

CONCUSSION PROTOCOL & FORMS

California's Health & Safety Code, Section 124235 governs youth sports concussions/suspected head injuries and the procedures that must be followed.

- Every parent must be provided with the "Concussion Information Sheet" and sign their acknowledgement.
- Coaches are required to provide NOR with certification of "Concussion Training," which can be taken online for free through the CDC at the following link: <https://www.cdc.gov/headsup/youthsports/training/index.html>
- Coaches are required to remove injured athletes from play.
- A report must be filed with NOR.
- Provide parent with the "Athlete Removal From Play Report" and the NOR Return to Play Protocol Form. Player must be evaluated by a physician and be provided with clearance before being allowed on the field.

The forms:

1. Concussion Information Sheet (5 pages) – Must be provided to parents.
2. Concussion Information Sheet Receipt Acknowledgement – Parents must sign acknowledgement of receipt of the above listed form and return to coach.
3. Participant Report of Accident Form – The accident must be reported to NOR on the form.
4. Athlete Removal from Play – The form is to be completed by coach and sent to parent of injured player requesting evaluation by physician.
5. Physician's Concussion Letter – Provide to parents with Athlete Removal Form.
6. Play Protocol form. Player will not be allowed to return to the field without physician approval.