

# *The Student Creed*

I must develop myself in a positive manner,  
and avoid anything that could reduce my  
mental growth or physical health.

I must develop self discipline in order to bring out the best in myself  
and others.

I must use common sense before self defense and never be abusive or  
offensive.

This is a Black Belt School, we are dedicated, we are motivated,  
we are on a quest to be our best.

