

# CLOTHING & EQUIPMENT LIST

Camp can be rough on clothes and gear. Items that are older and less expensive are recommended. Please send a **WATER BOTTLE** with your camper.

To avoid cuts & slivers in the feet and ankle injuries, we ask campers to wear sturdy shoes with **closed-toes and closed-heels** at all times. This also makes walking and hiking safer and more enjoyable.

**PLEASE LEAVE SANDALS, PLATFORM & FLIMSY SHOES AT HOME!!  
CROCS & FLIP FLOPS may be worn as shower and pool shoes only.**

Clothing should be appropriate for a church camp - modest in fit and without hurtful words or messages. (For example: nothing violent, racist, sexist, negative, or that promotes drugs, alcohol or sexual behavior)

## **CLOTHING** (in addition to what camper wears to camp)

2 pairs of light-weight long pants*	2 pairs of light pajamas
7 pairs of shorts	1 pair of sturdy shoes for hiking
2 long sleeved shirts	1 pair of tennis shoes that can get wet (not Crocs, sandals or flip flops)
8 t-shirts	1 hooded sweatshirt or sweater
7 sets of underwear	1 rain jacket or poncho
7 pairs of socks	
1-2 <b>modest</b> swimsuits (or be prepared to wear a t-shirt)	

\* Long pants are recommended for cook-outs, hiking, evening activities & the Challenge courses.

## **BEDDING**

sleeping bag	small pillow and pillow case
sheet - for those hot nights	

## **ALSO NEEDED**

Bible	comb or brush	dirty clothes bag (Label it!)
offering money	necessary medications <b>(in original container)</b>	repellent for insects & ticks
water bottle	2 towels & wash cloths	sun screen
lip balm		
wash kit (toothpaste/brush, soap, shampoo, deodorant, etc.)		

## **OPTIONAL**

sun hat & sun glasses	pencil/pen, paper, stamped envelopes
shower shoes (for shower use only)	fishing pole & tackle
flashlight & extra batteries	musical instrument - guitar, banjo, recorder, etc.
camera	
older, light-colored t-shirt for tie-dying or fabric painting	

**DO NOT BRING:** ➔ valuable or breakable items ➔ cell phones ➔ text messaging devices  
➔ any electronic devices ➔ palm pilots, MP3 players, iPods, Gameboys, PSPs, etc.  
➔ radios, CD/DVD players ➔ CDs or DVDs ➔ laser pointers ➔ sandals, flimsy or platform shoes  
➔ candy, gum, food items ➔ guns, knives or any type of weapon including pocket knives  
➔ fireworks ➔ matches or lighters ➔ tobacco products or any illegal substances

## **LOST & FOUND IS A CONSTANT CONCERN FOR CAMP STAFF. PLEASE HELP US.**

1. Label everything, **including dirty clothes bags**, with the camper's full last name. Even duffel bags and suitcases have a tendency to get scrambled, so they need to be labeled too.
2. Sleeping bags should be rolled tightly and secured with a sturdy tie or belt. Stuff bags are great.
3. Items on the "Do Not Bring" list will be collected and held till the end of the week.
4. The Missouri Mid-South Conference is not responsible for lost, stolen or damaged items.
5. Every camper will carry, care for and be responsible for his/her own gear. Reviewed 2/17