

Bombshell Dance Fitness - Easley

5156B Calhoun Memorial Highway, Easley SC 29640

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May 2019 Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:30pm HIIT/Lower Body – Fallon 6:30pm House Party Fitness - Fallon	2 6:15pm Zumba - Sherrie	3	4 9:30am Zumba Sentao - Sherrie
5	6 6:15pm Zumba – Sherrie	7 9:30am PiYo – Stefanie 6:15pm Dance Step – Jennifer	8 5:30pm HIIT – Brooke 6:30pm Dance Fitness “Werk It, Twerk It” – Brooke & Sherrie	9 6:15pm VIXEN: Jennifer’s Divas! – Fallon & Jennifer	10	11 9:30am Cardio + Toning - Fallon
12	13 6:15pm House Party Fitness – Sherrie	14 9:30am PiYo – Stefanie 6:15 POUND: “Blacklight Night” – Fallon	15 5:30pm HIIT – Sherrie 6:30pm Zumba – Nina	16 6:15pm Zumba – Nildi	17	18 9:30am Retro Cardio + Toning - Jennifer
19	20 6:15pm Zumba Toning – Sherrie	21 9:30am PiYo – Stefanie 6:15pm Zumba Step – Sherrie	22 5:30pm HIIT – Fallon 6:30pm Dance Fitness + Toning – Sierra	23 6:15pm Dance Fitness: “Throwback Thursday” – Multiple Instructors	24	25 9:30am RIPPED - Sherrie
26	27 Closed for Memorial Day	28 9:30am PiYo – Stefanie 6:15pm House Party Fitness – Brooke	29 No Classes Join us in Pickens for Fallon’s Birthday Bash at 6:30pm!	30 6:15pm Zumba - Sherrie	31	

Drop-ins are welcome! \$10 per class or join as a member and save!

Ask us how you can earn FREE Classes through our referral program!

Follow us on Facebook @theFITfactorypickens and on Instagram @thefitfactory_bombshellfitness!