

Introduction

Motor Cycling Ireland's (MCI) policy is that doping is contrary to the spirit of sport and every member has a duty to ensure that the sport is free of doping.

Membership of **Motor Cycling Ireland** means that all license holders may be selected for testing. Your membership of **MCI** commits you to agreeing to testing and in the case of a minor (U/18) the prior written consent of the parent or guardian is required via the initial licensing process, and through competition entry forms.

All club personnel have a responsibility to ensure that club members are aware of the Irish Anti-Doping Rules and that there is an atmosphere supporting a drug free sport within the club. Complete copies of the Irish Anti-Doping Rules are available at http://www.irishsportsCouncil.ie/Anti-Doping/About_Us/National_Anti-Doping_Programme/

Once you join Motor Cycling Ireland and enter a competition you are accepting the fact that you could be drug tested.

This page provides up-to-date information from World Anti-Doping Agency (WADA), Irish Sports Council, FIM, and MCI rules and regulations in the area of doping.

Motor Cycling Ireland is fully committed to ensuring doping has no place in the sport of **Motor Cycling**. MCI works with the Irish Sports Council and the **FIM** in its anti-doping efforts.

The following sections highlight key areas with regard to Anti-Doping. **MCI** advises all licence holders to read and understand the anti-doping rules and to understand your responsibilities under the rules. The consequences of not adhering to Anti-Doping rules can be severe for competitors and their support personnel.

Rules

Irish Anti-Doping Rules

Motor Cycling Ireland has adapted the Irish Anti-Doping Rules as the anti-doping rules of MCI.

Chapter 14 of the GCR's refer (<http://www.motorcycling-ireland.com/forms/GCR.pdf>)

Under the Irish Anti-Doping Rules, the Irish Sports Council carries out drug testing on behalf of **MCI**.

Full details on the Irish Anti-Doping Programme are available at: www.irishsportsCouncil.ie/antidoping

International Federation Rules

Motor Cycling Ireland must also adhere to the rules of our International Federation, Fédération Internationale de Motocyclisme (FIM)

Full details on the International Federation Anti-Doping Programme are available at: http://www.fim-live.com/fileadmin/alfresco/antidoping_fr.pdf .

Squad members attending International Events need to check in particular the regulations regarding TUE requirements of the International Federation in relation to competing at International Events, for e.g. if an Irish Sports Council TUE Certificate of Approval is accepted or if an athlete needs to re-apply to the International Federation etc. Athletes should verify the rules and regulations with their medical officer/ team manager or Anti-Doping Officer.

What do members need to know?

In principle any license holder competing in **Motor Cycling** can be tested so each license holder regardless of the level at which they are competing needs to be aware of the anti-doping rules.

(1) WADA Prohibited List – Checking Medications & TUE Policy

The World Anti-Doping Agency issues a Prohibited List annually. For information on the Prohibited List see http://www.irishsportsCouncil.ie/Anti-Doping/Medicines_TUEs/Prohibited_List/.

Note: Recreational Drugs are tested in-competition.

Check the status of over-the-counter and prescribed medications in relation to the Prohibited List, based on where you **purchase** the medication:

Republic of Ireland:

	Drugs in Sport Database on www.eirpharm.com
	For instant access to the Drugs in Sport Database, download the free 'Medication Checker' App available for iPhone and Android for Eirpharm - find it in the Apple iTunes Store or the Android Market



Medications bought in the Republic of Ireland can be checked by your G.P., Consultant or Pharmacist in a monthly publication called MIMS Ireland. Ensure the current month's edition is checked.

Northern Ireland/ UK/ Canada/ USA:



Medications bought in Northern Ireland, U.K., U.S.A and Canada can be checked on www.globaldro.com

See http://www.irishsportsCouncil.ie/Anti-Doping/Medicines_TUEs/How_to_check_your_medications/ for further information

If a medication is prohibited, you must check and adhere to the Irish Sports Council TUE Policy at www.irishsportsCouncil.ie/tue. As per this policy, if you compete at international level, check the **FIM** TUE Policy at http://www.fim-live.com/fileadmin/alfresco/antidoping_fr.pdf

(2) Sample Collection Procedures

For information on the Sample Collection Procedures that are adhered to when athletes are tested, the following resources are available:

- Check out www.irishsportsCouncil.ie/Anti-Doping/Testing/What_happens_in_a_drug_test
- Read the leaflet 'Sample Collection Procedures – Urine and Blood'
- Check out the e-learning programme Real Winner www.irishsportsCouncil.ie/realwinner

(3)Supplements

Athletes need to be aware that there are risks associated with the use of sports supplements with many positive drug tests associated with their use. For more information, read the Irish Sports Council Supplements and Sports Food Policy at http://www.irishsportsCouncil.ie/Anti-Doping/Medicines_TUEs/Supplements_Nutrition/

Useful fact sheets in relation to supplements are available on the Institute of Sport website at: http://www.instituteofsport.ie/Institute_Of_Sport/Athlete_Zone/Performance_Nutrition/

(4) National Testing Pool

The National Testing Pool (NTP) consists of license holders who are in National Squads and Development Squads, who attend training organized by **MCI**. Athletes in the NTP can be drug tested both in- and out-of-competition. Out-of-competition testing will mainly be based on squad/team training sessions but the Irish Sports Council may test a license holder at their home address. Both urine and blood samples can be requested. See www.irishsportsCouncil.ie/Anti-Doping/Testing/National_Testing_Pool for more information.

Further Information

Check out www.irishsportsCouncil.ie/antidoping for further information on these topics or to order education resources for you and your club (<http://www.irishsportsCouncil.ie/Anti-Doping/Resources/>).

Who to ask for further information?

For any queries regarding anti-doping in <NGB> please contact the Anti-Doping Officer for **MCI**:

Motor Cycling Ireland

Unit 19 BEAT Centre

Stephenstown Industrial Estate

Balbriggan

Co. Dublin

Tel: 01 8020480

Email: office@motorcycling-ireland.com

The **Irish Sports Council Anti-Doping Unit** can be contacted at:

Anti-Doping Unit

Irish Sports Council

Top Floor, Block A

Westend Office Park,

Blanchardstown,

Dublin 15.

Tel: 00353 1 8608800

Email: antidoping@irishsportsCouncil.ie

www.irishsportsCouncil.ie/antidoping