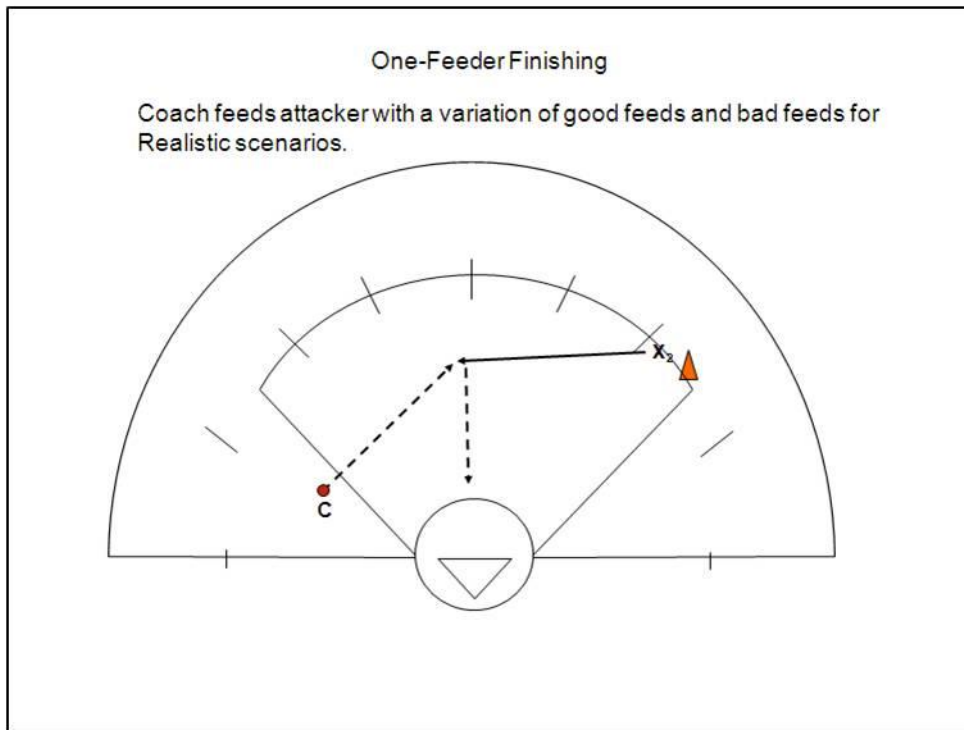


One Feeder Finishing Drill

Drill Specs	Drill Theme: Shooting	Drill Style: Skills	Field Location: Attack Zone
	Field Position: Offense	Time Needed: 10 Min	Skill Level: Intermediate

Objective Practice finishing on cuts with a variety of good and bad passes.

Drill Description Have a line of players start across the field from where a coach is feeding.
Have those players, one at a time cut across the field and catch a variety of good and bad passes that get thrown to them.
Players will need to finish the shot as they move across the crease.



Skills Practiced

- Cutting
- Shooting

Variation Have defenders practice covering offensive cutters to put pressure on the pass and finish.
