

BalletArts

207 Kinderkamack Road, Emerson, NJ
 201-970-7690
www.BalletArtsNJ.com

Fall Session begins September 11, 2017

*class runs in sessions

2017/18 Schedule Children & Adults Group Classes & Private Instruction Performances

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
9:30 -11 Adult Ballet			9:15-10:15 Pilates				9:15-10:15 Pilates		9:00-10:15 Yoga	Rehearsal	8-9:15 Yoga for Athletes
4-5 Juniors Ballet	4:30-5:30 Les Enfants	4-5 Int. Pointe	4-4:45 *Creative Movement	4-5:30 Senior 1 Ballet.		4-5 Juniors Ballet		4-5:30 Senior 1 Ballet.			
5-6:30 Int. Ballet		5-6:15 Modern		5:30-6:30 Contemporary		5-6:30 Int. Ballet		5:30-7 Sr. 2 Ballet	5:30-6:30 Tap		
6:30-8 Sr. 2 & 1(A) Ballet		6:15-7:30 Adv. Pointe		6:30-8:00 Sr. 2 Ballet	6-7 *Teen Yoga	6:30-7:30 Adult Ballet			6-7 *Hip Hop		
			7-8 Barre		7-8 Adult Tap		7:30-8:45 Yoga				