



Help MCC meet our goal of 2,000 Holiday Food Boxes!

## SHOPPING LIST

[1]-\$20 Food gift card in an envelope taped on top/outside the box (Safeway or Grocery Outlet)

[1]-cereal (12-16 oz. box)

[3]-pasta items (one pound each)

[1]-peanut butter (16 oz. plastic jar)

[2]-baking items (cake mix, corn bread mix, muffin mix, etc.)

[2]-mac and cheese (7-10 oz.)

[2]-beef ravioli OR chili (14-16oz. cans)

[3]-vegetables (14-16oz. cans)

[2]-ground coffee (10-14oz)

[2]-tuna (5oz. cans)

[2]-soups (8-16oz. cans)

[2]-applesauce (14-16oz.

plastic jars, or cans)

[1]-instant mashed potatoes

[1]-stuffing mix

[1]-cranberry sauce (10-16oz. can)

[1]-gravy mix packet

[1]-vegetable oil (24oz. plastic bottle)

# DO'S & DONT'S

- \*DO adhere to the items on the shopping list.
- \*DO place all items in a 16x12x12 inch box (found at Home Depot or Lowes as a "small moving box").
- \*DO be creative and decorate with crayons, markers and stickers!
- \*DON'T put perishable items of any kind in your box (produce can be donated during the listed produce drop-off times below).
- \*DON'T include glass jars, candy or toys in your box.
- \*DON'T overfill your box. It must be able to close so that it can be stacked.
- \*DON'T seal the box closed.

### HOLIDAY BOX DROP-OFF INFO

Monument Crisis Center 1990 Market Street Concord, CA 94520



Monday 11/24 - Tuesday 11/25 Monday 12/1 - Wednesday 12/3

Monday 12/8 - Wednesday 12/10

9am - 12pm 2pm-4pm

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### **OUESTIONS?**

Contact Program Manager Antonio Hurtadoat ahurtado@monumentcrisiscenter.org

#### PRODUCE DROP-OFF

\*We accept donations of perishables or fresh produce on Mondays and Tuesdays from 9:00AM - 12:00Noon.

If you wish to donate produce, please note it will not likely be distributed to the same household that receives your donated "Holiday Box."



THANK YOU FOR YOUR SUPPORT!

#### NO TIME TO SHOP?

Make a donation!

- ❖ Text MCC to 41-444
- Mail a check to: PO BOX 23973 Pleasant Hill, CA, 94523
- Visit monumentcrisiscenter.org/donate

