

Webinar Links

Topics	Dates	Links
Supporting people struggling to quit	September 2019	https://www.youtube.com/watch?v=mkEFE07ZaUo&feature=youtu.be
Behavioural support for Smoking Cessation	28 th of August 2019	https://www.youtube.com/watch?v=HyZ9qblkWnw
Financial Incentives for Smoking Cessation	6 th August 2019	https://www.youtube.com/watch?v=ssTMnZanW80&feature=youtu.be
Varenicline for Smoking Cessation	July 2019	https://www.youtube.com/watch?v=jRAGx19-ZR0
Antidepressants for smoking cessation	June 2019	https://www.youtube.com/watch?v=3eL-kOyAR8E
Helping Young People Stop Smoking	May 2019	https://www.youtube.com/watch?v=Ox2LCeAlO4
Helping People with Mental Illness Quit Smoking	March 2019	https://www.youtube.com/watch?v=DRwH7A5t9W0&feature=youtu.be
Smoking Cessation prior to Surgery	February 2019	https://www.youtube.com/watch?v=dhYoSLHoJy8
Cutting Down to Quit	December 2018	https://www.youtube.com/watch?v=HwTmS3Fb--c&feature=youtu.be
Understanding 4 Week Post Target Quit Date Measurement & Validations	October 2018	https://www.youtube.com/watch?v=s8aNj8PL_Lg&feature=youtu.be
Family Starts meets Stop Smoking Services	August 2018	https://www.youtube.com/watch?v=6yzVVsU2pb0&feature=em-

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Update on Vaping for Stop Smoking Services	July 2018	https://www.youtube.com/watch?v=mhj1bQyIVxo&feature=em-
Utilising whanau, friends and other social support in smoking cessation programmes	April 2018	https://www.youtube.com/watch?v=LsZtXOIMhLE&feature=em-
Everything you need to know about NRT...and more	March 2018	https://www.youtube.com/watch?v=uXb8pdl88Qw&feature=youtu.be
Vapourisers (E-cigarettes)	December 2017	https://www.youtube.com/watch?v=0HTXuciRWuQ&feature=em-
Helping Pregnant Women Stop Smoking	November 2017	https://www.youtube.com/watch?v=0ExsvF3dLLc&t=23s
Long Term Nicotine Use	October 2017	https://www.youtube.com/watch?v=XPqYmQzfK88