bevel
 CP Central pooling
 ★ Diam..... Overall diameter
 ★ Disp Disposable
 ★ DW Daily wear
 EC..... Edge curve
 EDTA..... Disodium edetate
 EL Edge lift
 ★ EW..... Extended wear
 Fl..... Fluorescein dye
 FI. An..... Fluorescein analysis
 HEMA Hydroxyethylmethacrylate
 OZ..... Optical zone
 PC..... Peripheral curve
 PMMA.... Polymethylmethacrylate
 PVA..... Polyvinyl alcohol
 RB..... Rose Bengal dye
 SC..... Secondary curve
 SCr..... Secondary curve radius
 SCw Secondary curve width
 TC..... Tertiary curve
 Tear lens . Tear lens power (D)

Pharmaceuticals

a Before
 ac Before meals
 b 2
 bid..... 2 times a day
 caps..... Capsules
 collyr..... Eye wash
 ★ gtt..... Eye-drops
 ★ \bar{i} 1 drop
 ★ \bar{ii} 2 drops
 ★ \bar{iii} 3 drops
 p After
 pc After meals
 po..... By mouth
 ★ prn..... As needed
 q Every
 qam Every morning
 ★ qd..... Every day
 ★ qid..... 4 times a day
 qm..... Every morning
 qod..... Every other day
 q2h..... Every 2 hours
 stat Immediately, 1 time
 t 3
 tab Tablets
 ★ tid..... 3 times a day
 ★ ung..... Ointment



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This is an excerpt from *The Optometry Team*, written by optometrist Dr Tony Hanks - now in its' 4th edition.

The book is available on-line from www.hanksresources.com