

BERNARD STANLEY GASTROP brunch |

EVERYTHING ELSE

CLASSIC BREAKFAST Choice of ham, sausage, bacon, or bologna, toast, hash browns, one egg 11 two eggs 12 three eggs 13

BIG BREAKFAST	
Three eggs, three breakfast proteins, hash browns, toast	15

NAN'S BREAKFAST Bologna, one touton, baked beans, one egg, hash browns

BREAKFAST POUTINE Hash browns, sautéed bacon, onions, sausage, pork belly, cheddar, hollandaise, an over easy egg

16

22

15

BREAKFAST BURRITO

Flour tortilla, chorizo, eggs, cheddar, pico de gallo, jalapeños, hollandaise, with hash browns 15

CRUNCHY	BRIE	STUFFED	FRENCH TOAST	

Rum caramel sauce and powdered sugar, with hash browns 15

STRAWBERRY CREAM CHEESE STUFFED FRENCH

TOAST Maple syrup and powdered sugar, with hash browns 15

STEAK AND EGGS Striploin steak, two eggs, hash browns, toast

SIDES

FISH CAKES With spicy ketchup and mustard pickles	10
TOUTONS	5
BAKED BEANS	7
SIDE BREAKFAST PROTEIN Choice of ham, sausage, bacon, bologna HASH BROWNS	5 5
FRUIT AND YOGURT PARFAIT Fruit, greek yogurt, honey, granola	9
FRUIT PLATE	7
HOLLANDAISE	3

Hash browns are topped with sautéed bacon and red onion Upgrade your side from hash browns to a soup, chilli, or salad for \$2, chili cheese frites or garlic parmesan chips for \$2.50, or chowder for \$3

EGGS BENED

With hash browns

HAM	14
PORK BELLY	14
SMOKED SALMON	16
TOMATO, SPINACH,	
GOAT CHEESE	16
STEAK	16

With hash browns

BLUEBERRY

Blueberry coulis and whipped cream 14

BANANA PANCAKES

Screech rum caramel sauce, walnuts, whipped cream 14

DOUBLE CHOCOLATE

Raspberry coulis and whipped cream 14

PLAIN

Maple syrup 14

With hash browns and toast Egg white omelette \$2 extra

TOMATO, RED ONION, SPINACH, FETA 15

MUSHROOM, CHEDDAR, SPINACH, ONION 15

CHEDDAR, JALAPEÑOS, PICO DE GALLO

15 HAM AND CHEESE 15

UMELETTES



TOAST White, brown, or English muffin 1.50



With bread

TOMATO AND GIN Topped with creme fraiche 9

CREAM OF BACON, BEER,

CHEDDAR, AND POTATO Topped with green onion and cheddar 10

VEGETARIAN CHILI Topped with sour cream and

cheddar 10 SPICY CRAB CHOWDER

Topped with green onions 12

SALADS

KALE CAESAR Kale, bacon, croutons, Parmigiano-Reggiano, caesar dressing, a hard boiled egg, lemon 11

PEAR AND PROSCIUTTO

Artisan greens, toasted pine nuts, red onion, pear, goat cheese, maple dijon dressing, prosciutto 11

> **BLUEBERRY AND** AVOCADO

Spinach, dried cranberries, toasted pine nuts, granny smith apple, blue cheese and dijon vinaigrette 11

NACHO

Radish, red peppers, grilled corn, red onion, cheddar cheese, artisan lettuce, red cabbage, tortilla chips, chipotle ranch dressing 11

ADD SOME PROTEIN

CHICKEN BREAST	7
STEAK	7
3 SHRIMP	6
SALMON	7

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MAKE IT A MEAL

SOUP & SALAD	15
CHILI & SALAD	15
CHOWDER & SALAD	17

SNACKS

KETTLE CHIPS AND DIPS With maple rosemary aioli, curry aioli, spicy ketchup	
GARLIC PARMESAN TRUFFLE FRITES	
With garlic aioli	9

With garlic aioli

BSG NACHOS With vegetarian chili, queso, guacamole, sour cream, green onions 15 Add pulled pork 3

TORTILLA CHIPS AND DIPS

With pico de gallo, sour cream, guacamole

SMALL PLATES

FISH AND CHIPS One piece Quidi Vidi battered cod, truffled frites, house made mustard pickles, tartar sauce 15

Add an extra piece 7

WARM SHRIMP AND MUSSEL SALAD Shrimp, mussels, grape tomatoes, bacon, green onions, spinach sautéed in a red wine vinaigrette 18

BSG POUTINE

Truffled frites, cheese curds, fried onions, dressing, poutine sauce 13

CHILI CHEESE FRITES

Truffled frites, vegetarian chili, house queso, sour cream, green onion 12

PEACH AND PORK BELLY FLATBREAD

Caramelized onions, goat cheese, balsamic reduction 15

VEGETARIAN FLATBREAD

Roasted red peppers, grilled corn, red onion, feta cheese, tomato, basil pesto 15

GRILLED STEAK AND STRAWBERRY SALAD

Grape tomatoes, goat cheese, red onion, kale, candied walnuts, balsamic vinaigrette 17

COD TONGUES AND TRUFFLE FRITES

15

12

Tartar sauce, house made mustard pickles



UPGRADE YOUR SIDE

SOUP - Tomato and gin -- Cream of potato, beer, bacon, cheddar - 2

SPICY CRAB CHOWDER3

VEGETARIAN CHILI 2

SALAD - Pear and prosciutto -- Nacho -- Blueberry avocado -- Kale caesar -

2

CHILI CHEESE FRITES 2.50

GARLIC PARMESAN TRUFFLE FRITES 2.50

BSG POUTINE 4

ONION RINGS 4

ADD AN AIOLI

Chipotle, Garlic, Maple Rosemary, Curry, Jalapeno Truffle, Bourbon, Bern's Secret Sauce, or Basil Pesto 2

BERNARD STANLEY GASTROPUB

SANDWICHES

With kettle chips and a small tomato and gin soup

PULLED PORK AND BRIE Caramelized onions, garlic aioli

SPICY CURRY CHICKEN

Curry rubbed chicken, peaches, caramelized onions, bacon, curry aioli, spinach, goat cheese 16

SPICY SHRIMP

Spicy shrimp, bacon, chipotle aioli, tomato, avocado, mozzarella, spinach 16

> MONTREAL SMOKED MEAT Crunchy mustard aioli, Swiss, cheddar, dill pickle

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P.B.T Crispy prosciutto, basil, tomato, garlic aioli, cheddar cheese 16

ROASTED RED PEPPER AND CHICKEN Chicken breast, roasted red peppers, goat cheese, bacon, spinach, balsamic red onions, basil pesto aioli 17

> BACON AND BRIE Bacon, brie, jam

16

17

16

16

SOUTHERN FRIED CHICKEN AND WAFFLES Maple rosemary aioli, brie cheese, caramelized onions, bacon

VEGETARIAN Basil pesto aioli, spinach, banana peppers, balsamic red onion, tomato, mozzarella 16

BURGERS

With a side of truffled frites *All beef burgers contain beef, pork, gluten and egg

THE BERNARD Two 4oz patties, over easy egg, bacon, cheddar, mozzarella, Bern's secret aioli, spicy ketchup, onion relish, lettuce, dill pickle 17

THE VEGGIE Veggie patty, Guinness mushrooms, caramelized onions, cheddar, mozzarella, garlic aioli, spicy ketchup

THE STANLEY 8oz beef patty, bacon, cheddar, fried onions, jalapeños, lettuce, tomato jam, jack and coke bbq, bourbon aioli 17

THE PB&J

8oz beef patty, bacon, peanut butter, strawberry jam, brie, bacon, jalapeños, caramelized onions, lettuce

17

15

SOUTHERN FRIED CHICKEN

Southern fried chicken breast, jack and coke BBQ sauce, chipotle ranch, bacon, creamy jalapeno slaw, mozzarella cheese, dill pickle 17