

BYLL COACHING REQUIREMENTS

1. Must be a "Coach" member of USA Lacrosse. Sign up at www.usalacrosse.com and affiliate with Bakersfield Youth Lacrosse League. Cost is currently \$55.
2. Submit and pass the NCSI Background check on the USA Lacrosse website. This must be renewed every 2 years. Go to the My Account feature on www.usalacrosse.org.
3. Complete the Abuse Prevention Training module on the USA Lacrosse website.
4. Complete the Level 1 Fundamentals of Coaching Lacrosse Online Curriculum (includes the Developing the Individual Athlete online course)
5. Complete the CDC Heads Up Concussion Training Course. Download the certificate upon completion and forward a copy to the league secretary (or designee). A copy must be submitted to NOR also. There is no fee for the training. Access the course at: <https://www.cdc.gov/headsup/youthsports/training/index.html>

If you wish to obtain USA Lacrosse Level 1 coaching certification, you will need to complete the final two requirements on the below list, i.e., Level 1 Instructional Clinic and the Positive Coaching Alliance course.

USA LACROSSE LEVEL 1 CERTIFICATION REQUIREMENTS

You may complete these components in any order, but the recommended path is below.

- Current USA Lacrosse membership
- Current "Green Light" NCSI background check (Membership Requirement)
- Level 1 Fundamentals of Coaching Lacrosse Online Curriculum (includes the Developing the Individual Athlete online course)
- Developing the Individual Athlete On-Field Clinic or Athlete-Centered Coaching Virtual Workshop
- PCA "Double Goal Coach 1: Coaching for Winning and Life Lessons" (Non Game-Specific)
- Men's Game Coaches Only: How to Make Proper Contact Online Course

RECERTIFICATION

Once you earn Level 1 certification, you do not need to recertify. To maintain your certification, you simply need to keep your membership current by renewing each year and renew your NCSI background screening every 2 years after the first screening. Your expiration date can be found in your USA Lacrosse account.