

# Packing List for Haiti

We would like to encourage you to pack light and remember that it is HOT in Haiti.

## TOILETRIES

<input type="checkbox"/> hand lotion, wet wipes	<input type="checkbox"/> Antihistamine, cold remedy, any prescription medications
<input type="checkbox"/> tissues	<input type="checkbox"/> Pepto Bismol, antacid
<input type="checkbox"/> Hand Sanitizer	<input type="checkbox"/> Immodium A.D.
<input type="checkbox"/> Sunscreen	<input type="checkbox"/> Aspirin/Tylenol
<input type="checkbox"/> Aloe	<input type="checkbox"/> Cipro Prescription (See Doctor)
<input type="checkbox"/> Toothbrush, toothpaste, floss	<input type="checkbox"/> Malaria Medication (See Doctor)
<input type="checkbox"/> Deoderant	<b>FOOD</b>
<input type="checkbox"/> Headbands, bobby pins, elastics (Girls)	<input type="checkbox"/> Snacks (crackers, granola bars, etc.)
<input type="checkbox"/> Razor/Shaving Cream	<input type="checkbox"/> Small juices/gatorade
<input type="checkbox"/> 1 Roll toilet paper	<input type="checkbox"/>
<input type="checkbox"/> small hand towel	<input type="checkbox"/>
<input type="checkbox"/> Shampoo/Conditioner	

## CLOTHING

## MISC. ITEMS

<input type="checkbox"/> Modest shorts	<input type="checkbox"/> Battery operated fan/extra batteries
<input type="checkbox"/> T-shirts (No tank tops, tube tops)	<input type="checkbox"/> Bug Spray (Deep woods off)
<input type="checkbox"/> Underwear (bring extra)	<input type="checkbox"/> Bible
<input type="checkbox"/> Pair of sneakers	<input type="checkbox"/> Journal/Pen
<input type="checkbox"/> Sandals, flip flops, chakos	<input type="checkbox"/> Small flashlight
<input type="checkbox"/> Shower sandals	<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Beach towel/swimsuit	<input type="checkbox"/> Passport & copy of passport
<input type="checkbox"/> Church outfit (Long pants for guys, long skirt for girls)	<input type="checkbox"/> Security pouch for passport & money
<input type="checkbox"/>	<input type="checkbox"/> Water bottle
<input type="checkbox"/>	<input type="checkbox"/> Phone & charger

\*\*When bringing money, bring small bills.

--At the end of the week we will take up an offering of supplies for the orphanage. If you have any items that you would like to donate, they would be greatly appreciated. (Examples: toiletries, towels, clothing, etc)