

SETTING UP A BOWLING BALL ARSENAL

With new bowling balls coming out every month, sometimes it is hard to keep track of what you really need to make/complete your arsenal. Knowing what patterns you will be bowling on will be the base of this. This article will talk about how to set up a 6 ball arsenal.

It is important to know that the core of the bowling ball is basically the motor of the ball. The length potential (how far the ball goes down lane before it starts to roll) is derived from the core-design (the RG) in combination with the coverstock (stronger or weaker). A low RG ball rolls quicker; especially if you combine it with a strong coverstock. Think of it as an ice-skater. When she does a pirouette and the arms are out, she doesn't spin as fast but when she pulls her arms in, she spins way faster. A low RG, is like a pirouette with arms in, it revs up quickly. A higher differential core will respond on friction quicker, basically making its backend motion more angular, where a low differential core has a more even motion. Remembering last month's article, we want to make sure that our ball reads the lane in the right spot, so having different balls for the different patterns you are seeing is a benefit.

It is good to start with at least one ball that is set-up for heavy oil conditions or the longer patterns you see on this tour. This would be a low RG, high differential ball (Example, but not limited to: a Storm Alpha Crux, Track Paradox, RotoGrip No Rules.etc.)

For when the lanes dry up, you need a ball with a high RG to make it get down lane. If you want a ball to have a strong and sharp backend, a high differential ball will work best (or if you don't create a lot of backend yourself, having a high diff. ball can help you create more backend) or if you like the controlled backend, a lower diff. ball suits that's situation.

For the third ball, having a medium RG ball with a differential that matches your game is a good choice to battle most other lane conditions. Personally, I ALWAYS bring my favorite ball.. it is a great idea to have a benchmark ball that you feel like you know what it is going to do no matter where or on what you bowl. Most of the time this is a ball that fall in that category of not too strong and not too weak.

For ball four, I would add something that is more specifically drilled for short. Like we discussed last month, some short pattern have a very thick oil pattern. The pattern will then require a ball that still rolls sooner, but not over hook (medium RG but lower diff.). Most of the time, that can be a medium ball but with a weaker layout. This is something to discuss with your Pro Shop owner (PSO).

For a fifth ball, I would add a ball that compliments the one you use mostly. This can be in a similar range but be a bit sooner or later, or more or less angular. A lot of people even get the same ball with a different lay out. It all depends on what you use most and if you ever feel like there is something you are missing.

Last but definitely not least: a SPARE ball!!! I believe that going straight at single pins is the best way to get the highest conversion percentage. Whether you do that with a plastic ball, or you take the hook out of a strike ball, is all up to you. Whichever makes you most consistent!! If you use a plastic ball, this would be ball 6 in your arsenal, if you flatten out a strike ball, this give you an extra option to add another ball to your line-up to fill a gap.

REMEMBER, a fantastic way to make one bowling ball react like multiples, is to adjust the surface. Having abralon pads can be your best friend. Some lanes might react more slick than expected; you can then change the surface of the coverstock to adjust the aggressiveness of your equipment. This requires some practice or help from your PSO. Experimenting with different surfaces on a ball will make you realize how much of an impact it can have on the reaction. Play around with it in practice and see which strategies work best for your game. And as always, see what the people bowling around you are doing!!

Danielle Van Der Meer
USBC Bronze Certified Coach

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Upcoming Tour Stops

- November 13th, Spare Time Lanes
- December 18th, Mardi Gras Lanes
- January 8th, Landmark Lanes

To keep posted on events



Illinois State Scholarship Tour

2016 ISST SEPTEMBER WINNERS



SCRATCH BOYS

SCRATCH GIRLS

HANDICAP

ISST #110 Landmark Results

Handicap Division	Total Pins
1. Erin Biccoci	2585
2. Alex Brady	2506
3. Danny LaBonte	2491
4. Jenica Baron	2481
5. Kelton Pelzer	2464
6. Judd Baron	2292

Boys Scratch Division	Total Pins
1. Kevin Scholz	2592
2. Anthony Dodge	2472
3. Nate Stubler	2443
4. Brent Boho	2263
5. Austin Bull	2262
6. George McCoy	2132

Girls Scratch Division	Total Pins
1. Kayla Crawford	2489
2. Taylor Bailey	2420
3. Natalie Koprowitz	2286
4. Brittany Breedlove	2261
5. Paytynn Kuhns	2242
6. Angelica Hernandez	2181

Racing For Junior Gold

U20 Boys
1. David Eggert
2. Jacob Nimtzt
3. Dean Mudlong
4. Nate Stubler
5. Nick Howard

U20 Girls
1. Jordan Newham
2. Kaitlyn Keith
3. Brittany Breedlove
4. Bridgette Jacobs
5. Haley Douglas
6. Peyton Attig

U15 Boys
1. Matthew LaBonte
2. James Menard
3. Joshua Roth
4. George McCoy
5. Braden Walters

U15 Girls
1. Hailey Frick
2. Ariana Guarino
3. Jenica Baron
4. Kourtney Hauk

Mystery Doubles

1. Kevin Scholz/Alex Acosta	1245
2. Dalton Myers/Tanner Sterrenberg	1120
3. Benji Mailloux/Dalton Myers	1116
4. Kaitlyn Keith/Kevin Scholz	1108
5. George McCoy/Eric Ullian	1087

ISST Average Leaders

Handicap	
1. Samuel Ritchie	176
2. Connor Johnson	173
3. Erin Biccoci	170
4. Tyler Rowe	169
5. Hailey Frick	165
6. Danny LaBonte	162

Boys Scratch	
1. Brandon Biondo	241
2. James Rogers	218
3. Xavier Muhammad	212
4. David Eggert	210
5. Kevin Scholz	209
6. Tyler Kurcz	205

Girls Scratch	
1. Taylor Bailey	202
2. Kayla Crawford	200
3. Elise London	189
4. Stephanie Richards	187
5. Denisyha Waller	185
6. Breanna Clemmer	185

See more results at www.isyl.org

FEATURED BOWLERS



DANNY LABONTE
OAK LAWN. IL



ERIC ULLIAN
NEW LENOX. IL

Illinois State Youth Leaders Officers

President: Kayla Crawford
Vice Pres: Nate Stubler
Sec./Tres.: Roni Dreyfus
Sgt. Of Arms: Ian Ridgeway

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Age: 12

School: Oak Lawn Hometown Middle School

Home Center: Arena Lanes

Division: Handicap

Sanctioned High Games/Series: 300/672

Started bowling at age: 5

When did you start bowling the ISST? 2012

What is your favorite thing about the tour?

I like meeting new friends and bowling with them. I enjoy the toughness of bowling on different sport patterns to prepare me for Jr. Gold.

What kept you going through the hard times? *Knowing that my brother bowls these tournaments with me helps me stay focused and confident.*

What advice would you give to someone who's just starting the ISST?

Stay focused and make your spares. Be confident and try your best no matter what.

Who's your biggest inspiration?

My brother Matthew because he helps me adjust and hit my mark. He keeps me focused and teaches me how to bring my game to the next level.

How many times have you been to Jr. Gold? *2 times. 2014 to 2015 and I have qualified for 2017.*

What is your positive take-away from Jr. Gold? *Bowling with people across the country makes it a great experience. Meeting the pros that come out and give advice to all the bowlers. The high level of competition makes it a challenge and makes me be a better bowler.*

What is your negative take-away from Junior Gold? *Trying too hard and focusing on my scores than hitting my mark.*

Overall, what has bowling done for you? *Bowling has taught me to be a better person on and off the lanes. I have great confidence in the things I do and hope to build my scholarship funds. It keeps my emotions in check and gets me through the tough times.*

Age: 17

School: Lincoln-Way West

Home Center: Joliet Town & Country Lanes

Division: Scratch Boys

Sanctioned High Games/Series: 300/731

Started bowling at age: 7

When did you start bowling ISST? 2010

What is your favorite thing about the tour?

Getting to bowl on many different conditions and get the experience that I will need for college bowling.

What kept you going through the hard times? *Encouragement from friends and family to not give up.*

What advice would you give to someone who's just starting the ISST? *Don't expect high scores, it is a lot tougher than bowling in league.*

Who's your biggest inspiration?

My dad because he learned everything for himself and is always there to coach me.

How many times have you been to Jr. Gold? *4 times*

Overall, what has bowling done for you? *It has taught me to never give up in anything I do no matter how hard it gets.*



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PURPLE & YELLOW

PATCHES



6 COLORS AVAILABLE
BLUE, ORANGE, PINK, PURPLE,
RED & TEAL

LINCOLN



6 COLORS AVAILABLE
BLUE, GREEN, GREY, ORANGE,
PINK & RED

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Size _____

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STYLE 5

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