

## 2019 SUMMER FOOD BOX

### SHOPPING LIST

[1] Box Cereal	[3] Dry Soups	[4] Canned Fruits	[2] lbs Bagged Oatmeal
[2] Spaghetti	[3] Tuna	[2] lbs Bagged Beans	[3] Beef Ravioli
[2] Other Pasta Items	[1] Canned Bean	[2] lbs Bagged Rice	[4] Tomato Sauce
[2] Peanut Butter	[3] Soups	[3] Mac n Cheese	[3] Canned Veggies

In Lieu of a Summer Food Box we will also be accepting \$50 Costco giftcard, cash, or check.  
OR TO DONATE TEXT MCC TO 41444.

### DROP-OFF INFO

We will accept Summer Food Boxes from now throughout the entire Summer to distribute to families in need.

#### Location:

Monument Crisis Center  
1990 Market St.  
Concord, Ca, 94520  
(925) 825-7751

#### Date & Time:

Monday -Thursday:  
9:00AM to 12:00PM  
1:30PM to 4:00PM  
Tuesday until 6:30PM

### DO'S & DON'T'S

- **DO** adhere to the items on the shopping list.
- **DO** place all items in a 16x12x12 inch box (found at Home Depot or Lowes as a "small moving box").
- **DO** be creative and decorate with crayons, markers, and stickers. **DO** HAVE FUN!
- **DON'T** put perishable items of any kind in your box (produce can be donated during the listed produce drop-off times below).
- **DON'T** include glass jars, candy, or toys in your box.
- **DON'T** overfill your box. It must be able to close so that it can be stacked.

### PRODUCE DROP-OFF

We accept produce Monday-Wednesday during our donation drop-off hours 9:00AM-12:00PM and 1:30PM-4:00PM. If you wish to donate produce, please note it will not likely be distributed in the same household that receives your donated "Summer Food Box".

### QUESTIONS?

Email Danny Scherer at [dscherer@monumentcrisiscenter.org](mailto:dscherer@monumentcrisiscenter.org)  
OR Alexa Gambero at [mccpantryservices@gmail.com](mailto:mccpantryservices@gmail.com)

MonumentCrisisCenter.org

501(c)3 #41-211171



**Thank you  
For your Support!**