

As a professional ballerina, Chloe knows first hand how healing movement can be. She strives to help people to deeply connect to their bodies and breath, and thus experience the magic that transpires through this union.

Exposed to yoga at a young age by her mother, she has grown up with these practices for over 15 years. Chloe completed her first 200RYT at Miami Life Center in 2014. Deepening her personal practice, she discovered how valuable yoga was for her dance career, increasing both her physical and mental capacity. In the Spring of 2015, Chloe made the journey to India, traveling throughout the northern regions and studying with various famous teachers, including Gurmukh and Gurushabd at Parmarth Niketan's International Yoga Festival. This experience truly shifted her into a new reality of deepened consciousness, clarity, and resilience to move through obstacles with more grace and determination than she had in the past.

Chloe's credentials include being a Certified Reiki Master in the Usui Tradition and having a Bachelors of Science in Health and Wellness from Kaplan University. She completed her second 200 RYT training certified by KRI as a Kundalini Teacher as Taught by Yogi Bhajan in 2017. Chloe is honored to step into Mandelstam Dance to share all her heart and experience with love.