



Virginia Hills Swim Club  
serving the community since 1955

# JUNE

2018

## Swim Team Schedule

Home of the TIDAL WAVE Swim Team

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		29-May	30-May <a href="#">New Swimmer Assessments</a> 5:15PM evening practice 4:30-8	31-May <a href="#">New Swimmer Assessments</a> 5:15PM evening practice 4:30-8	1 <a href="#">New Swimmer Assessments</a> 5:15PM evening practice 4:30-8	2
3	4 <a href="#">New Parent Meeting</a> 6:00PM evening practice 4:30-8	5 evening practice 4:30-8	6 evening practice 4:30-8	7 evening practice 4:30-8	8 evening practice 4:30-8	9 <a href="#">Stroke and Turn Clinic</a> (for S&T Judges) 8:00AM @ VA Hills Pool
10 <a href="#">Team Suit Sale</a> 1:00PM - 4:00PM	11 evening practice 4:30-8	12 evening practice 4:30-8	13 evening practice 4:30-8	14 evening practice 4:30-8	15 <a href="#">Last Day of School</a> modified evening practice	16 <a href="#">Practice Meet (Time Trials)</a> AWAY vs. Hayfield 8:30AM
17	18 <a href="#">B Meet</a> HOME vs. Hollin Meadows 6:00PM	19 morning practice 7:45-10:45 evening practice 5:15-7:15	20 morning practice 7:45-10:45 evening practice 5:15-7:15	21 morning practice 7:45-10:45 evening practice 5:15-7:15	22 <a href="#">Spaghetti Dinner</a> 6:00PM	23 <a href="#">A Meet</a> AWAY vs. Canterbury Woods (6) 9:00AM
24	25 <a href="#">B Meet</a> AWAY vs. Arlington Forest 6:00PM	26 morning practice 7:45-10:45 evening practice 5:15-7:15	27 <a href="#">Fort Hunt Relay Carnival</a> @ Riverside Gardens 6:00PM	28 morning practice 7:45-10:45 evening practice 5:15-7:15	29 Donut Friday morning practice 7:45-10:45 <a href="#">Swim Team Social</a> 6:30PM	30 <a href="#">A Meet</a> HOME vs. Somerset Olde-Creek (5) 9:00AM