

Webinar Links

Topics	Dates	Links
Long Term Nicotine Use	October 2017	https://www.youtube.com/watch?v=XPqYmQzfK88
Helping Pregnant Women Stop Smoking	November 2017	https://www.youtube.com/watch?v=0ExsvF3dLLc&t=23s
Vapourisers (E-cigarettes)	December 2017	https://www.youtube.com/watch?v=0HTXuciRWuQ&feature=em-
Everything you need to know about NRT...and more	March 2018	https://www.youtube.com/watch?v=uXb8pdl88Qw&feature=youtu.be
Utilising whanau, friends and other social support in smoking cessation programmes	April 2018	https://www.youtube.com/watch?v=LsZtXOIMhLE&feature=em-
Update on Vaping for Stop Smoking Services	July 2018	https://www.youtube.com/watch?v=mhj1bQyIVxo&feature=em-
Family Starts meets Stop Smoking Services	August 2018	https://www.youtube.com/watch?v=6yzVVsU2pb0&feature=em-
Understanding 4 Week Post Target Quit Date Measurement & Validations	October 2018	https://www.youtube.com/watch?v=s8aNj8PL_Lg&feature=youtu.be
Cutting Down to Quit	December 2018	https://www.youtube.com/watch?v=HwTmS3Fb--c&feature=youtu.be
Smoking Cessation prior to Surgery	February 2019	https://www.youtube.com/watch?v=dhYoSLHoJy8

Webinar Links

Helping People with Mental Illness Quit Smoking	March 2019	https://www.youtube.com/watch?v=DRwH7A5t9W0&feature=youtu.be
Helping Young People Stop Smoking	May 2019	https://www.youtube.com/watch?v=_Ox2LCeAlO4
Antidepressants for smoking cessation	June 2019	https://www.youtube.com/watch?v=3eL-kOyAR8E