Makeup guidelines by age

Ages 2-5-no makeup needed.

Ages 5-6 Ballet 1 level. Cheeks only. Use peachy tones and apply 2-3 times darker than street makeup

Ballet 2 level. Cheeks and lips Use peachy tones and apply 2-3 times darker than street makeup. WEDDING GUESTS FOLLOW BALLET 4 GUIDELINE.

Ballet 3 level and Hip Hop. Cheeks and lips. Use peachy tones and apply 2-3 times darker than street makeup. Modified ballet eye as per diagram. This means liner on bottom lid only, no eye shadow needed.

Ballet 4 and up. Full face makeup, cheeks, lips, contour and ballet eye as per instructions/diagram.

Tap-Cheeks and lips. Use peachy tones and apply 2-3 times darker than street makeup.

Contemporary/lyrical-follow Ballet 4 guidelines.

Makeup!

- 1. Start with a freshly washed face
- 2. Pull your hair back

- 3. Put on an old shirt over anything you are wearing, especially if it's your costume! There will be powder all over you.
- 4. Using a clean makeup sponge apply your base color all over your face, feathering it into your neckline and jawline.
- 5. Using a clean corner of the sponge, apply darker contour color under the cheekbones and any area you wish to have recede. Ie to make your nose appear narrower shade on the outside edges.
- 6. Using a clean corner of the sponge, apply lighter contour on the top of the cheekbone and anywhere you wish to appear more prominent.
- 7. Apply cheek color on the apple of the cheek and blend.
- 8. Apply lip color with brush. You may go slightly outside your natural lip line. If you have a lip pencil it is a good idea to outline first, but a brush is fine.
- 9. Using a black eyeliner pencil, liquid or cake to line underneath the eye as shown in the diagram. This line will be quite far away from your lashline and will extend out past the eye. Now create a line outward from your upper lashes on top of the other line. Leave a space in between.
- 10. Using a brush and the lighter contour line under your natural lash line to the black line underneath your lashes. Extend this line in between the two lines to the corner of your eye. Highlight under your eyebrow.
- 11. Using the dark contour and a brush shade in the natural crease of your eye.
- 12. Using the brow pencil fill in and shape your natural brows using light feathery strokes.
- 13. Using the powder puff, or a brush if you have one, generously powder your entire face, even lips and eyelids, with the translucent powder. This will set your makeup. You may reapply lipstick over the powder if needed.



