

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 8:30am - Body 9:45am - Yoga for 5:30pm - Tai Chi	26	27 6:05am - Spin with 8am - Body Sculpt	28 8:30am - Body 7pm - Kick Start	29 6:05am - Spin with 8am - Body Sculpt 5:30pm - Tai Chi	30 6am - Pilates special 8:30am - Class 9:45am - Yoga for	1 8:30am - Zumba
2 6am - Zumba - Early 8:30am - Body 9:45am - Yoga for 5:30pm - Tai Chi	3	4 6:05am - Spin with 8am - Body Sculpt 12:05pm - Zumba	5 6am - Zumba - Early 8:30am - Body	6 6:05am - Spin with 8am - Body Sculpt 12:05pm - Zumba 5:30pm - Tai Chi	7 6am - Pilates 8:30am - Fierce4 9:45am - Yoga for	8 8:30am - Zumba
9 Columbus Day 6am - Zumba - Early 8:30am - Body 9:45am - Yoga for 5:30pm - Tai Chi	10	11 6:05am - Spin with 8am - Body Sculpt 12:05pm - Zumba	12 6am - Zumba - Early 8:30am - Body	13 6:05am - Spin with 8am - Body Sculpt 12:05pm - Zumba 5:30pm - Tai Chi	14 8:30am - Tabata&Pi 9:45am - Yoga for	15
16	17	18	19	20	21	22
REC CENTER CLOSED						
23 REC CENTER CLOSED	24 6am - Zumba - Early 8:30am - Body 9:45am - Yoga for 5:30pm - Tai Chi	25 6:05am - Spin with 8am - Body Sculpt 12:05pm - Zumba 5:45pm - PIYO	26 6am - Zumba - Early 8:30am - Body	27 8am - Body Sculpt 12:05pm - Zumba 5:30pm - Tai Chi 7pm - Kick Start	28 8:30am - PUSH & 9:45am - Yoga for	29 8:30am - Zumba
30 Halloween	31 6am - Zumba - Early 8:30am - Body 9:45am - Yoga for 5:30pm - Tai Chi	1 6:05am - Spin with 8am - Body Sculpt 12:05pm - Zumba 5:45pm - PIYO	2 6am - Zumba - Early 8:30am - Body	3 6:05am - Spin with 8am - Body Sculpt 12:05pm - Zumba 5:30pm - Tai Chi 7pm - Kick Start	4 2:30am - Stretch 9:45am - Yoga for	5 8:30am - Zumba