

The Guided Wisdom Series

January 17th, 2019

7:00 pm to 8:00 pm

Reflections Center for Conscious Living & Yoga
227 East 24th Street, New York, NY 10010

The Guided Wisdom Series is a bi-monthly program that helps you evolve your consciousness and perform more masterfully in your personal and professional life.

We draw upon a rich background in ancient wisdom traditions, spirituality, metaphysics, neuroscience, human potential, healing modalities, philosophy, accelerated learning, and embodied cognition to help you create an extraordinary life, and substantially increase your efficiency, effectiveness and capabilities.

We meet every 1st and 3rd Thursday of the month and we facilitate experiential learning via guided meditation, mind practices, subtle body balancing, creative visualization, sound baths, NLP, partnering exercises, etc. so that you can access the profound wisdom within you.

Join Us & Transform Yourself!

Cost: \$25 cash @ door / online @ website

Value Package: \$100 for 5 classes



Ursula Biala
Navigator for Change



Carol Ann Knight
Catalyst for Change

Spiritual Bliss NYC

www.spiritualblissnyc.com