



# BERNARD STANLEY GASTROPUB

| supper |

## SOUPS

- TOMATO AND GIN**  
Topped with crème fraîche 9
- CREAM OF BACON,  
BEER, CHEDDAR, AND  
POTATO**  
Topped with green onion and  
cheddar 10
- VEGETARIAN CHILI**  
Topped with sour cream and  
cheddar 10
- SPICY CRAB CHOWDER**  
Topped with green onions 12

## SALADS

- KALE CAESAR**  
Kale, bacon, croutons,  
Parmigiano-Reggiano, caesar  
dressing, a hard boiled egg,  
lemon 11
- PEAR AND PROSCIUTTO**  
Artisan greens, prosciutto,  
pear, toasted pine nuts, red  
onion, goat cheese, maple dijon  
dressing, 11
- BLUEBERRY AND  
AVOCADO**  
Dried cranberries, toasted pine  
nuts, granny smith apples,  
spinach, blue cheese and dijon  
vinaigrette 11
- NACHO**  
Radish, cheddar, red peppers,  
grilled corn, red onion, red  
cabbage, artisan lettuce,  
crushed tortilla chips, chipotle  
ranch dressing 11

## ADD SOME PROTEIN

- CHICKEN BREAST** 7
- STEAK** 7
- 3 SHRIMP** 6
- SALMON** 7

## SNACKS AND APPS

- KETTLE CHIPS AND DIPS**  
With maple rosemary aioli, curry aioli, spicy ketchup 9
- GARLIC PARMESAN TRUFFLE FRITES**  
With garlic aioli 9
- BSG NACHOS**  
With vegetarian chili, queso, guacamole, sour cream, green onions  
Add pulled pork 3 15
- SPICY VEGETARIAN SPRING ROLLS**  
Cabbage, carrots, green onion, red peppers, cajun spices, lemon, garlic,  
ginger, served with honey sambal dipping sauce 12
- CRISPY CALAMARI**  
tossed with sambal, lemon, ginger, garlic, basil, cilantro, lemon, honey 13
- NEWFOUNDLAND MUSSELS**  
- Beer, pepper, garlic -  
- Maple bacon cream - 14
- COD TONGUES**  
With pork scrunchions, tartar sauce, mustard pickles 12
- CHICKEN WINGS**  
- Sriracha and blue cheese -  
- Creamy dill and cracked pepper -  
- Root beer glazed - Jack and coke BBQ  
- Dry spiced - 16
- SPICY CAULIFLOWER BITES**  
Tempura battered and tossed with sriracha and blue cheese dressing and  
topped with crumbled blue cheese and julienne carrots, celery and green  
onion 12
- BAKED BRIE PHYLLO**  
With blueberry chutney 10
- BRAISED BEEF SHORT RIBS ON CRISPY WON TONS**  
With guinness BBQ, green onion and sun dried tomatoes, topped with  
ricotta 13
- SALMON CAKES**  
With Dill cucumber creme fraiche 13



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## LARGE PLATES

### COCONUT CRUSTED COD

With pineapple salsa, toasted almond risotto and green beans 30

### MAPLE BALSAMIC GLAZED DUCK BREAST

With a strawberry and spinach salad with feta, candied walnuts, red onion and basil 34

### PAN ROASTED CHICKEN BREAST

With a roasted garlic and marsala cream sauce, mushroom risotto and prosciutto wrapped asparagus 30

### GRILLED SALMON

With a honey dijon glaze, green beans and a sesame cabbage salad with red and green cabbage, toasted almonds, carrots, cilantro and green onion tossed with a sesame soy dressing 30

### BRAISED LAMB SHANK

With merlot, tomatoes, carrots, balsamic reduction on goat cheese & caramelized onion smashed potatoes, prosciutto wrapped asparagus 29

### VEGAN "MEAT" LOAF

An oat, lentil, mushroom, & walnut loaf with a tomato, maple, & crunchy mustard glazed, garlic & olive oil smashed potatoes, green beans 25

### MAPLE GLAZED PORK BELLY

With sweet potato, kale, chorizo, caramelized onion hash, balsamic reduction, crispy prosciutto 28

### VEGETARIAN SPAGHETTI AND "MEAT" BALLS

With a mushroom and basil tomato sauce, finished with parmigiano reggiano cheese and served with garlic toast 27

**STRIPLOIN STEAK 34**

**RIBEYE STEAK 36**

*Choose a steak, sauce, starch, and vegetable*

#### SAUCE

Jack & Coke BBQ

Creamy brown butter

Blue cheese cream

Horseradish cream

Port wine & mushroom

#### STARCH

Truffled frites

Mushroom risotto

Sour cream & onion smashed potatoes

Goat cheese & caramelized onion smashed potatoes

#### VEGETABLES

Sautéed spinach & kale

Steamed broccolini

Green bean almandine

Prosciutto wrapped asparagus

Mushrooms & onions

## SMALL PLATES

### FISH AND CHIPS

One piece Quidi Vidi battered cod, truffled frites, mustard pickles, tartar sauce 15  
Add an extra piece of fish 7

### SURF N' TURF

Medium rare sliced striploin steak, blue cheese sauce, spicy shrimp, truffled frites 17

### LAMB SPAGHETTI

With pulled lamb shank, house made demi, green onion, roasted garlic cloves, and drizzled with truffle oil 16

### BSG POUTINE

Truffled frites, cheese curds, fried onions, dressing, poutine sauce 13

### CHILI CHEESE FRITES

Truffled frites, vegetarian chili, house queso, sour cream, green onion 12

### MUSHROOM SLIDERS

Mushroom caps stuffed with artichoke hearts, asiago cheese, spinach and cream cheese, served with truffled frites 12

### CHICKEN AND BRIE

#### PHYLLO

With roasted red peppers and spinach, served over a spinach salad with dried cranberries, red onion, toasted almonds and honey dijon dressing 16

### PEACH AND PORK BELLY FLATBREAD

With caramelized onions, goat cheese, olive oil and balsamic reduction 16

### VEGETARIAN FLATBREAD

With roasted red peppers, grilled corn, red onion, basil pesto, tomato and feta 15



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## BURGERS

*Beef burgers contain egg, pork, and gluten*

*Served with a side of truffled frites*

### UPGRADE YOUR SIDE

#### SOUP

Tomato and gin  
or

Cream of beer, cheddar, bacon,  
and potato 2

#### SPICY CRAB CHOWDER

Topped with green onions 3

#### VEGETARIAN CHILI

Topped with sour cream and  
green onions 2

#### SALAD

Pear and Prosciutto  
or

Nacho  
or

Blueberry Avocado  
or  
Kale Caesar 2

#### CHILI CHEESE FRITES

With frites, queso, veggie chilli,  
sour cream, green onions 2.5

#### GARLIC PARMESAN

#### TRUFFLE FRITES

Served with garlic aioli 2.5

#### ONION RINGS

Served with chipotle ranch aioli 4

#### BSG POUTINE

4

#### ADD AN AIOLI

Chipotle, Garlic, Maple  
Rosemary, Curry, Jalapeno  
Truffle, Bourbon, Bern's Secret  
Sauce, or Basil Pesto 2

#### THE BERNARD

Two 4oz patties, over easy egg, bacon, cheddar, mozzarella, Bern's secret  
aioli, spicy ketchup, onion relish, lettuce, dill pickle 17

#### THE KNUCKLE BUSTER

8oz beef patty, bacon, pork belly, banana peppers, jalapenos peppers,  
lettuce, tomato, sriracha aioli, dill pickles, onion rings and mozzarella 17

#### THE VEGGIE

Veggie patty, Guinness mushrooms, caramelized onions, cheddar,  
mozzarella, garlic aioli, spicy ketchup 15

#### THE MUSHROOM SWISS

8oz beef patty, swiss cheese, mushroom jus, caramelized onion cream  
cheese, lettuce, bacon, garlic aioli and spicy ketchup 17

#### THE STANLEY

8oz beef patty, bacon, cheddar, fried onions, jalapeños, lettuce, tomato  
jam, jack and coke bbq, bourbon aioli 17

#### THE PB&J

8oz beef patty, peanut butter, strawberry jam, brie, bacon, jalapeños,  
caramelized onions, lettuce 17

#### THE SOUTHERN FRIED CHICKEN

Southern fried chicken breast, jack and coke BBQ sauce, chipotle ranch,  
bacon, jalapeno slaw, mozzarella cheese and dill pickles 17

#### THE DUCK

Ground duck patty, smokey cheddar, caramelized onions, blueberry  
ketchup, orange cream cheese, bacon, lettuce 18

#### THE COD

Quidi Vidi battered cod fillet, creamy malt vinegar slaw, dill pickles, caper  
aioli and cheddar cheese 17

#### THE ULTIMATE

8oz beef patty, cheddar and mozzarella, bacon, chopped onion, banana  
peppers, dill pickles, lettuce, tomato, ketchup, mustard, relish 17

Ask your server about our  
house made desserts

Please advise your server of any food allergies or dietary restrictions.