

## Webinar Links

| Topics   | Dates                           | Links   |
|--|---------------------------------|---|
| Behavioural support for Smoking Cessation                            | 28 <sup>th</sup> of August 2019 | <a href="https://www.youtube.com/watch?v=HyZ9qblkWnw">https://www.youtube.com/watch?v=HyZ9qblkWnw</a>   |
| Financial Incentives for Smoking Cessation                           | 6 <sup>th</sup> August 2019     | <a href="https://www.youtube.com/watch?v=ssTMnZanW80&amp;feature=youtu.be">https://www.youtube.com/watch?v=ssTMnZanW80&amp;feature=youtu.be</a> |
| Varenicline for Smoking Cessation                                    | July 2019                       | <a href="https://www.youtube.com/watch?v=jRAGx19-ZR0">https://www.youtube.com/watch?v=jRAGx19-ZR0</a>   |
| Antidepressants for smoking cessation                                | June 2019                       | <a href="https://www.youtube.com/watch?v=3eL-kOyAR8E">https://www.youtube.com/watch?v=3eL-kOyAR8E</a>   |
| Helping Young People Stop Smoking                                    | May 2019                        | <a href="https://www.youtube.com/watch?v=Ox2LCeAlO4">https://www.youtube.com/watch?v=Ox2LCeAlO4</a>   |
| Helping People with Mental Illness Quit Smoking                      | March 2019                      | <a href="https://www.youtube.com/watch?v=DRwH7A5t9W0&amp;feature=youtu.be">https://www.youtube.com/watch?v=DRwH7A5t9W0&amp;feature=youtu.be</a> |
| Smoking Cessation prior to Surgery                                   | February 2019                   | <a href="https://www.youtube.com/watch?v=dhYoSLHoJy8">https://www.youtube.com/watch?v=dhYoSLHoJy8</a>   |
| Cutting Down to Quit   | December 2018                   | <a href="https://www.youtube.com/watch?v=HwTmS3Fb--c&amp;feature=youtu.be">https://www.youtube.com/watch?v=HwTmS3Fb--c&amp;feature=youtu.be</a> |
| Understanding 4 Week Post Target Quit Date Measurement & Validations | October 2018                    | <a href="https://www.youtube.com/watch?v=s8aNj8PL_Lg&amp;feature=youtu.be">https://www.youtube.com/watch?v=s8aNj8PL_Lg&amp;feature=youtu.be</a> |
| Family Starts meets Stop Smoking Services                            | August 2018                     | <a href="https://www.youtube.com/watch?v=6yzVVsU2pb0&amp;feature=em-">https://www.youtube.com/watch?v=6yzVVsU2pb0&amp;feature=em-</a>           |
| Update on Vaping for Stop Smoking Services                           | July 2018                       | <a href="https://www.youtube.com/watch?v=mhj1bQyIVxo&amp;feature=em-">https://www.youtube.com/watch?v=mhj1bQyIVxo&amp;feature=em-</a>           |

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| Utilising whanau, friends and other social support in smoking cessation programmes | April 2018    | <a href="https://www.youtube.com/watch?v=LsZtXOIMhLE&amp;feature=em-">https://www.youtube.com/watch?v=LsZtXOIMhLE&amp;feature=em-</a>           |
| Everything you need to know about NRT...and more                                   | March 2018    | <a href="https://www.youtube.com/watch?v=uXb8pdl88Qw&amp;feature=youtu.be">https://www.youtube.com/watch?v=uXb8pdl88Qw&amp;feature=youtu.be</a> |
| Vapourisers (E-cigarettes)   | December 2017 | <a href="https://www.youtube.com/watch?v=0HTXuciRWuQ&amp;feature=em-">https://www.youtube.com/watch?v=0HTXuciRWuQ&amp;feature=em-</a>           |
| Helping Pregnant Women Stop Smoking  | November 2017 | <a href="https://www.youtube.com/watch?v=0ExsvF3dLLc&amp;t=23s">https://www.youtube.com/watch?v=0ExsvF3dLLc&amp;t=23s</a>                       |
| Long Term Nicotine Use   | October 2017  | <a href="https://www.youtube.com/watch?v=XPqYmQzfK88">https://www.youtube.com/watch?v=XPqYmQzfK88</a>   |