



# 2017

## Cougar Softball

### Mission Statement

We believe in the pursuit of excellence both on and off the field. We believe in a fundamentally sound team and team-oriented individuals. To achieve these goals, takes commitment, honor, courage, understanding, and teamwork. These ideals are what we value as a program, what we will exhibit as coaches, and what we expect from our players.

## Program Policies

**\*\*\* Players will be expected to attend all activities, with only excused absences (as defined in this handbook) being the exception. Failure to comply can result in expulsion from the team.**

1. Maintaining academic standards is a must. Coaches will do random grade and attendance checks. Tutorials are available if you need help.
2. Players understand that we are a Softball Program, with a common goal of reaching the post season. Just because a player is chosen to play on the varsity team during tryouts, does not mean they are guaranteed that spot. The coaches can make changes as needed, to ensure that the “necessary” 9 players are on the field to try to win games at the varsity level; to work towards getting the MVHS Softball Program to the post season. We are not necessarily looking for the best players....but for the right players.
3. Be on time to practices, games, and related activities. All team members will practice. However, athletes must earn the right to play by demonstrating dedication to the team, a positive attitude, and consistent skill.
4. Excused absences are Academic activities (exams, field trip, music performances, things required by a teacher for the athlete to attend as it may affect their grade). Homework is not considered Academic Activities; it is a byproduct of and must be blended into our athlete’s schedules. One of the skills our student athletes are developing is Time Management. We expect our athletes to learn to balance their time between school, homework and their sport. All other absences will be considered UN-EXCUSED. Un-excused absences will be dealt with on a case by case basis, but all will start with the athlete being UNABLE to START the next contest. Any additional consequences will be determined by the coaches.
5. Poise is essential to superior performance. Helmet and bat throwing, use of profanity, and temper tantrums, do not display poise. Furthermore, negative attitudes toward the program, coaches, players, officials, or others will not be tolerated and may result in dismissal.
6. Sportsmanship is important, as is loyalty to school, coaching staff, and team members. Exhibit sportsmanship at all times. Show respect to coaches, teammates, opponents, and officials.
7. Use of alcohol, tobacco, or narcotics will result in disciplinary actions set forth by the District; as well as further disciplinary action set forth by the team. Multiple offenses will result in dismissal from the team.
8. Team members are responsible for their own equipment. School equipment and game uniforms must be properly cared for and returned at the end of the season. (uniforms laundered)
9. Players who appear in varsity level games during the season will earn their letter. Student managers who make a significant contribution to the team may also earn a letter.
10. If a player misses practice due to illness or injury, they will not be allowed to participate in practice or games without a note-of-release from parents, doctor, or trainer.

## Cougar Softball Parents, “Friends & Family” Code of Conduct

1. Please get involved!! We are all a part of a softball family. Get involved through fundraising, field prep, concessions, providing team meals, and game attendance. We need and appreciate your help.
2. We will try our best to end practices on time. Please be understanding if we run long by a few minutes to finish up. Honking your horn does not help. (It is the responsibility of your child to inform you of schedule changes, not the coaches).
3. The coach’s job is to coach, while the parents/family friends “job” is to support the team in a positive manner.
4. Parents/Family & friends must remain in spectators areas at all times. Please refrain from entering the dugout or from talking with the players during a contest. If you need to communicate with **your** child please do so through the dugout coach.
5. There may be times **your** player has complaints or issues with the program or coaches. **Players** must address an issue with the Head Coach first before a parent may get involved.
6. Do not approach coaches prior to, during, or following a contest. If you have things that you wish to discuss about **your** child, please wait until after a practice; or you may e-mail (lindseygrosch89@gmail.com) to set up a more appropriate time.
7. **\*\*\*Coaches will not discuss playing time, game strategy, play calling, etc. before, during, or after a contest.\*\*\*** If you would like to speak with a coach we ask that you set an appointment at an appropriate time; again, via e-mail (lindseygrosch89@gmail.com).
8. Playing time is earned. Hard work and dedication, along with positive attitude will always be considered first; with skill and understanding of game situations to be the final factor.
9. **\*\*\*Because of the potential negative impact on the team; repetitive poor parent/family & friend behavior may result in that individual being restricted or dismissed from attending practices and/or games.\*\*\***
10. Sportsmanship does not only apply to the players, but to the parents as well. Show respect and good sportsmanship to all participating players, coaches, and officials.

Our practices are always open for parents to watch. But please remain in the spectator areas.

**We thank you for your support!**

## **2017 Cougar Fundraising**

All of our players are asked to please participate in some form of fundraising. Every year our sports programs face budget crunches from the school district. Because of this, the money raised from fundraising is necessary for the purchase of: new uniforms, softball equipment, field maintenance equipment, team activities, awards, charter buses, etc. We, as a team, need to work on this task together. Following is a list of some fundraising activities that the players can choose from:

- **Poster/Calendar Advertisement**
  - \$100.00 – Business card placed on our team poster, 250 to be distributed throughout the community.
- **Outfield Fence Banner**
  - 3' x 5' banner - \$200.00 for one year, \$350 for 2 years or \$500 for 3 years
- **Flat Donation**
- **2017 “Meet the Team dinner” tickets:**
  - Bon Apetit!! Dinner/Auction catered by Olive Garden  
April 13th, 2016 @ 5:30. Location: MVHS Cafeteria  
Tickets: \$15.00 ea.

# Go Cougs!!

## Parent Volunteer Form

Dear Parents,

**We would love for you to get involved!** If you can coordinate or help with any of the following activities, please let us know. Your help, participation, and support are greatly appreciated!

1. **Varsity or JV Field Prep. & Maintenance.** Help with pre- game field preparation; and light maintenance during practice week. Equipment provided by program.
2. **Player Rides Coordinator.** Help organize transportation for those players needing rides to local games, activities, etc. (player/parent roster provided)
3. **JV Scorebook.** Preferably someone who has done this before...but you can be taught. It would also be good if this person could attend as many games as possible, to keep the book consistent.
4. **Host a Team Dinner.** Please specify date and your address.
5. \_\_\_\_\_  
\_\_\_\_\_

If you would like to volunteer for one of these duties, please give information below. Or, if you would just like to help someone with any of the above activities, please let us know.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Position/Activity: \_\_\_\_\_

Type of help? \_\_\_\_\_

\* Please return form to coaches so that we may contact you. **Thank you!**



## **Cougar Softball Parent/Player Contract**

I have read and received all of the information given to me regarding my/my child's participation in the Mt View High School Softball program. I fully understand the policies of both the Athletic Dept. and that of the Softball Program.

I agree to honor all aspects of the policies and guidelines set forth by the Athletic Dept. and The Mt View Softball Program, and I am fully aware that failure to abide by the above mentioned policies and guidelines can result in a temporary and possibly permanent expulsion from the team.

Student Athlete Signature:

\_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature:

\_\_\_\_\_ Date: \_\_\_\_\_