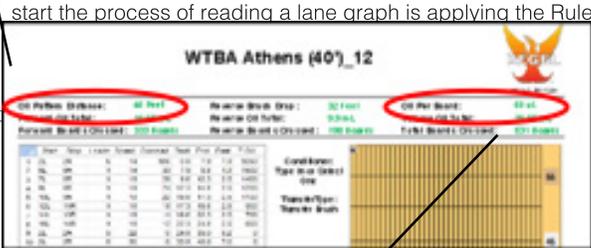


READING THE LANE

Knowing how to play the lanes is a crucial part of being able to score well on difficult patterns. Staying 'ahead' of the transition throughout a day is the key to perfection when it comes to scoring higher and being more consistent. There are 39 boards on a lane, which does not seem like a lot of room to play with compared to the length of the lane, which is 60 feet (foul line to head pin). Starting to learn to read a lane from the front (foul-line) to the back (pins) and seeing where your ball starts to read the pattern and watching the reaction as it is heading toward the pocket is a vital point in understanding ball reaction and making the correct adjustments. When you are presented with a lane graph at a tournament, we need to take this into consideration when trying to understand what we are looking at. There are a few basic steps to 'read' a lane graph:

1. What is the distance of the oil pattern?

- One of the best and most simple ways to of 31. This means that you take the distance of the oil pattern and subtract 31 of it; this will give you the board number where your ball should exit the pattern. Nothing is definite, but this is a good guideline to finding the correct area to start and then make adjustments based off your ball reaction. So for example: on a pattern with a 40 ft length. $- 31 = 9$ board, so you want to see the ball exit the pattern (breakpoint) around the 9 board.



2. How much total volume is being applied?

- Most patterns are between 20 and 30 ml, with 26ml+ being considered 'high volume' patterns. The more volume, the 'thicker' the pattern is, which means you might need stronger equipment or at least more surface on the bowling balls to make them roll is their desired spot (see: reading a lane front to back)
- NOTE: Say a 43' and a 34' pattern both have 27ml oil in it, the 34' pattern will be thicker, because the same 27ml of oil is applied over a smaller section of the lane.

3. What type of lane surface will I be bowling on?

- Wood lanes tend to hook more and/or earlier. Synthetic lane surfaces tend allow the ball to get down the lane a little further.

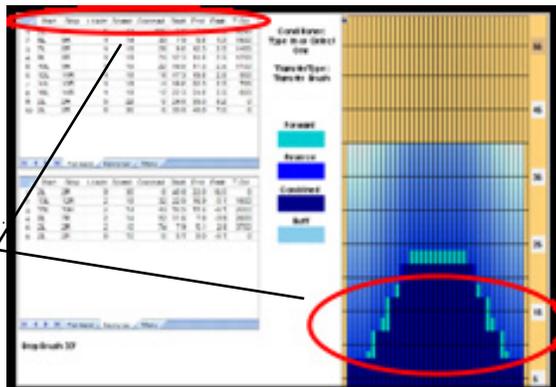
4. What other things will affect the pattern and how do I adjust?

- When you are bowling on a fresh oil pattern, the oil in front part of the lane will be the thickest and widest and the backend will be fresh. Starting with a stronger (more dull) ball will allow the ball to be smoother off the hook spot giving you the information needed to determine what ball to use, where to play, type of release and speed. As the lanes break down, switching to a weaker ball that skids down the lane a little further may help you combat early hook in the front part of the lane. The graph shows you how much oil is applied in the front part of the lane. The more oil there is in the fort, the more surface generally you want to have on the ball.

- The graph also shows how many loads are applied on the outsides on the lane (2L-2R). More loads applied means more oil towards the gutters, which means less room to swing the ball.

AS ALWAYS, when bowling a tournament, watching the bowlers on the pair you are moving to can help you make good decisions about any adjustments you might make in the first frame. Be aware of your surroundings and make adjustments a little more quickly than you normally do in league play.

GOODLUCK!



Danielle Van Der Meer
USBC Bronze Certified Coach

In This Issue

- Upcoming Tour Stops
- ISST August Results
- Featured Bowlers
- Contact Us and more
- State Singles & Doubles
- New ISST Tour Shirt Designs and Order Form

WELCOME TO THE FAMILY!!
Meet Blair Catherine!



Born: 9.19.16
Weight: 8lbs 12 oz
Height: 21 inches

CONGRATS TARA & BRANDON!!

Upcoming Tour Stops

- October 23rd, Forrest Hills Lanes
- November 13th, Spare Time Lanes
- December 18th, Mardi Gras Lanes

To keep posted on events



Illinois State Scholarship Tour

2016 ISST AUGUST WINNERS



SCRATCH BOYS

SCRATCH GIRLS

HANDICAP

ISST #109 Stardust Results

Handicap Division	Total Pins
1. Kyle Jordan	2694
2. Connor Johnson	2600
3. Jaydin Kante	2563
4. Samuel Ritchie	2517
5. Tyler Johnson	2470
6. Dalton Myers	2369

Boys Scratch Division	Total Pins
1. Brandon Biondo	3012
2. James Rogers	2686
3. Xavier Muhammad	2612
4. David Eggert	2591
5. Tyler Kurcz	2489
6. Eric Kramer	2455

Girls Scratch Division	Total Pins
1. Taylor Bailey	2610
2. Kaitlyn Keith	2393
3. Elise London	2352
4. Stephanie Richards	2295
5. Jordan Newham	2252
6. Becca Hagerman	2199

Racing For Junior Gold

U20 Boys

1. David Eggert
2. Jacob Nimitz
3. Dean Mudlong
4. Nate Stubler

U20 Girls

1. Jordan Newham
2. Kaitlyn Keith
3. Brittany Breedlove
4. Bridgette Jacobs

U15 Boys

1. Matthew LaBonte
2. James Menard
3. Joshua Roth

U15 Girls

1. Hailey Frick
2. Ariana Guarino

Mystery Doubles

1. Sam Schatteman/ Alex Acosta	1220
2. Dalton Myers/ Johnathan Biala	1204
3. Bryce Eddy/ Dalton Myers	1201
4. Joey Lizzio/ James Menard	1192
5. Natalie Koprowitz/ Anthony Lizzio	1185

ISST Average Leaders

Handicap	Boys Scratch	Girls Scratch
1. Samuel Ritchie 176	1. Brandon Biondo 241	1. Taylor Bailey 209
2. Connor Johnson 173	2. James Rogers 218	2. Kaitlyn Keith 192
3. Tyler Row 169	3. Xavier Muhammad 212	3. Elise London 189
4. Haylie Frick 165	4. David Eggert 210	4. Stephanie Richards 187
5. Kyle Jordan 164	5. Tyler Kurcz 205	5. Jordan Newham 185
6. Bryce Eddy 162	6. Eric Kramer 203	6. Becca Hagerman 184

See more results at www.isyl.org

FEATURED BOWLERS



BRITTANY BREEDLOVE
MONTGOMERY. IL



CONNOR JOHNSON
ST. CHARLES. IL

Illinois State Youth Leaders Officers

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www.isyl.org

Age: 18

School: St. Ambrose University

Home Center: Parkside Lanes

Division: Girls Scratch

Sanctioned High Games/Series: 296/749

Started bowling at age: 5

When did you start bowling the ISST? 2012

What is your favorite thing about the tour?
Bowling on the sport shots and getting to see many different bowlers and their styles. .

What kept you going through the hard times? My family and knowing that no matter what happens, they are proud of me and what I have accomplished.

What advice would you give to someone who's just starting the ISST?

Don't sweat the bad days, everyone has them and in the long run the bad tournaments help you build character for when you finally reach your goal.

Who's your biggest inspiration?

My parents. They've spent so much time and money on me to allow me to have reached the level of competition I am at.

How many times have you been to Jr. Gold? 3 times. 2014 to 2016 and I have qualified for 2017.

What is your positive take-away from Jr. Gold?

I like the level of intense competition at Jr. Gold. I also learn more about how a lane can break down and my knowledge of reading the lane has improved tremendously by bowling Jr. Gold.

What is your negative take-away from Junior Gold?

Sometimes I would try too hard to shoot high scores which would cause me to force the ball and miss spares.

Overall, what has bowling done for you?

Bowling has helped me make many friends as well as teaching me how to stay level-headed in competitions.

Age: 12

School: Wredling Middle School

Home Center: Fox Bowl

Division: Handicap

Sanctioned High Games/Series: 279/700

Started bowling at age: 4

When did you start bowling ISST? '13-'14
What is your favorite thing about the tour?

I really like the match play format and I really like how the competition is split between handicap and scratch because I think that's a fair way to do it. Also, I like bowling in the different houses and trying out different sport shot patterns.

What kept you going through the hard times?

I have such a love and passion for this sport that I just want to keep going and keep trying to improve. Even when things aren't going my way on the lanes, I just continue to love the sport.

What advice would you give to someone who's just starting the ISST? Always keep your mental game in check and try not to lose your cool. Stay hydrated - it's a lot of work bowling those 6 games. Have fun and remember that it's a learning experience. At the end of the tournament, you should be able to walk away having learned something to better yourself as a bowler.

Who's your biggest inspiration?

My first coach because he started me out with a solid foundation and got me off to a great start. Also, my coach I have now because he's helping me take my game to the next level, and he's teaching me more about the little details of the sport that can make big differences. Just watching good bowlers, in general, inspires me.

How many times have you been to Jr. Gold? 3 times

Overall, what has bowling done for you?

Bowling is my passion and it gives me motivation and drive to work hard and keep practicing, even when things aren't going as well as I'd like. It's teaching me sportsmanship, teamwork, patience, confidence, perseverance, and mental toughness. Of course, it's all a work in progress. Also, bowling has allowed me to meet so many people and make great friends with other athletes that love this sport like I do.



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STATE SINGLES & DOUBLES TOURNAMENT

LANDMARK LANES PEORIA IL

APRIL 8 & 9 APRIL 22 & 23 APRIL 29 & 30

ENTRY FORMS AND RULES ON WWW.ISYL.ORG



ILLINOIS STATE SCHOLARSHIP TOUR CUSTOM JERSEYS



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\$55.20



QUARTER ZIP
\$76.80

ONLY COLOR AVAILABLE

SPLATTER TARGET



6 COLORS AVAILABLE
BLUE, GREEN, GREY, PINK,
PURPLE @ YELLOW

PATCHES



6 COLORS AVAILABLE
BLUE, ORANGE, PINK, PURPLE,
RED & TEAL

LINCOLN



6 COLORS AVAILABLE
BLUE, GREEN, GREY, ORANGE,
PINK & RED

Bowlifi Ordering Form - Illinois Scholarship Tour

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CUT

Youth Men's Women's
Size _____

DESING INFORMATION

Please circle selection

SLASH FLAG
SPLATTER TARGET
PATCHES
LINCOLN

COLOR: _____

ILLINOIS OUTLINE ON BACK?

YES NO

NAME ON BACK:

COLOR OF NAME:

STYLE OF NAME:

ADDED LOGOS?
(Additional Cost \$10 each)

FONT STYLES:

Style 1

Style 2

STYLE 3

Style 4

STYLE 5

Once order is received a invoice will be sent to your email. Once payment is sent back the order will be sent to production. You can choose to ship directly to your house for \$14.95 or to the next tournament for FREE. Contact sales@bowlifi.com with questions or concerns.

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