



Annual Report
2016/2017

NOMAD YOUTH & COMMUNITY PROJECT

A: d:two Centre, 55-57 Market Place, Henley-on-Thames, Oxon, RG9 2AA
T: 01491 577 414, www.nomadhenley.co.uk

Nomad Patron: Mayor of Henley, Kelly Hinton. **Bankers:** Lloyds Bank, 1-2 Market Place, Reading, Berks, RG1 2EQ. **Accountants:** AJ Carter & Co, Chartered Accountants and Registered Auditors, 22b High Street, Witney, Oxon, OX28 6RB. **Reg office:** d:two Centre, 55/57 Market Place, Henley on Thames, Oxon, RG9 2AA. **Reg Charity No.** 1110274. Nomad is a registered charity limited by guarantee. **Company No.** 5480572.

WHAT DOES NOMAD DO?

SCHOOLS WORK

- Mentoring in local schools,
- Life Skills Programme,
- Attendance at professionals meetings,
- Support with school attendance,
- Home visits.

559 1to1 Work
856 Group Work
28.76%

FAMILY SUPPORT

- Parent's 1to1 support,
- Advice & Guidance and signposting,
- Family Focus/intensive support (for young person and parent),
- Take 3 Parenting Course,
- Young Mums support work,
- Targeted holiday activities,
- Liaising with Social Services, CAMHS, Health Services, Specialist Support Agencies and Local Schools.

440 1to1 Work
365 Group Work
16.37%

AFTER SCHOOL

- Monday – Targeted youth work sessions at d:two. From 4-5.30pm,
- Tuesday – Football at YMCA for school years 7-11 from 4.30-5.30pm,
- Wednesday – Football at YMCA for YP aged 16+ from 7.00-8.00pm,
- Thursday – Detached Youth work at Henley skate park from 4.30-6.30pm
- Targeted support work/ mentoring.

23 1to1 Work
793 Group Work
16.59%

COMMUNITY

- Nomad Food Bank,
- Adult Learning,
- Community events/ day trips & fun days,
- 16+ Support – Mentoring support / advice and guidance / sign posting for young people attending college or NEET,
- Mentoring,
- Residential Trips,
- Sensory Room.

506 1to1 Work
1377 Group Work
38.28%

1 to 1 Interventions **1528**

Group Work Interventions **3391**

Total Interventions from April '16 - March '17 **4919**



Mentoring

CHAIR'S REPORT

People are at the core of Nomad's work and the non-judgemental way in which the staff operate, enables them to connect with people in a way that builds trust and confidence. It does demand patience, it does demand persistence and the evident passion to see people's life change for the better is clear.

Tim leads the team well, increasingly putting his mark on the project. Whilst retaining his hands on approach he is also managing to put some valuable structure into the administration. Joe Millar has joined the team and is already making his presence known. Sarah continues to work across the board supporting young people and parents whilst amassing a formidable knowledge of the benefits and welfare support available to families.

Sue attempting to reduce her hours, continues to engage with many families and spends much time completing funding applications.

There are moments of discouragement but they are far outweighed by the times when a young person comes in and says 'I have a job', or 'I didn't get into trouble this week', or a parent tells you that they didn't argue with their child for several days and played a game together.

This work does cost money and once again we are very thankful to all our funders and to the volunteers who also help us. I am grateful to my fellow Trustees and Board members and particularly welcome Chris Ward as he takes on the role of Vice Chair of the Nomad Advisory Board.

Roger Cole | Chair

"Thames Valley Police would like to thank Nomad and all its staff for their continued support for local families in and around the Henley area. Their support is vital for families and individuals who continue to flourish under there guidance."

Henley neighbourhood Police Team



Beach Trip



Charity Walk



Community Day



GoApe Activity



Querubi Residential

"Nomad are great, they look after your kids really well and make sure they become stronger and achieve their goal"

"The best thing about this trip for my son was that it opened up a wider world to him with challenges and experiences"

"Out of his comfort zone he tried new foods, scuba dived, climbed mountains, worked in a team and learnt new skills"





HOW IS NOMAD FUNDED?

Thank you to the following organisations and charities who have partnered with us, supporting various projects and aspects of our work with their expertise and funding. We very gratefully acknowledge their help and input without which Nomad would not be able to deliver its services:

- Charlton Otmoor Trust
- Community Safety Partnership
- FatFace Foundation
- Gillotts School
- Henley Baptist Church
- Henley Educational Trust
- Henley Town Council
- Henley YMCA
- Hobbs of Henley
- Holy Trinity Church
- Individual Donors
- Invesco Perpetual
- John Hodges Trust
- Knight Frank
- Local primary schools
- Ormsby Charitable Trust
- Oxfordshire Safeguarding Children's Board
- South Oxfordshire District Council
- Tesco Henley
- Thamesfield Youth Association
- The Mosawi Foundation
- Twyford Boxing Club
- Waitrose Henley
- Ward Consultancy
- Wates Foundation

FINANCES

Statement of Financial Activities for the year ended 31st March 2017

	Unrestricted Funds (£)	Restricted Funds (£)	Total Funds 2017 (£)	Total Funds 2016 (£)
Total Income	107,479	54,282	161,761	150,707
Donations and legacies				
Charitable activities				
Other trading activities				
Total Expenditure	90,760	56,521	147,281	125,247
Salaries				
Projects				
Premises Rent				
Other Administration				
Transfer between funds	-	-	-	-
TOTAL FUNDS brought forward from previous year	33,398	23,149	56,547	31,087
TOTAL FUNDS carried forward to next year	50,117*	20,910	71,027	56,547

*Includes £30,000 reserves for any future salary shortfall.

Projects (Restricted Funds)	Opening Balance (£)	Income (£)	Expenditure (£)	Closing Balance (£)
Adult Learning	3,559	2,006	(5,390)	175
Food Bank	1,713	605	(1,749)	569
Families	1,618	2,022	(2,710)	930
Football	419	-	(232)	187
Community Activities	860	1,361	(2,212)	9
Youth Activities	281	7,445	(4,188)	3,538
Help Fund	1,161	3,283	(4,048)	396
Sensory Room	3,121	60	(575)	2,606
Salary Costs	10,417	37,500	(35,417)	12,500
	£23,149	£54,282	£(56,521)	£20,910

FOOD BANK

During 2016/2017 Nomad Food Bank has provided for many people throughout Henley on Thames & the surrounding area.

A special thanks to the local primary schools and churches for their generous donations over the Harvest Festival Period. It has been our pleasure to carry out a presentation in Stoke Row Primary School

and welcome students from Badgemore and Nettlebed Primary Schools to learn more about the Nomad food bank.

An additional thank you to Tesco and the d:two café for their sustained co-operation and their willingness to receive donations for the food bank throughout the year. Thanks to these donations, Nomad food bank has been able to contribute towards the 500,000 UK food

VOLUNTEERS

During 2017, 3 groups of Invesco Perpetual colleagues volunteered to help out with vital projects in support of NOMAD.



Painting and decorating the premises was hugely rewarding for two of the teams as it provided them with a great day of team building and huge satisfaction for having transformed the space for the local community. A third team brought a local garden back to life for a local resident who was unable to tend to it herself. Again it was a hugely rewarding experience for all involved, who really got to know each other well working as such a close team for the day and they were delighted to be able to give something back. A fourth team are also volunteering in December to help make up the NOMAD Christmas food parcels. This will benefit over 100 local families.

We'll definitely be looking to partner with NOMAD again in 2018 for further volunteering opportunities.

bank users, providing emergency food parcels for over 600 people (298 adults and 319 children) in the Henley area. With more than a million food parcels donated throughout the UK last year, Nomad food bank has been able to play its part by delivering around 250 emergency food parcels, plus an additional 130 Christmas food parcels to many who are struggling to provide food for themselves and their families.

ONE PARENTS STORY

Nomad have helped me hugely over the last 6 years both as a “troubled teenager” and then as a mother. I can honestly say that I would not be in the position that I am now if it wasn’t for the support I have received.

This has varied from allowing me a safe space to vent, to assisting me in leaving two abusive relationships and even having Sarah come with me when I have made my statement to the police. I am currently working through the freedom programme on a one to one basis and I feel comfortable enough to be able to be fully open about different aspects of the abuse and how it has impacted on me as a person. Sarah’s patience with me is astounding. I am very aware that I am not always the easiest person to work with

and support and she has never turned her back on me. She has pushed for more support and chased up different agencies who had promised support but were not following through and really has been my rock over this year.

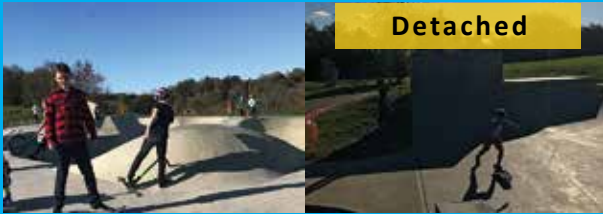
I have found the young mums group incredibly helpful. It has allowed me to meet other young mums I wouldn’t necessarily have met, allowed my children to socialise with similarly aged children and the parenting support has been hugely beneficial in helping me to cope with different aspects of parenting, from sleep issues, effectively co-parenting, toddler tantrums and everything in between.

I truly would be lost without Nomad and cannot thank them enough for all they have done for myself and my children.

A RETURN TO OUR ROOTS

Nomad has returned to its detached roots recently and have begun doing detached work at the Skate Park in Henley. This is a brilliant way for our workers to engage both with young people we already have an existing relationships with and people we don’t. Two staff members are at the Skate Park from

4.30pm to 6.30pm each Thursday. The timings allow us to work with primary aged children at the beginning and then the older secondary age and 16+ towards the end of the session. The work at the Skate Park will feed into our more targeted after school and holiday activities.



We have met with the Chair of the Henley Skate Park initiative and also with the local police to discuss ways of working together to reduce any anti-social behaviour at the site. Our aim is that over time we will be able to increase the amount of detached work we do at the Skate Park and grow the team to include parent volunteers and also to encourage some of our 16+ clients to act as peer mentors.

SUBSTANCE MISUSE

Substance misuse continues to be a reoccurring theme of our work with young people and families. We have worked with several young people over the last year and helped them to considerably reduce and in some cases stop their substance misuse entirely. This work has only been possible due to the

close working relationship we have developed over many years with the local schools.

We continue to work closely with Turning Point for adults who are abusing substances and have attended multiple training events with them to increase our knowledge base and ensure that we are up to date with recent trends, in particular New Psychoactive Substances.

THE VALUE OF LONG TERM SUPPORT

Below is a letter we received from a young person we have worked closely with for the last 10 years. He is just embarking on an exciting new chapter in his life by heading off to University.

To Tim, Sarah, Joe and Sue,

Thank you for these amazing few months. Going to France, and coming to revise Maths at d:two were some of the highlights of my year.

But I’d also like to say thanks to everyone responsible for helping me over these last 10 years. A few years ago I didn’t believe I’d be doing what I’m doing now let alone going to Uni. I can honestly say I wouldn’t be the person I am today without your constant support and faith.

I’ll miss the weekly games of FIFA almost as much as you guys! Thank you.

