

BYLL COACHING REQUIREMENTS

1. Must be a “Coach” member of US Lacrosse. Sign up at www.uslacrosse.org and affiliate with Bakersfield Youth Lacrosse League. Cost is currently \$55.
2. Complete the US Lacrosse Level 1 Online Course. The course provides coaching fundamentals and methods to teaching the sport. No fee.
3. Submit and pass the NCSI Background check on the US Lacrosse website. The fee is currently \$21.25. This must be renewed every 2 years.
4. Complete the CDC Heads Up Concussion Training Course. Download the certificate upon completion and forward a copy to the league secretary (or designee). A copy must be submitted to NOR also. There is no fee for the training. Access the course at: <https://www.cdc.gov/headsup/youthsports/training/index.html>

If you wish to obtain US Lacrosse Level 1 coaching certification, you will need to complete the final two requirements on the below list, i.e., Level 1 Instructional Clinic and the Positive Coaching Alliance course.

US LACROSSE LEVEL 1 CERTIFICATION REQUIREMENTS

You may complete these components in any order, but the recommended path is below.

- **US Lacrosse Membership** – Membership includes complimentary enrollment into the Level 1 CEP certification program.
- **Pass a NCSI Background Check** – The criminal background check is based on guidelines from the National Council for Youth Sports, the FBI PROTECT Act, and the National Center for Missing and Exploited Children (FAQ attached).
- **Complete a Level 1 Online Course** – Tour guides navigate through coaching fundamentals and methods of teaching the sport. US Lacrosse members have free, unlimited access to the men’s and women’s game courses.
- **Complete a Level 1 Instructional Clinic** – Clinics are 7-hour, on-site, hands-on training sessions, available annually nationwide from October through March and at the US Lacrosse National Convention in January.
- **Complete a Positive Coaching Alliance “Double Goal Coach 1: Coaching for Winning and Life Lessons”** – Available online or integrated at some clinics. Send proof of PCA completion to CEP@uslacrosse.org.

RECERTIFICATION

Once you earn Level 1 certification, you do not need to recertify. To maintain your certification, you simply need to keep your membership current by renewing each year and renew your NCSI background screening every 2 years after the first screening. Your expiration date can be found in your US Lacrosse account