



Patient Education & FAQ's

Normal & Abnormal Symptoms with Contact Lenses

NORMAL

Whilst you are adapting to your lenses you may notice some of the following normal symptoms. However, advice should be sought if they persist:

- Watering of the eyes and increased blinking
- Dislike of bright lights



- Difficulty with reading
- Tension in the face or forehead
- Intermittent blurred vision
- Temporary blur with spectacles, after wearing the contact lenses
- One lens behaving better than the other
- Reflections from lights
- Occasional displacement of a lens onto the white of the eye
- Some difficulty in the judgement of sizes and distances

ABNORMAL

IMPORTANT: If any of the following symptoms occur, you must **take the contact lenses out** of your eyes **immediately** and seek advice promptly.



- Persistent redness of the eyes, particularly if it lasts overnight



- Soreness or discomfort after lens removal
- Discomfort which persists after the lens has been removed, cleaned and reinserted
- Severe pain or extremely red eyes
- Abnormal mistiness of vision, sometimes accompanied by coloured rings seen around bright lights

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