

# WEEKDAY MASS SHEET

## ORDINARY WEEK 5

6 – 11 February 2017

### THE SCRIPTURES

We read the beginning of Genesis for two weeks. This week we hear of the “origins of heaven and earth when they were created”, and creation of man and woman. In the Gospels (Mark 6 -7) we see Jesus' ministry of healing, and his confrontation with the religious leaders of Israel.

### OUR PRAYERS THIS WEEK

Peace on Earth; Christian Unity; The Sick and Those Who Care for Them; Victims of Trafficking and Those who Work to Combat it; the Unemployed.

### THE HOLY FATHER'S INTENTIONS

**FEBRUARY: Comfort for the Afflicted.**

That all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities.

### SAINTS THIS WEEK

**Saints Paul Miki and Companions:** the Japanese martyrs. Towards the end of the sixteenth century, the Emperor Hideyoshi began a persecution of the Catholic Church in Japan; among those arrested were Paul Miki, a young Jesuit, and twenty-five others, some as young as 13; they were taken to Nagasaki where they were crucified in 1597.

**Saint Jerome Emiliani:** like other saints, Jerome started adult life as a soldier, but after capture and imprisonment he left his military career and began to serve the poor; in 1532 he founded the 'Order of Clerks Regular of Somaschi' to serve the poor and needy. He died in 1537.

**Saint Josephine Bakhita:** born in Sudan in 1869, she was kidnapped, sold as a slave and taken to Italy. There she became a Catholic, and entered the Institute of Saint Mary Magdalene of Canossa, where she took part in the community life of prayer, cooking, sewing, embroidery and attending to the door. Her humility, her simplicity and her constant smile won the hearts of all the citizens. She died on February 8, 1947

**Saint Scholastica:** the sister of Saint Benedict, born in Umbria, Italy around 480; like her brother, she dedicated her life to God, founding a community of contemplative religious, and ending her days at Monte Cassino in the year 547.

**Our Lady of Lourdes:** In 1858 the Immaculate Virgin Mary appeared to Bernadette Soubirous near Lourdes in France, in the grotto of Massabielle. Through the poor child, Mary called sinners to penance, and thereby there arose in the Church a marvellous spirit of prayer and charity, especially in helping the poor and the sick

## MONDAY

**Saint Paul Miki and Companions, Martyrs**

[MEMORIAL]

### Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

First Reading: Genesis 1:1-19: God said, and so it was.

### Responsorial Psalm

May the Lord rejoice in his works!

### Gospel Acclamation

I am the light of the world, says the Lord, anyone who follows me will have the light of life.

Gospel: Mark 6:53-56: All those who touched him were cured.

### Communion Antiphon

Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

## TUESDAY

Weekday

### Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

First Reading: Genesis 1:20-2:4: Let us make man in our own image, in the likeness of ourselves.

### Response to the Psalm

How great is your name, O Lord our God, through all the earth!

### Gospel Acclamation

Train me, Lord, to observe your law, to keep it with my heart.

Gospel: Mark 7:1-13: You put aside the commandment of God to cling to human traditions.

### Communion Antiphon

Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

# WEDNESDAY

Weekday

or Saint Jerome Emiliani, Priest  
or Saint Josephine Bakhita, Virgin

[OPTIONAL MEMORIALS]

## Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

First Reading: Genesis 2:4-9. 15-17 The Lord God took the man and settled him in the garden of Eden.

## Response to the Psalm

Bless the Lord, my soul.

## Gospel Acclamation

Our Saviour Christ Jesus abolished death, and he has proclaimed life through the Good News.

Gospel: Mark 7:14-23 It is what comes out of a man that makes him unclean.

## Communion Antiphon

Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

# THURSDAY

Weekday

## Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

First Reading: Genesis 2:18-25 He brought her to the man. They became one body.

## Responsorial Psalm

O blessed are those who fear the Lord.

## Gospel Acclamation

The Lord is faithful in all his words and loving in all his deeds.

Gospel: Mark 7:24-30 The house-dogs under the table can eat the children's scraps.

## Communion Antiphon

Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

# FRIDAY

Saint Scholastica, Virgin

[MEMORIAL]

## Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

First Reading: Genesis 3:1-8: You will be like gods, knowing good and evil.

## Response to the Psalm

Happy the man whose offence is forgiven.

## Gospel Acclamation

Your words are spirit, Lord, and they are life: you have the message of eternal life.

Gospel: Mark 7:31-37: He makes the deaf hear and the dumb speak.

## Communion Antiphon

Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

# SATURDAY

Weekday or Our Lady of Lourdes or Mass of Our Lady

## Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

[BVM: Blessed are you, O Virgin Mary, who bore the Creator of all things. You became the Mother of your Maker, and you remain for ever Virgin.]

First Reading: Genesis 3:9-24 The Lord God expelled him from the garden of Eden, to till the soil.

## Response to the Psalm

O Lord, you have been our refuge from one generation to the next.

## Gospel Acclamation

Man does not live on bread alone, but on every word that comes from the mouth of God.

Gospel: Mark 8:1-10 They ate as much as they wanted.

## Communion Antiphon

Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

[BVM: He who is mighty has done great things for me, and holy is his name.]