

Keep Myopia away, go outdoors and play!

Our eyes are precious, we must take good care of them.



More time on

- Ball games
- Walks
- Fun at the playground and other outdoor activities every day!



Less time on

- Computer games
- Hand-held games
- Handphone games



 Health
Promotion
Board

Copyright © HPS P.E. 464-07(A)
March 2007
Designed and printed by Clocas Design