



SENSE OF PURPOSE

Comment by a Dad

“We had hit a bit of a low point when NOMAD agreed to get involved in helping our son re-engage with life. After two years of turmoil followed by a year of living like a recluse, he agreed to meet with Tim from NOMAD.

NOMAD’s patience, gentle persistence, not taking no for an answer and ability to communicate with him gained his trust pretty quickly. He is now, a year down the line, able to leave the house. He has been on a couple of amazing trips, he goes to a gym session organised by NOMAD every week and he appreciates the time he spends with the NOMAD team (mostly playing and losing to Tim at FIFA) at d:two. He even has the chance now of some regular paid work. We still have some way to go, but the positive impact of our son’s improved outlook, growing confidence and sense of purpose on us as a family is enormous.”



Annual Report 2018/2019

A: d:two Centre, 55-57 Market Place, Henley-on-Thames, Oxon, RG9 2AA
T: 01491 577 414 | nomadhenley.co.uk | totalgiving.co.uk/charity/nomad

Nomad Patron: Mayor of Henley, Ken Arlett. **Bankers:** Lloyds Bank, 1-2 Market Place, Reading, Berks, RG1 2EQ.
Accountants: AJ Carter & Co, Chartered Accountants and Registered Auditors, 22b High Street, Witney, Oxon, OX28 6RB. **Reg office:** d:two Centre, 55-57 Market Place, Henley-on-Thames, Oxon, RG9 2AA. **Reg Charity No.** 1110274.
Nomad is a registered Charity limited by guarantee. **Company No.** 5480572.

ROGER COLE Chair NOMAD Trustees

There are two responses when we become aware of great needs around us. One is to shrug our shoulders and say "Too bad. Not my problem". The alternative is to roll up our sleeves and say. "What can I do to help". NOMAD over this past year have been rolling up their sleeves to help more families, individuals, children and young people who are going through challenges and struggles.

At the end of last year, we increased the size of the team with Angela and Jaco coming on board to help with family support and mentoring. There has been a significant increase in the work we do. We now mentor in 3 secondary schools having taken on new work at Langtree and Chiltern Edge as well as continuing at Gillotts. Our family support work has grown, and we are doing more detached work especially around the skate park.

Tim Prior has grown in his role as manager of the project and I always find it both fascinating and moving listening to him speak at public events when asked to explain what NOMAD does. Jaco has assisted Tim and Sarah with the mentoring and after school clubs and is finding his niche in the team. Angela and Sarah have continued to develop our detached work. Sue although doing fewer hours has been key in the family support work where she is assisted greatly by Angela and continues to apply for grants for the project.

None of this could happen without the amazing support of funders and volunteers and we owe you a huge thank you. Many of you have stepped up your support this year. Your help makes a huge difference in the lives of many people here in Henley and the surrounding area.

I have continued hands on involvement with NOMAD by running a number of cycle workshops, manning the BBQ at the fun days and being part of the Nomad beach trip, which always includes constructing a massive sandcastle that can be destroyed just before we all leave! I have tried to meet with the whole team on a weekly basis to hear the highlights and challenges of the week, as well as take out each member of the team for breakfast each term to hear how they are doing.

After working with NOMAD for the last 15 years it is now my time to step down as Chair of the Trustees. Jeremy and Jo Bray have taken on the leadership at d:two and have become NOMAD Trustees. We welcome them to the Board. I believe they will bring a fresh vision and focus to the work we do here, I commend them to you. My wife Di and I don't plan to move from the area, and I will continue to roll up my sleeves to support NOMAD's work. I have loved being involved. Its been a place where I have seen so many lives change for the better.

I would like to encourage you to read through this 2018/19 NOMAD report and applaud the team and all those who have been involved in helping all that has been achieved through the year.



MAKING A DIFFERENCE

Dan is a young man aged 20, who has been supported by NOMAD for 3 years. He moved with his family into Henley following a managed relocation arranged through Social Care and the local authority Housing Services. He has younger siblings and there is a family history of unemployment and substance misuse.

Since we have known Dan, he has been keen to engage in our mentoring programme and has been proactive in finding work. However, his family environment and lack of positive role modelling has resulted in him being unable to retain the jobs he has found. His relationship with his parents is variable and periodically he has been homeless.

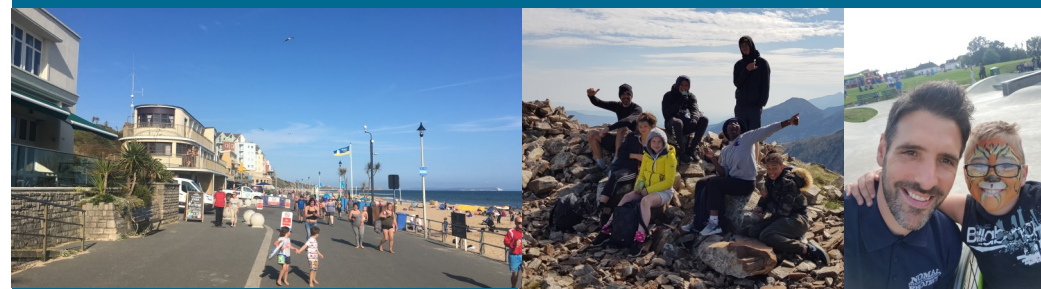
NOMAD staff have worked hard to provide consistent and regular support and

engaged Dan in a range of positive activities to develop his self-esteem and confidence.

In July 2018, Dan attended a week long residential in France that completely stretched and challenged him both physically and mentally. The trip helped him to establish healthy routines and gave him the space to consider his future. This was a significant time for him.

NOMAD have supported Dan in finding alternative accommodation in Henley and he is now in consistent full-time employment. We continue to provide him with weekly mentoring which is currently focused on helping him adjust to living independently and managing his finances.

With continued support we believe Dan can break away from the negative, generational habits and begin to fulfil his full potential.



Breakdown of services delivered in the last year:

SCHOOLS WORK

- Mentoring in local schools
- Life Skills Programme
- d:two Learning Programme (student tuition)
- Attend professional meetings
- Support with school attendance
- Support with YP at risk of exclusion
- Home visits

472 1to1 Interventions

426 Group Work

20.9%

Schools work accounted for 20.9% of NOMAD contacts during the last year.

FAMILY SUPPORT

- Parenting 1to1 support
- Advice, guidance & signposting
- Family Focus (intensive support for parent and YP)
- Targeted holiday activities
- Liaising with Social Services, CAMHS, Health Services, Specialist Support Agencies and Local Schools

436 1to1 Interventions

10.2%

Family Support accounted for 10.2% of NOMAD contacts during the last year.

AFTER SCHOOL ACTIVITIES

- Weekly Football Groups
- Weekly detached work at the Henley Skate park
- Weekly targeted support work (groups and 1to1)
- Targeted holiday activities including paintballing, kids clubs, GoApe, coastering, paddle boarding, trampolining, mountain biking, family days out.

19 - 1to1 Interventions

1127 - Group Work

26.7%

After School Activities accounted for 26.7% of NOMAD contacts during the last year.

COMMUNITY WORK

- NOMAD Food Bank
- 16+ Support—mentoring support / advice and guidance / sign posting for YP attending college or NEET
- Residential trips
- Community events / day trips

1179 - 1to1 Interventions

632 - Group Work

42.2%

Community Work accounted for 42.2% of NOMAD contacts during the last year.

Total 1to1 Interventions - 2106 | Total Group Work - 2185
Total Combined Interventions - 4291

BEING A ROLE MODEL

Comment by a mum

"Just a few words to express how beneficial your service and sessions are.

The weekly sessions my son has with NOMAD have proved invaluable. For a teenage boy, having 1:1 with an adult male, in need of a role model, as he is living with very challenging circumstances, has an immeasurable beneficial effect. My son comes home in a more relaxed state having had quality time with Tim, who listens if needed, or just 'hangs out' providing a safe space.

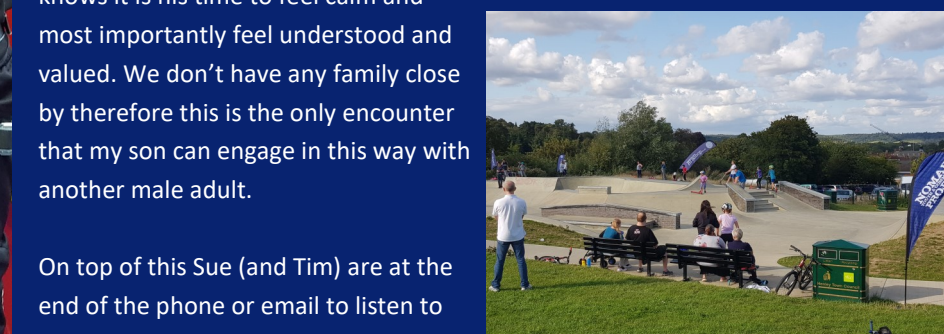
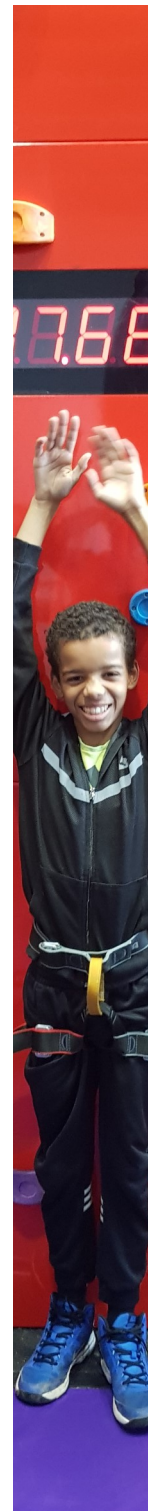
Sometimes my son's commitments come with the weight of responsibility and therefore stress, but Tim's sessions are the one and only commitment that my son is always happy to keep as he knows it is his time to feel calm and most importantly feel understood and valued. We don't have any family close by therefore this is the only encounter that my son can engage in this way with another male adult.

On top of this Sue (and Tim) are at the end of the phone or email to listen to

concerns and to be available when any parenting advice is needed. I have found this to be invaluable as when dealing with very challenging situations it is easy to take one's eye off the every-day stuff that also needs addressing.

Both Sue and Tim's patient, non-judgemental support is really a huge blessing to my family and we are genuinely truly grateful for it.

Many people/services have offered me the promise of support and help for our difficult family circumstances, only to be told actually sorry we are unable to help you. This has been totally crushing. However NOMAD are the one and only place where there has been support and guidance. Things would be much tougher without them. I cannot thank NOMAD enough for their help."





NOMAD FOOD BANK

We continue to see a demand for food parcels in Henley and the surrounding area.

This year we delivered 614 bags of food in 248 emergency food parcels. This directly benefitted 312 adults, 159 children and 33 homeless people. In addition, we delivered 298 bags of food in 117 Christmas parcels.

Huge thanks to all the individuals and organisations that have kindly donated food and money over the last year or volunteered their time to help make up food parcels and help with deliveries. The food bank only continues to operate because of this ongoing local support.

We have had another fantastic response from many local primary schools with their Harvest collections and are very grateful to all.

A special mention to Trinity and Rupert House schools who's students donated a huge volume of food.



WHERE DOES THE MONEY COME FROM?

Thank you to the following organisations and charities who have partnered with us, supporting various projects and aspects of our work with their expertise and funding. We gratefully acknowledge their help and input without which NOMAD would not be able to deliver its services.

- Charlton Otmoor Trust*
- Chiltern Edge School*
- Community Safety Partnership*
- Gillotts School*
- Henley Baptist Church*
- Henley Town Council*
- Hobbs Boats Henley*
- Holy Trinity Church*
- Individual Donors*
- Invesco Perpetual*
- John Hodges Trust*
- Langtree School*
- Lottery Awards For All*
- Oxfordshire Community Foundation*
- South Oxfordshire District Council*
- Tesco Henley*
- Thamesfield Youth Association*
- Thames Valley Police*
- The Leander Club*
- The Mosawi Foundation*
- Tony Lane Foundation*
- Waitrose*
- Ward Consultancy*
- Willem Voorvaart*
- YMCA Henley*

Statement of Financial Activities for the year ended 31st March 2019

FINANCES	Unrestricted Funds (£)	Restricted Funds (£)	TOTAL FUNDS 2019 (£)
Total Income	79,278	71,109	150,387
Total funds brought f/w from previous year	43,834	7,454	51,288
Total Expenditure	99,937	69,497	169,434
Total Funds carried f/w to next year	25,791	6,450	32,241



ANALYSIS OF EXPENDITURE

	2019 (£)
Project Support Costs	118,382
Office Admin Expenses	23,550
Project Costs	25,416
Accountancy	1,308
Depreciation	778
TOTAL:	169,434

PATIENCE OVER THE YEARS

"I can't thank you guys enough for all your love and patience over the years. I am so grateful to be where I am right now, (physically and spiritually). Thank you for bringing me here. It has changed my life, and if I can do that for one person I'll be happy."

Parent (currently attending a rehab centre)

EXCELLENT VALUE

South and Vale Community Safety Partnership are very impressed with the excellent value NOMAD makes to the community. We really do appreciate the support and difference you are providing for young people in Henley and surrounding areas.

IMPORTANT RESOURCE

"Badgemore Community Primary School is appreciative of the support NOMAD has given to their pupils and families finding themselves in particularly difficult times. Families enjoy and benefit from being able to Talk to and take part in helpful activities

with NOMAD staff either in the d:two building, elsewhere in Henley or even further afield.

NOMAD is an important resource for Henley schools to access and we thank the Henley Community for funding this community resource."

*Marion Arnold
Head Teacher—July 2019*

