

2018 Practice Schedule

Week 1 (May 29th - June 1st): warm-up week

	Ages 13 - 18 & Ages 11-12 *	New Swimmer Assessments	Ages 8 & Under	Ages 9 - 10	Ages 13 - 18 & Ages 11-12 *
Monday thru Friday	4:30pm - 5:15pm	5:15pm - 5:45pm	5:45pm - 6:30pm	6:30pm - 7:15pm	7:15pm - 8:00pm

Weeks 2 and 3 (June 4th - June 15th): school schedule

	Ages 13 - 18 & Ages 11-12 *	Rookies	Ages 8 & Under	Ages 9 - 10	Ages 13 - 18 & Ages 11-12 *
Monday thru Friday	4:30pm - 5:15pm	5:15pm - 5:45pm	5:45pm - 6:30pm	6:30pm - 7:15pm	7:15pm - 8:00pm

Weeks 4 thru 9 (June 19th - July 25th): summer schedule

	Ages 13 - 18 & Ages 11-12 *	Ages 9 - 10	Ages 8 & Under	Rookies
Monday thru Friday (mornings)	7:45am - 8:45am	8:45am - 9:30am	9:30am - 10:15am	10:15am - 10:45am
	Ages 11-18		Ages 10 & Under	Rookies
Tu, Wed, Thu (evenings) *	6:30pm-7:15pm		5:45pm - 6:30pm	5:15pm-5:45pm



* Evening practices are currently scheduled for 6/19-6/21, 6/26, 6/28, 7/3, 7/5, 7/10, 7/12, 7/17, 7/19, 7/24 & 7/25

Notes

- * All swimmers are encouraged to practice EVERY day so please bring your children to as many practices as their schedule allows.
- * **11-12 Age Group swimmers** may choose to swim with the 9-10 Age Group practice or with the 13-18 Age Group practice. Once a selection is made we ask that you committ to that practice time for the entire season. If you are not sure please ask a coach.
- * Your start time is when you will get in the water. Please arrive at least 10 minutes prior so you are ready.
- * Evening practices during weeks 4-9 are intended only for children in day camps or daycare.
- * The last practice for all swimmers is Wednesday, July 25th. Only swimmers entered in Divisionals will practice July 26th & 27th.