



# Stonington Crew: Team Policy

As a member of the Stonington High School Crew Team, I agree to abide by the following policies and meet stated expectations. I understand that failure to do so may result in my being dismissed from the team.

1. I will maintain at least a 2.0 GPA at Stonington High for continued eligibility.
2. I will arrive on time for practice each day and be ready to row once I arrive.
3. I will not allow participation in other extra-curricular activities or employment to interfere with crew practice or participation in races.
4. During spring break, I will remain in the Stonington area and participate in all scheduled practices and races.
5. I will show proper respect for coaches, teammates and opponents at all times. I understand that any form of bullying or negative comments directed towards another teammate or competitor will be addressed with a zero-tolerance policy with regards to discipline.
6. I will arrive at practice and races with clothing appropriate to the full range of potential weather conditions.
7. I will complete all waiver forms and other required forms and submit them prior to practicing on water.
8. I will participate in all scheduled fundraising events.
9. I will contribute to the care and maintenance of the shells, oars and other equipment both during the season and during the off-season.
10. As a member of the SHS Crew Team, I will always behave in an exemplary manner recognizing that I am a representative of the Town of Stonington, and Stonington High School.