

Iberia Gastroenterology Associates, Inc.

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Esophagogastroduodenoscopy (EGD)

Listed below are your instructions for your EGD prep which you are scheduled to have on ____/____/____ at ____:____AM/PM. (Check in at Acadiana Surgery Center in **Suite 102**). **A member of our endoscopy center staff will call you with your arrival time (after 5:00pm), the day before your test.**

- 1. One week prior to your procedure**, we ask that you discontinue taking all aspirin compounds, NSAIDS (Ibuprofen, Advil, Aleve, Celebrex etc.) and vitamins, especially vitamin E. (You may take Tylenol /Acetaminophen products). Please discontinue taking these medications on: ____/____/____
- 2.** If you are on Coumadin or Plavix please ask for directions on when to stop it.
- 3. The Day before your procedure:** _____ Follow your normal diet until 10:00pm. No food after 10pm. Liquids until midnight. Fasting after midnight (no food or liquids).
- 4. Morning of procedure** at 4:00am you may take _____, with a small amount of water (if normally taken in the AM).
- 5.** Please be prepared to be at our surgery center for 2-3 hours.
- 6.** Please make arrangements to have someone drive you home after your procedure.
- 7.** Wear comfortable clothing including a pair of warm socks. Leave jewelry and valuables at home.
- 8.** If you have dentures, they will need to be removed prior to procedure.
- 9.** NO ALCOHOL –it can lead to dehydration and bleeding (thins blood).
- 10.** It is very important to follow your prep instructions exactly as written.
- 11.** Please do not hesitate to contact our office if you have any questions or concerns.