

Abbreviations for Optometrists

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Those used most routinely are marked with a ★.

General Abbreviations

- ★ ASAP..... As soon as possible
- ★ c̄..... With
- ★ CL..... Contact lenses
- ★ Dc..... Discontinue
- ★ Ext..... External
- ★ F/u..... Follow-up
- ★ Inf..... Inferior
- ★ K..... Keratometer
- L..... Left eye
- LE..... Left eye
- ★ OD..... Right eye
- ★ OS..... Left eye
- ★ OU..... Both eyes
- ★ Ophthal... Ophthalmologist
- ★ Optom..... Optometrist
- Pat..... Patient
- ★ Pt..... Patient
- ★ PD..... Inter-pupillary distance
- R..... Right eye
- RE..... Right eye
- ★ Rx..... Prescription
- S..... Without
- ★ Subj..... Subjective
- ★ VA..... Veterans Affairs
- ★ VT..... Vision training
- ★ w/o..... Without

Symbols

- ★ Δ..... Prism dioptre
- ★ =..... Equal to
- ★ ≠..... Not equal to
- ★ ≡..... Equivalent to
- ★ >..... Greater than
- ★ <..... Less than
- ★ ≥..... Greater than or equal to
- ★ ≤..... Less than or equal to

Spectacles

- ★ BD..... Prism base down
- ★ Bifs..... Bifocal lenses
- ★ BI..... Prism base in
- ★ BO..... Prism base out
- ★ BU..... Prism base up
- ★ Col..... Frame colour
- ★ Cyl..... Cylinder
- ★ D..... Dioptre
- ★ DBL..... Bridge size (distance between lenses)

- ★ Dn..... Down from frame datum
- ★ Dp..... Depth
- ★ Eye..... Eye size
- ★ FTC..... Frame to come
- ★ Ht..... Cross height (aspherics & progressives)
- ★ Lng..... Longest meridian
- ★ Own..... Patient's own frame
- ★ Progs..... Progressive lenses
- ★ RWR..... Ring when ready
- ★ Seg..... Bifocal segment
- ★ Seg ht..... Bifocal segment height
- ★ Specs..... Spectacles
- ★ Sph..... Sphere
- ★ SV..... Single vision lenses
- ★ Trifs..... Trifocal lenses
- ★ Up..... Up from frame datum
- ★ WF..... Wait frame (leaving own frame for fitting)
- ★ x..... Axis
- ★ #..... Model

Appointment Book

- ★ A..... Adjustment
- ★ C..... Consultation
- ★ CL..... CL after-care
- ★ D..... Delivery (of spectacles)
- ★ E to S..... Lenses edged to size before pt brings frame
- ★ F..... Fields
- ★ P..... Progress check
- ★ RC..... Returning consultation
- ★ T..... Telephone to confirm
- ★ WF..... Wait frame (Patient waiting while fitted)

Clinical Records

- ★ A..... Assessment (diagnosis)
- ★ cc..... Chief complaint
- ★ FC..... Finger counting (vision)
- ★ Hab..... Habitual vision (with specs or CL's)
- ★ HM..... Hand movements (vision)
- ★ IOP..... Intra-ocular pressure
- ★ LP..... Light perception (vision)
- ★ LVA..... Low vision aids
- ★ NAD..... No abnormality detected
- ★ O..... Objective

- ★ P..... Plan (the treatment)
- ★ Prog..... Progress period (weeks)
- ★ Rcl..... Recall period (months)
- ★ S..... Subjective
- ★ Un..... Unaided vision
- ★ VA..... Visual acuity
- ★ W4D..... Worth four dot test

Eye Anatomy

- ★ AC..... Anterior chamber
- ★ C..... Cornea
- ★ CB..... Ciliary body
- ★ C/D..... Cup to disc ratio
- ★ Conj..... Conjunctiva
- ★ Endo..... Endothelium
- ★ Epith..... Epithelium
- ★ I..... Iris
- ★ L..... Lens
- ★ Lac..... Lacrimal

Eye Health

- ★ A/V..... Artery to vein width ratio
- ★ BUT..... Tear break-up time
- ★ Cat..... Cataract
- ★ C/D..... Cup to disc ratio
- ★ FB..... Foreign body
- ★ G..... Glaucoma
- ★ GPC..... Giant papillary conjunctivitis
- ★ IOL..... Intra-ocular lens
- ★ IOP..... Intra-ocular pressure
- ★ OAG..... Open angle glaucoma
- ★ ON..... Optic nerve
- ★ OTC..... Over the counter medications
- ★ P..... Pupil
- ★ PEE..... Punctate epithelial erosion
- ★ PRK..... Photo-refractive keratectomy (laser)
- ★ RD..... Retinal detachment
- ★ RP..... Retinitis pigmentosa
- ★ SMD..... Senile macular degeneration
- ★ SPK..... Superficial punctate keratitis
- ★ V..... Vitreous
- ★ WNL..... Within normal limits

Eye Muscle Function

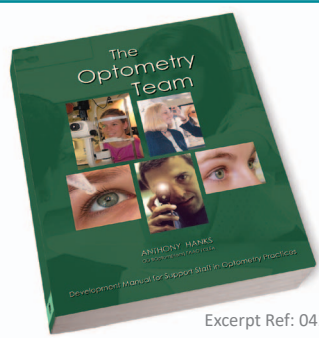
- ★ CT..... Cover test
- EOM..... Extraocular muscles
- LMR Left medial rectus
- LIO Left inferior oblique
- LIR Left inferior rectus
- LLR Left lateral rectus
- LSO Left superior oblique
- LSR..... Left superior rectus
- RMR..... Right medial rectus
- RIO Right inferior oblique
- RIR Right inferior rectus
- RLR Right lateral rectus
- RSO Right superior oblique
- RSR Right superior rectus

Contact Lenses

- ★ BC..... Base curve
- BCR..... Base curve radius
- CAB..... Cellulose acetate butyrate
- ★ CCC..... Central corneal clouding
- ★ CL..... Contact lens
- CNB..... CN bevel
- ★ CP Central pooling
- ★ Diam Overall diameter
- ★ Disp Disposable
- ★ DW Daily wear
- ★ EC..... Edge curve
- EDTA..... Disodium edetate
- ★ EL Edge lift
- ★ EW..... Extended wear
- ★ Fl..... Fluorescein dye
- Fl. An..... Fluorescein analysis
- HEMA Hydroxyethylmethacrylate
- ★ OZ..... Optical zone
- ★ PC..... Peripheral curve
- PMMA.... Polymethylmethacrylate
- PVA..... Polyvinyl alcohol
- ★ RB..... Rose Bengal dye
- ★ SC..... Secondary curve
- SCr..... Secondary curve radius
- SCw Secondary curve width
- ★ TC..... Tertiary curve
- Tear lens . Tear lens power (D)

Pharmaceuticals

- a Before
- ac Before meals
- ★ b..... 2
- ★ bid..... 2 times a day
- caps..... Capsules
- ★ collyr..... Eye wash
- ★ gtt..... Eye-drops
- ★ \bar{i} 1 drop
- ★ \bar{ii} 2 drops
- ★ \bar{iii} 3 drops
- p..... After
- pc After meals
- po By mouth
- ★ prn..... As needed
- ★ q..... Every
- qam Every morning
- ★ qd..... Every day
- ★ qid..... 4 times a day
- ★ qm..... Every morning
- qod..... Every other day
- ★ q2h..... Every 2 hours
- ★ stat Immediately, 1 time
- t..... 3
- tab Tablets
- ★ tid..... 3 times a day
- ★ ung..... Ointment



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This is an excerpt from *The Optometry Team*, written by optometrist Dr Tony Hanks - now in its' 4th edition.

The book is available on-line from www.hanksresources.com