

## On the Mountain – Outline

- I. Introduction – What do we do when we reach the Mountain Tops of our Lives?
- II. Characteristics of the Mountain Top

**Luke 9:28-36** – About eight days after Jesus said this, he took Peter, John and James with him and went up onto a mountain to pray. As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. Two men, Moses and Elijah, appeared in glorious splendor, talking with Jesus. They spoke about his departure, which he was about to bring to fulfillment at Jerusalem. Peter and his companions were very sleepy, but when they became fully awake, they saw his glory and the two men standing with him. As the men were leaving Jesus, Peter said to him, "Master, it is good for us to be here. Let us put up three shelters—one for you, one for Moses and one for Elijah." (He did not know what he was saying.) While he was speaking, a cloud appeared and covered them, and they were afraid as they entered the cloud. A voice came from the cloud, saying, "This is my Son, whom I have chosen; listen to him." When the voice had spoken, they found that Jesus was alone. The disciples kept this to themselves and did not tell anyone at that time what they had seen.

- a. We can see God clearly
  - b. We breathe easier – We are above the smog and pollutants of life
  - c. We can be energized
  - d. We want to stay
  - e. Have you experienced a mountain top experience with God? Have you experienced one lately?
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- III. How do we get to the mountain top
    - a. God brings us there to be in his presence
    - b. We encounter one as part of the standard journey of life
    - c. Remember, the trek to the mountain top is often uphill
    - d. Though we can be energized, we can also be tired from the journey.

**Matthew 11:28** – Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

#### **IV. What to do on the mountain top**

- a. Pray and give praise

**James 5:13** – Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise.

**Psalms 43:3-4** – Send me your light and your faithful care, let them lead me; let them bring me to your holy mountain, to the place where you dwell. Then I will go to the altar of God, to God, my joy and my delight. I will praise you with the lyre, O God, my God.

- b. Enjoy God in all his glory
  - i. Explain the true meaning of worship.
- c. Don't take it for granted (Seeing the light in the light analogy).
- d. Commune with God. You may hear his will very clearly.
  - i. Moses was called to a mountain top once. What very important thing happened there?
- e. Shout it out for others to hear. Let them see your joy!

**Isaiah 42:11** – Let the wilderness and its towns raise their voices; let the settlements where Kedar lives rejoice. Let the people of Sela sing for joy; let them shout from the mountaintops.

**Matthew 5:14** – "You are the light of the world. A town built on a hill cannot be hidden."

- f. Remember that once you descend from the mountain, another valley is to come. Get replenished and ready with God on the mountain top.
- V. Three Things to do to get Ready for the Next Valley.**
- a. Rest

**Jeremiah 31:25** – “I will refresh the weary and satisfy the faint.”

- i. This is a time to enjoy the peace of God’s presence and to gain some much needed rest after a long journey through the valley.
- b. Refuel
    - i. This is a time to regather your strength and refuel for the next leg of your journey. Stay in prayer and in the Word.
- c. Ready

**Ephesians 6:10-12** - Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

- i. Remember that your next valley is likely close. Find yourself prepared for spiritual attack.

Remember too that God will be in the Valley with you as surely as he is on the Mountain Top with you!

- Jesus as an example!

## **VI. Conclusion**

**Psalms 95:1-3** – Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation. Let us come before him with thanksgiving and extol him with music and song. For the Lord is the great God, the great King above all gods.

## **VII. Invitation**