

Rough River Lake Dam Triathlon

Date: 08/12/2017

Time: 08:00 a.m.

Entry fees:

•\$25.00 per participant

Pre-register by: 07/22/2017

Preregister by July 22nd to receive a T-shirt on the day of the event.

Only participants that pre register will get a T-shirt.

ALL LEGS WILL START AND END AT THE STATE PARK BEACH.

Start at The State Park Beach, Paddle 7.6 miles back to the state park beach. Bike 9.4 miles to the State Park beach, Run 1.9 miles through the state park and back to the State Park Beach.

CLASSES :

Single Paddler (men)

Single Paddler (women)

Tandem Canoe

PRIZES

Trophies for 1st, 2nd, and 3rd place in each class.

Event Partners



US Army Corps of Engineers
Louisville District



Friends of
Rough River Lake, Inc.



For more information:

U.S. Army Corps of Engineers
Rough River Lake
14957 Falls of Rough Road
Falls of Rough, KY 40119-6313
270-257-2061

www.lrl.usace.army.mil/Missions/CivilWorks/Recreation/Lakes-RoughRiverLake



Name _____

Address _____

Phone _____

T-shirt Size: S M L XL

Sex _____ Age on race day _____

Mail form and entry fee to:

Friends of Rough River Lake, Inc.
14597 Falls of Rough Rd
Falls of Rough, KY 40119
270-589-7514

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

Event partners are not responsible for accidents or lost/stolen property. Participants are required to wear all manufactured safety gear at all times during the triathlon. Participants must be at least 18 years of age or accompanied by their legal guardian.