



# POAPST HOCKEY DEVELOPMENT

**DATE:**

**JULY 29 – AUGUST 1**

**TIME:**

**BANTAM & MIDGET**

**3:10 - 4:20 PM**

**COST:**

**\$175.00 – FULL CAMP  
\$50.00 – DAILY RATE**

**LOCATION:**

**DARIEN  
SPORTSPLEX**

## COMPETITION CAMP

**THE CAMP:**

This camp is designed to teach players the techniques of how to compete for puck possession as well as improving their overall puck protection skills in the tight areas of the rink.

Players will learn how to use their bodies to gain leverage and positional advantages against their opponents in order to gain and retain puck possession.

Player will learn how to improve their puck protection skills through drills designed to teach the players how to create more time and space in the tight areas of the rink all while maintaining puck possession.

The camp will consist of 1v1, 2v2, and 3v3 drills, as well as small area games designed to create high competition levels. Such drills will consist of proper 1v1 gaps, stick placement, and body positioning for playing defense. It will also include, attacking space, changing shooting angles, and stick/puck placement for creating offense.

\*Goalies are welcome in the camp.

Name: \_\_\_\_\_

Age: \_\_\_\_/\_\_\_\_/\_\_\_\_

Last Team/Level: \_\_\_\_\_

**Make Checks Payable to:**

**Poapst Hockey Development  
208 E. Washington Street  
Villa Park IL 60181**

**Contact Information:**

**Parents name(s):** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone#:** \_\_\_\_\_

**POAPSTHOCKEY.COM**

**To Reserve your spot in the camp contact Steven Poapst at:  
spoapst@chicagohawks.com**