

## THRIVE DURING CHANGEOS<sup>i</sup>® (LEVERAGING STRENGTHS) - 1 DAY WORKSHOP

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Everyone knows that change is constant. But how do you handle change that is so constant, so incessant, that it brings with it constant chaos? This workshop explores techniques to maintain your equilibrium—and thrive—during such dynamic times.

We first explore the tools and talents you inherently bring which, when tapped, will support your successful “ride of white water” in your particular environment. We then work through S.O.S.® -- a model that outlines a specific approach for successfully managing relationships, waning commitment levels, and productivity dips that are so prevalent during times of chaotic change.

### WORKSHOP OBJECTIVES:

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- Identify personal power to be leveraged or enhanced for the Changeos® journey.
- Learn the S.O.S. model for improved relationships, commitment, and productivity during Changeos®
- Identify best practices for your Changeos® situation
- Plan application of S.O.S. to your specific Changeos® situation

### PAYOFF

Confidence and comfort working through times of chaotic change.

### AVAILABLE FOR INTACT TEAMS OR OPEN-ENROLLMENT

### WHO SHOULD ATTEND?

**Individual Contributors** - Feeling overwhelmed by non-stop demands to be flexible in the face of changing priorities

**In-tact Teams** – Expected to nimbly shift priorities to maintain “sync” with organizational needs

**Leaders** – Trying to manage personal, team, and the organization’s priorities –all of which are in constant flux

### FOR MORE INFO OR TO ARRANGE FOR A SESSION

Contact Cheryl Grayson – Simply The BEST Workshops, (860) 888-5868

~OR~

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<sup>i</sup> Changeos is the literal “mashup” of CHANGE & CHAOS – it is pronounced, “Change-oss.”