

# WEEKDAY MASS SHEET

ORDINARY WEEK 4 (30 January – 4 February 2017)

## THE SCRIPTURES

As we draw near the end of the letter to the Hebrews, the author discourses on the nature of faith under persecution; then the Christian goal is presented once more: we have come to the heavenly Jerusalem, and must live accordingly. In the Gospels, Jesus is on the far side of the lake, and the theme of faith is present here as well: Jesus' miracles are a response to great faith - the contrast in his home town is striking; the apostles are sent out on their first mission, and we hear of the death of John the Baptist.

## OUR PRAYERS THIS WEEK

Peace on Earth; Christian Unity; The Sick and Those Who Care for Them; Victims of Trafficking and Those who Work to Combat it; the Unemployed.

## THE HOLY FATHER'S INTENTIONS

January: Christian Unity.

That all Christians may be faithful to the Lord's teaching by striving with prayer and fraternal charity to restore ecclesial communion and by collaborating to meet the challenges facing humanity.

February: Comfort for the Afflicted.

That all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities.

## SAINTS THIS WEEK

**Saint John Bosco:** born near Turin in 1815, John was ordained priest and laboured to improve the education of young people, founding in 1859 a religious congregation, called the Salesians, for this purpose.

**Saint Blaise:** Very little is known about Blaise, except that he was the bishop of Sivas (Armenia) in the fourth century; he is associated with the healing of throats.

**Saint Ansgar:** the missionary of Scandinavia: Ansgar set out in 826 to preach the gospel in Denmark; despite great difficulties, he persevered in his mission, until he died in 865.

## MONDAY

Weekday

### Entrance Antiphon

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

First Reading: Hebrews 11:32-40: Through faith they conquered kingdoms. God will make provision for us to have something better.

### Responsorial Psalm

Let your heart take courage, all who hope in the Lord.

### Gospel Acclamation

Your word is truth, O Lord, consecrate us in the truth.

Gospel: Mark 5:1-20: Come out of that man, unclean spirit.

### Communion Antiphon

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

## TUESDAY

Saint John de Bosco, Priest

[MEMORIAL]

### Entrance Antiphon

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

First Reading: Hebrews 12:1-4: We should keep running steadily in the race we have started.

### Response to the Psalm

They shall praise you, Lord, those who seek you.

### Gospel Acclamation

I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me.

Gospel: Mark 5:21-43: Little girl, I tell you get up.

### Communion Antiphon

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

## WEDNESDAY

Weekday

### Entrance Antiphon

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

First Reading: Hebrews 12:4-7. 11-15 The Lord trains the ones that he loves.

Response to the Psalm

The love of the Lord is everlasting upon those who hold him in fear.

Gospel Acclamation

Man does not live on bread alone, but on every word that comes from the mouth of God.

Gospel: Mark 6:1-6 A prophet is only despised in his own country.

Communion Antiphon

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

## THURSDAY

The Presentation of the Lord (Candlemas)

[FEAST]

Entrance Antiphon (at the Blessing of Candles and Procession)

Behold, our Lord will come with power, to enlighten the eyes of all his servants, alleluia!

Processional Antiphon

A light for revelation to the Gentiles and the glory of your people Israel. Lord, now you let your servant go in peace, in accordance with your word. A light for revelation to the Gentiles and the glory of your people Israel. For my eyes have seen your salvation, which you have prepared in the sight of all people. A light for revelation to the Gentiles and the glory of your people Israel.

Entrance Antiphon (at the Mass)

Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.

*The Gloria is sung or recited.*

First Reading: Malachi 3:1-4 The Lord you are seeking will suddenly enter his Temple.

Responsorial Psalm

Who is the king of glory? It is the Lord.

Second Reading: Hebrews 2:14-18 It was essential that he should in this way become completely like his brothers.

Gospel Acclamation

The light to enlighten the Gentiles and give glory to Israel, your people.

Gospel: Luke 2:22-40 My eyes have seen your salvation.

Communion Antiphon

My eyes have seen your salvation, which you prepared in the sight of all the peoples.

## FRIDAY

Weekday or Saint Blaise, Bishop and Martyr  
or Saint Ansgar, Bishop

[OPTIONAL MEMORIALS]

Entrance Antiphon

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

First Reading: Hebrews 13:1-8: Jesus Christ is the same today as he was yesterday and as he will be for ever.

Response to the Psalm

The Lord is my light and my help.

Gospel Acclamation

Blessed are those who, with a noble and generous heart, take the word of God to themselves and yield a harvest through their perseverance.

Gospel: Mark 6:14-29: It is John whose head I have cut off. He has risen from the dead.

Communion Antiphon

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

## SATURDAY

Weekday or Mass of Our Lady

Entrance Antiphon

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

[BVM: Hail, Holy Mother, who gave birth to the King who rules heaven and earth for ever.]

First Reading: Hebrews 13:15-17. 20-21 May the God of peace, who brought back from the dead the great Shepherd, make you ready to do his will in any kind of good action.

Response to the Psalm

The Lord is my shepherd; there is nothing I shall want.

Gospel Acclamation

The sheep that belong to me listen to my voice, says the Lord, I know them and they follow me.

Gospel: Mark 6:30-34 They were like sheep without a shepherd.

Communion Antiphon

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

[BVM: Blessed is the womb of the Virgin Mary, which bore the Son of the eternal Father.]