



NOMAD
YOUTH & COMMUNITY
PROJECT

Annual Report 2017/2018

A: d:two Centre, 55-57 Market Place, Henley-on-Thames, Oxon, RG9 2AA

T: 01491 577 414 | www.nomadhenley.co.uk

Nomad Patron: Mayor of Henley, Glen Lambert. **Bankers:** Lloyds Bank, 1-2 Market Place, Reading, Berks, RG1 2EQ.

Accountants: AJ Carter & Co, Chartered Accountants and Registered Auditors, 22b High Street, Witney, Oxon, OX28

6RB. **Reg office:** d:two Centre, 55-57 Market Place, Henley-on-Thames, Oxon, RG9 2AA. **Reg Charity No.** 1110274.

Nomad is a registered Charity limited by guarantee. **Company No.** 5480572.

Roger Cole

Chair Nomad Trustees

My close involvement with the NOMAD staff also brings me into contact with many of the young people and families that they support, and I have hands on involvement through bike workshops and volunteering on the community beach trip and fun events. Seeing and hearing some of the stories of change that takes place in the lives of YP and parents, as they work with our staff underlines the value of NOMAD's input.

We were sorry to say goodbye to Joe Millar as he and his wife moved back to the North of England, but very pleased to welcome Angela Face and Jaco Brewer to the team. They are both working 25 hours a week which has increased our capacity and enables us to support more young people and families. Tim continues to lead the team and amongst other things has spearheaded a significant work through the 16+ project, supporting over 35 YP who have struggled to find employment after leaving school. Sarah has

taken the lead on our detached work, becoming a familiar figure at the skateboard park and is looking to develop that work further. Sue as well as providing support to many parents is working hard to mentor other members of the team in running parenting programmes and fundraising.

It was with great sadness that we saw the passing of Dave Prior following a battle with cancer. Dave was not just a husband to Sue and a dad to Tim, but a strong NOMAD supporter acting as Secretary /Treasurer to the NOMAD Trustees and Advisory Board. The numbers of people who attended a Celebration of his life and the messages of support and sympathy have demonstrated the impact he had on many lives in this town and beyond. He is very missed.

The work would not happen without funding and to all our funders and volunteers a huge thank you, but the heart of NOMAD is the team who consistently seek to make a difference and I commend them and the 2017/18 report to you.

Funders Comment

"We are so lucky to have such a resourceful, open and accommodating organisation on hand to help us intervene and find solutions for young people and their families. There are few places in the country who have such a resource. You have all made a difference to so many young people and given them the platform to go on and find successful paths."



Catherine Darnton Head Teacher Gillotts School

Gillotts School has had a close and beneficial relationship with the charity NOMAD for many years. We engage with them on a variety of activities:

- We engage NOMAD youth workers to mentor students. We do this where we feel a less formal, more 'alongside' approach would be beneficial. The youth workers are regularly on our site and this increases students' confidence in working with them
- The youth workers will also signpost students to out of school activities that the charity runs - they range from football, to a summer trip to the seaside, to residential experiences in France
- We refer parents to NOMAD who

identify that they need support with parenting

- When we have significant difficulties with students which mean they cannot be educated on site, NOMAD can provide a room and a tutor to enable us to continue their education
- NOMAD workers are often part of TAFs and core groups and Social Care clearly also rate their work highly

In short, we really couldn't manage without them!



How is NOMAD Funded?

Thank you to the following organisations and charities who have partnered with us, supporting various projects and aspects of our work with their expertise and funding. We gratefully acknowledge their help and input without which NOMAD would not be able to deliver its services.

*Charlton Otmoor Trust
Community Safety Partnership
Fat Face Foundation
Gillotts School
Henley Baptist Church
Henley Bridge Rotary Club
Henley Educational Trust*

*Henley Town Council
Henley YMCA
Hobbs Boats Henley
Holy Trinity Church
Individual Donors
Invesco Perpetual
John Hodges Trust
Oxfordshire Community Foundation
South Oxfordshire District Council
SODC Councillor Awards
Tesco Henley
Thamesfield Youth Association
The Mosawi Foundation
Ward Consultancy
Wates Foundation
Willem Voorvaart
YMCA Henley*



Photos by Henley Herald

Food Bank

Have you ever heard of a food bank being stored in a loft? Thanks to a further grant from the Charlton Otmoor Fund, that is no longer the case as we have moved out of the loft into a more accessible and manageable room. No more climbing ladders with bags of food!

The demand for food parcels recognised across this country is reflected here in Henley and we are grateful to Tesco, Waitrose and the many individual donors who contribute to our food supplies. In addition the schools in Henley and surrounding villages donate their harvest collections providing us with a welcome boost in the run up to Christmas.

In the last year we delivered 218 emergency food parcels which benefitted 287 adults and 261 children. In addition we delivered 120 Christmas Food Parcels.



NOMAD Volunteers

The Food Bank is an obvious place to welcome volunteers and we are delighted that several of the young people we support have learnt valuable skills through volunteering in that context.

We are also grateful to those who provide one off volunteer help with our Community events.

Detached Work

Our weekly detached sessions at the Skatepark have continued this year.

Relationships with young people who were not part of our other programmes have been considerably strengthened and we have been able to engage with several YP in formal mentoring at school and holiday diversionary activities. Many YP have commented how much they like having us there each week. Detached work allows us to work with YP on their own terms. It can be challenging at times but is incredibly rewarding.

“The skateboarding project in Henley has been a fantastic collaboration between South Oxfordshire District Council Leisure team, NOMAD Henley and Henley Town Council. NOMAD have been instrumental in promoting and supporting the events, and ensuring local YP and their families are aware of what's on offer and encouraging them to attend and take part. The events engage YP of all ages, building respect, showcasing what people can do and providing positive activities in the holidays.”

Cath Dale | Participation Officer at SODC

BBQing, manning bouncy castles and providing support on boat and beach trips is much appreciated. Volunteer groups from Invesco have continued to help with various decorating projects and packing over 300 bags for our Christmas food parcels!

Thank you to everyone who helps in this way!

Statement of Financial Activities for the year ended 31st March 2018

FINANCES	Unrestricted Funds (£)	Restricted Funds (£)	TOTAL FUNDS 2018 (£)
Total Income	76,697	48,417	125,114
Total funds brought f/w from previous year	20,117	20,910	41,027
Total Expenditure	82,565	62,288	144,853
Total Funds carried f/w to next year	14,249	7,039	21,288



ANALYSIS OF EXPENDITURE

	2018 (£)
Project Support Costs	97,476
Office Admin Expenses	21,795
Project Costs	23,205
Accountancy	1,188
Depreciation	324
TOTAL:	143,988

NOMAD cannot meet all the needs, or fix all the problems that people face but where possible we try to emulate the words of John Wesley:

“Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.”



“In all my years of working with youth services, I have never come across a project like NOMAD before – you offer so much to families in the community”

Edith Williams | Locality Community Support Social worker



NOMAD

All Round Support

A clear distinctive of NOMAD is its ability to provide a range of support which includes Schools Work and After School programmes, Parenting/Family Support work and the 16+ project which is one of our Community initiatives.

The strong relationships built with many young people through our mentoring programme in schools creates a platform

to engage with them outside of school and offer support to their parents and the wider family.

When some of these young people fail to make the transition from school into college, training or employment they suddenly find themselves lost and with little motivation or aspiration for their future. The links already established with many of them enable us to provide practical support to help them move forward positively.

NOMAD Residentials

In the last year, 18 young people attended two NOMAD residential trips travelling to an olive farm overlooking the Pyrenees mountains in the south of France.

The trips aimed to teach them the importance of hard work, the benefit of 3 healthy meals a day and the need for good sleeping patterns.

The reward was to take part in once in a life time activities like canyoning, scuba-diving & abseiling. Culminating in climbing to the summit of the Canigou Mountain at nearly 3000m.

Overcoming fears, trying new foods experiencing new thrills and learning that they can achieve so much more than they think they can!

“It was sick! Can I go again?”



Willem Voorvaart

Domaine de Querubi

I must have been around 13 years when I was sure that I definitely needed a good shiny racing bike to zoom around Amsterdam seeing friends, impress girls and going places. When I finally found what I wanted, I approached my father with a thinly veiled request for funding aid. My father listened to my request patiently and told me we would go and have a look on Saturday. That Saturday we hopped in the car, but rather than getting me to the shop he drove into the green agricultural belt around Amsterdam, stopped at a large dairy farm, told me to get out of the car and start work as a farmers hand for the next 6 weeks of summer holidays. If you want a bike, you have to work for it, he said whilst driving off and leaving me dumbfounded in the middle of nowhere surrounded by 350 cows and a grumpy farmer. Not quite what I had in mind!

After the initial shock, I thrived on the farm. Working long hours, being told off for being late or doing sloppy work, learning loads of new tricks with tractors and machines and getting new responsibilities, it was all great fun and excitement. The experience has stuck with me and has become a bit of a life leitmotiv. If you want something, you have to work for it and if you have to work you better enjoy it.

Fast forwarding 40 years and I suddenly have become a bit of a farmer myself. Not a Dutch dairy farm, but an olive oil producing farm in the South East of France. The place is called Domaine de Querubi, an old French estate with lots of space hidden away in the foothills of the Pyrenees and close to the Mediterranean coast. It was here that we developed the idea of replicating my earlier experiences and opening



"It was a life changing experience!"

them up to youngsters who may not have had the opportunities in life that I have had. The idea was simple enough, find a group of kids, get them over to France, put them to work in the mornings, go out and do exciting mountain sports in the afternoons and challenge them so they can see that there is so much more out there than they think there is and that there is so much more they can do and achieve than they think they can. Not only on a farm, but in life in general.

We started our first Querubi Camp in 2011 and have learned a great deal about modern day kids, their view on life, the problems they face, how to unlock early ambitions and much, much more.

In short, we are trying to motivate kids to change some of their behaviour habits and begin to make positive choices. Some of the kids get it, some get it a bit and some never will, but that is unfortunately how things are. The ones who get it are the ones we try and stimulate to get back in education and or work. The last bit is the tricky part. Even with the current UK unemployment rate of around 4% many of the kids have problems finding meaningful employment. Working with NOMAD we are currently experimenting with a program for kids that might not have the required qualifications, but have the

determination to get into work and actually go out and find suitable positions for them. Not easy, but very much key to what we think should be done.



"It was the most awe inspiring experience I have ever partaken in. It pushed all of my thresholds to the limits and beyond."

All this only works with the right kids and the right charities who are supporting the kids. Doing Querubi Camps right requires constant encouragement, oceans of patience, deep empathy and human interest, and the determination to make the experience worthwhile for all participants. Tim, Sarah and the NOMAD team possess all these qualities in truckloads (even after a very short, cold, wet night on a rugged, desolate and dark mountain surrounded by 8 overly tired, hungry and grumpy kids) and witnessing them nudging resisting teenagers up a mountain or into farm work is a spectacle invoking the deepest humility in any hardened soul. Without them the Camps would never have worked.

What Does NOMAD do?

SCHOOLS WORK

- Mentoring in local schools
- Life Skills Programme
- d:two Learning Programme (student tuition)
- Attend professional meetings
- Support with school attendance
- Support with YP at risk of exclusion
- Home visits

477 1to1 Interventions
271 Group Work
15.9%

FAMILY SUPPORT

- Parenting 1 to 1 support
- Advice, guidance & signposting
- Family Focus (intensive support for parent and YP)
- Young Mums support work
- Targeted holiday activities
- Liaising with Social Services, CAMHS, Health Services, Specialist Support Agencies and Local Schools

359 1to1 Interventions
7.6%

AFTER SCHOOL

- Weekly Football Groups
- Weekly detached work at the Henley Skate park
- Weekly Foodbank Club
- Weekly targeted support work (groups and 1 to 1)
- Targeted holiday activities including paintballing, kids clubs, GoApe, segways, paddle boarding, trampolining, mountain biking, family days out.

20 - 1to1 Interventions
773 - Group Work
16.8%

COMMUNITY

- NOMAD Food Bank
- 16+ Support—mentoring support / advice and guidance / sign posting for YP attending college or NEET
- Residential trips
- Mentoring
- Community events / day trips

1189 - 1to1 Interventions
1622 - Group Work
59.7%

Total 1 to 1 - 2045
Total Group - 2666
Total Interventions - 4711

