

2016

# Your Personal Legacy Worksheet

*Created by: Jan Johnston Osburn*

*JanJohnstonOsburn.Com*

# CREATING A PERSONAL MISSION STATEMENT

Before you start working on your legacy worksheet, it's helpful to understand what you believe your personal mission is in life. One of the most powerful methods to cultivate a positive legacy is to create and live by a mission or philosophy.

## **A meaningful personal mission statement contains two basic elements:**

- What you want to do — what are the contributions you want to make in life?
- What you want to be — what character strengths do you want, what qualities do you want to develop, and who do you want to become?

## **Ask yourself:**

- What would I really like to be and do in my life?
- What are my greatest personal attributes?
- How do I want to be remembered?
- Who is the one person who has made the greatest positive impact in my life? Why?
- What have been my happiest moments in life? Why?
- If I had unlimited time and resources, what would I do?
- What / Who are the most important things to me?
- How can I best contribute to the world? My family? My career? My community?

Vision  
Mission  
& Values

# STEP ONE: DEFINE WHO YOU WANT TO BE AND WHAT YOU WANT TO DO

WHAT I LIKE TO DO.

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WHAT / WHO DO I WANT TO BE?

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*"Your future is as big as your ability to dream."*

## Step Two: What legacy has left the most impact with you?

What or who has left a legacy with you?

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Who has been the most influential person in your life?

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What qualities do you admire most in that person?

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What qualities have you gained – or desire to gain – from those people?

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## Step Three: Define your Life Roles

You have a variety of roles in life. You may have roles in work, in the family, or in the community. The roles become a natural framework to give order to what you want to do and to be.

Your family role may be “wife” and “mother” or “husband” and “father”. Some areas of your life, such as in your career or in the community, may involve several roles.

### Examples:

- Wife/Mother, Manager, Marketing, Leader, Red Cross Chairwoman, Mentor, Friend
- Husband/Father, Minister, United Way Regional Volunteer, Trusted friend

For each role you have in life, describe how you want to be viewed or described in that role? By identifying your life roles you will gain awareness, insight, and perspective. By writing these descriptive statements you will begin to identify the core principles and values you want to live by.

<b>Role:</b>	<b>Description:</b>
Wife	How would you most like to be described in your role as wife?

# Role and Description Worksheet

DESCRIPTION:

ROLE:

DESCRIPTION:

ROLE:

DESCRIPTION:

ROLE:

DESCRIPTION:

ROLE:

DESCRIPTION:

ROLE:

DESCRIPTION:

ROLE:

# CREATE YOUR MISSION STATEMENT

Draw heavily upon what you have done in the previous steps.

Remember . . .

## An Empowering Mission Statement...

- Represents a solid connection with your deep inner core.

## An Empowering Mission Statement...

- Is the manifestation of your distinctive capability to contribute to your life and the lives of others.

## An Empowering Mission Statement...

- Integrates fundamental human needs in the physical, social/emotional, mental, and spiritual arenas.

## An Empowering Mission Statement...

- Combines all significant roles in your life. It represents a mixture of the personal, family, work, and community roles you fill.

## An Empowering Mission Statement...

- Inspires you to live purposefully and intentionally.





## STEP FIVE: EVALUATE IT

Review it and ask:

- Do I feel this represents the best that is within me?
- During my best moments, do I feel good about what this represents?
- Do I feel direction, purpose, challenge, and motivation when I review this statement?

If you like it, you have your mission statement.



# YOUR PERSONAL LEGACY WORKSHEET

Now that you have an idea of what your life mission is, it's time to work on your personal legacy worksheet. Thinking about your life mission, answer these five questions.

## 1. WHAT DO YOU WANT YOUR LEGACY TO BE?

Leaving a legacy will mean different things to different people. There's no right or wrong, it's about how you want to impact those you leave behind. How do you want to be remembered?

What are your top priorities for your personal legacy?

## 2. WHO OR WHAT DO YOU WANT TO IMPACT? WHY?

This describes your sphere of influence. This could be children, spouse, family, customers, co-workers, community, users, followers, readers, viewers or other people that are impacted by you.

3. HOW DO YOU WANT TO CREATE CHANGE THAT WILL BE PASSED ON TO OTHER GENERATIONS?

What will you do to create positive change? Be specific.

#### 4. What Will Be The Results?

How will you know you are successful? What things will have happened because of your intentions?

5. What Actions Are Necessary To Make This A Reality?

Outline your main steps here.

