



www.gxacheer.com

SIMPLY THE BEST

2017 - 2018 Half Year AllStar Packet

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Welcome to GENESIS XTREME ALLSTARS!

Our Goal & Mission is to impact, inspire & ignite athletes of all ages to be "SIMPLY THE BEST". We will lead your athlete to see the results of their hard work and commitment. Every GXA athlete will learn to accomplish the technique involved at each skill level. The ultimate goal is teaching our athletes how their individual talent can add to the success of being a part of a GXA ALLSTAR TEAM.

Everyone is welcome to the GENESIS Family!!

Parent Signature _____

Date _____

Introduction

AllStar cheerleading is a competitive team sport incorporating skills from several other disciplines such as gymnastics, dance, stunting, and cheer. AllStar cheerleading squads do not cheer for other sports teams. ***They are the team!***

AllStar cheerleading teams differ from other teams by training year-round for competitions. They also differ from most other sports in that every team member is vital to the team and the performance. There are no benchwarmers. Everybody has an integral part! Each member of the squad is trained in all aspects of the sport in order to develop their skills to reach their maximum potential.

AllStar teams typically consist of between 10 and 36 athletes. Squads can be either co-ed or all female. Teams are carefully constructed to include all the elements needed to perform the complex routines. Every team needs a combination of bases, flyers, tumblers, and dancers. Most of these well rounded athletes are capable of performing all of these skills.

Competition routines are typically 2 1/2 minutes in length. They are packed with stunts, dances, cheers, chants, and tumbling. Each element is perfectly choreographed to music. Most teams have their music custom made for their routines. At competitions, the teams are divided by age and ability level. The routines are judged based on difficulty, execution, creativity, and showmanship. Each team only has one opportunity to get it perfect. At most competitions, anything less than perfect will not result in a win.

AllStar cheerleading has taken the sport to a new level. Adding the element of competition has allowed the world to see inside the sport in a way never before possible. With competitions being covered on ESPN, no one can any longer deny that cheerleading is indeed, a sport!

We are looking forward to an outstanding season. Please help us by following all the rules and guidelines set forth in this packet. It is easier for the coaches and cheerleaders to do their job when they do not have to worry about outside issues.

When you have completely read this packet, **please sign and date each page. If you would like a copy for your records, please make copies of the paperwork prior to turning in your originals. The packet is due into the office by October 10, 2017.**

Parent Signature _____

Date _____

The Top 10 Reasons to be a Genesis Xtreme AllStar Cheerleader

- **FUN**
 - Enjoyment of learning new skills & hanging out with friends
- **FRIENDSHIPS**
 - Make new friends from other schools
- **COMRADERIE**
 - Development of trust in others
- **STARDOM**
 - Performances in front of thousands of people
- **LEADERSHIP**
 - Opportunity to lead among peers
- **GOAL SETTING**
 - Encourages individual and team achievement
- **FITNESS**
 - A great cardio and endurance activity to keep fit
- **COOPERATION**
 - Working together for a common goal
- **SELF ESTEEM**
 - Builds confidence and improves self esteem
- **DETERMININATION**
 - Teaches that hard work pays off

Parent Signature _____

Date _____

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WHAT IS ALLSTAR CHEERLEADING?

G - Goals

E - Excellence

N - Notoriety

E - Enjoyment

S - Stunting

I - Inspiring

S - Stardom

Parent Signature _____

Date _____

Section 1 - Important Dates

AllStar Level	Level 1/ 2 Mini / Youth / Junior / Senior
Ages	Mini (5 to 8) / Youth (11 & under) / Juniors (14 & under) / Senior (18 to 10)
Practices	Thursday & Sunday Practice (TBA) (2) 2 hour Mandatory practices (1) 1 hour Optional Tumbling Class
Registration Deadline	Wednesday, October 18, 2017
Practice Begins	First practice: Thursday, November 9, 2017
Competitions (We will Choose 2 Events)	Examples: Coastal – Six Flags, GA UCF – Columbia, SC, Spirit Unlimited- GA
Financial Obligation	<ul style="list-style-type: none"> • Registration Packet and 1st payment are due on October 18, 2017 (\$400) <ul style="list-style-type: none"> - USASF Member Enrollment (not included) - Enrollment Fee • Additional payments of \$200 due Nov. 15th, Dec. 15th and Jan. 15, 2017. • Monthly Tuition of \$135 (Dec.– March due before the 1st of the Month) • All payments are to be paid on line through the pay pal account or auto-draft. • Late payments will receive a \$25 late fee.
Included in Total Cost	Uniform, Bow, Practice Bow, Practice Shirt, Choreography, Music, Competition Fees

**Tumbling options require a one-time enrollment fee of \$75 per participant or \$100 per family. In addition, there is an annual registration fee of \$40 per student or \$70 per family to be paid *annually in January*. If you miss a month of tumbling and do not maintain your membership by paying your monthly tuition, then you will be forfeiting your membership. A re-enrollment fee will be required if you opt out of the program for any given month or more. This fee is due prior to returning to the program. **

For more information, please contact us via email at: info@gxacheer.com

Parent Signature _____

Date _____

Section 2 – Practices

- Each team will have a Sunday and a weekday practice. Additional practices will be added as the coach seems necessary. Practices may be changed and/or added throughout the season and the coaches will try to give as much notice a possible for these changes. Cheerleaders are expected to attend all called practices. Practices are mandatory. **(Unexcused absences may result in dismissal from the team or suspension from a competition.)**
- One tumbling class per week is included with your monthly tuition, but not mandatory to attend
- You are expected to give 100% at every practice. Practicing clean, sharp moves at practice ensures that good habits will be instilled into the routine. The maintaining of appropriate level skills will be expected to be kept or your child will be moved to a lower level team or forfeit all competition fees. No refunds will be given.
- No one is allowed to yell on the floor or to speak to any team member or coach while practice is in session. This is extremely distracting to all involved. Cell phones should be placed on silent during practice and only looked at during team breaks.
- Please do not drop your cheerleader or siblings off early for practice or make a habit of picking them up late. We do not offer babysitting and when not under our direct supervision, we cannot be responsible for your child. The gym will open 5 minutes prior to the start of practice on Sundays. The gym will close promptly at the end of practice.

Section 3 - Tardiness & Absences

- Being on an AllStar squad requires a time commitment on your part. You must remember that other team members are counting on your attendance. The team cannot practice the full routine if one or more persons miss practice.
- You must be at practice on time and prepared to take the floor. For every minute that you're late that is a minute that your team loses floor time to train. If you are more than 5 minutes late, you will be required to do extra workouts at the end of practice. If you miss more than 30 minutes of any part of practice, you will owe \$25.
- **If you are excessively tardy or absent you will be dismissed from the team with NO REFUNDS.** Please plan vacations and other activities during the scheduled gym breaks.
- You are required to be at every competition and practice (*scheduled practice or called practice*). **For every unexcused practice, you will be charged \$25.00.** Excused absences for practice include: a death in the family or a doctor's excuse for being ill or seriously injured.
- Please understand that if you miss practice (unexcused), your child may be replaced with an alternate and he/she will have to earn their spot back on the squad. There will be no refunds.
- Practices and competitions are not to be used as personal punishment time for your child's action or misbehavior outside of the gym. When your child misses a practice, you are punishing everyone else on the team.
- For the sake of the team, any member absent for any reason two weeks before a competition may be removed from the routine for the upcoming competition. All competition fees for the event will be forfeited to cover the cost of the replacement.

Parent Signature _____

Date _____

Section 4 – Injuries

- Parents need to note that cheerleading is a highly competitive sport that involves risk. Stunting, tumbling, and jumping could lead to injuries. These injuries include but are not limited to: bruises, pulled and strained muscles or ligaments, broken bones, dislocations, paralysis or even death. GXA takes every precaution to prevent these injuries from happening. Unfortunately, we cannot prevent them all. In the event that your child is injured, we will take every necessary step for your child's well-being.
- If a child becomes injured or sick and cannot fulfill their agreement to compete, their fees will go to fund another child to replace them during the season and no refunds will be given.

Section 5 - Dress Codes

Gym Dress Code:

- **PRACTICE CLOTHES** will be given out in the fall and should be worn to each practice with white tumbling shoes. If practice clothes are lost or damaged, a new set will need to be purchased at your own expense. Girls should wear their hair in a high pony tail with a bow. A neat appearance is expected at each practice.
- **NO JEWELRY/NO FINGERNAILS** Jewelry is not allowed at any practice. Finger nails must be kept short at all times. **NO FAKE FINGERNAILS ALLOWED!** You will be asked to remove nail tips if we see them at practice. Both jewelry and fingernails could cause serious injury to your child or another child.

Competition Dress Code:

- All athletes must have the proper attire for competitions with them at every event. You may wear: uniform top and warm-up pants, bloomers under warm up pants. You may wear your warm-up jacket anytime.
- You must have your competitions shoes with you, but you're allowed to wear sandals or boots to keep from messing up your competition shoes.
- Under no circumstances are you allowed to wear jewelry at an event. Wearing jewelry or hair bands on wrists during the competition performance can get your team disqualified or cause point deductions to the team.
- All hair and make-up should be done before entering the event. We want our cheerleaders to represent the gym in a professional manner.
- Everyone is encouraged to wear GXA apparel clothing anywhere and everywhere that is appropriate. We want everyone to have pride in the name GENESIS XTREME ALLSTARS!!!

Quitting/Being Dismissed:

All fees, payments, costs, physical items, deposits unclaimed goods, will be and are forfeited by anyone who has quit or has been removed from our program. There will be **NO REFUNDS** or items issued (competition fees, clothing costs, gym fees, clothing, etc.) to anyone who quits or is asked to leave the program. Anyone who is dismissed, quits, or injured/sick is still responsible for all debts to be paid and agrees to pay any/all legal fees surrounding such events.

Parent Signature _____

Date _____

Section 6 - General Information

- No GOSSIP about any other team (AllStar or school), another team member, other children, coaches or any other gym employee in the sitting area, parking lot, competitions, or any other time. You will be warned on your first offense, and then dismissed from our program on the second offense.
- If you have questions or concerns about the team or any other matter, please contact the gym owner. Do not approach the coach with questions during practices or competitions. The best time to address concerns is outside of gym hours. The preferred method of communication is through email (no text messages).
- No profanity or abusive language in the gym, or at the competitions. No arguing or questioning the coaching staff's decisions at competitions.
- Every year each team will go through losses and additions to the roster. The dismissal or addition of anyone is the coach's decision and should never be questioned. Your only concern is your CHILD! Anyone threatening to quit or pull his/her child from the team will be dismissed from the program and will not be welcomed back.
- It is the parent's responsibility to know the schedule changes and competition schedules. Please check all emails and GXA website (www.gxacheer.com) for updates to ensure that you are receiving all of the most current information.
- Parents need to remain in the designated parent seating area. Parents should not come onto the spring floor for any reason. Please do not come onto the floor to take pictures or video your child. Parents will refrain from yelling across the floor to their child or another child.
- When going to events out of town, it is the parent's responsibility to make travel arrangements including booking your hotel and making sure your child is on time. Each cheerleader must have a chaperone at every competition. It is not your coach's responsibility to be your child's chaperone.
- All teams will be responsible to watch and support each other as a gym.
- Parents, relatives, friends, and cheerleaders are not allowed to speak with competition officials for any reason or question the placement of any team. You will be dismissed if you contact anyone from any competition hosting company.
- All cheerleaders and Genesis Xtreme AllStar families are expected to show good sportsmanship at all times. Sportsmanship is more than just being polite. Having good sportsmanship is letting your actions and skills speak for you. Every team member, parent, and coach is asked to represent this program with PRIDE.
- Safety is the number one priority of this program. Our gym is a proud member of the USASF which regulates the safety of all-star cheerleading. Unsafe behavior is strictly forbidden. If at any time the gym staff feels an individual's behavior is jeopardizing the squad in any way, the staff may warn, suspend or remove that individual from the squad.
- The AllStar Director may change, add or subtract any rule at any time.

Parent Signature _____

Date _____

Genesis Xtreme AllStars

Evaluation Form

Participant's Name: _____ Male/Female _____

Birthday: _____ Age as of 8/31/2017 _____

Have you cheered before? _____yes _____no If so, where? _____

Are you willing to Cross Over from Team to Team: _____

List any specialty skills:

At which stunt position do you have experience? **NONE FLYER BASE BACKSPOT ALL**

Check Your Level for Evaluation (Skill must be Executed/Performed with appropriate technique.)

_____ **Level 1** (No Experience) _____ **Level 1 Stunts** (Preps, 1 legged stunts waist level)

_____ **Level 1 Tumbling** (Back Walkover, Switch Kick Back walkovers, Front Walk Over)

_____ **Level 2** (Preps, Extensions) _____ **Level 2** (Basket Tosses, 1 legged stunts prep level)

_____ **Level 2 Tumbling** (Back Handspring - Back Handspring, Back Handspring -Back Walkover - Back Handspring, Front Walkover - Round off Series BHS)

_____ **Level 3** (One Legged Stunts extended, Full Twist to prep, Full downs from Extension and 1 Legged Stunts)

_____ **Level 3** (Full Basket Toss, Toe Touch Baskets, Pike Baskets Single Trick Baskets Toss)

_____ **Level 3 Tumbling** (Running Tucks, Running BHS Tuck, Front walk over BHS Tuck, Front Punch, Standing Multiple BHS, Jump to Multiple BHS)

_____ **Level 4** (One Legged Stunts Full Down, Two legged Double twisting dismounts)

_____ **Level 4** (Double Twisting Baskets, Kick Full Baskets)

_____ **Level 4 Tumbling** (Front Punch Step Out to Layout, Whip Layout, Standing Tuck, BHS Tuck, Jump BHS Tuck)

_____ **Level 5** (Double Ups, Double twisting single legged dismounts, double twisting, Hitch Kick Baskets Toss)

_____ **Level 5 Tumbling** (Front Through To Full Twist, RO BHS Full / Double Twist, Standing Tucks, Standing Full)

Parent Signature _____

Date _____

GENESIS XTREME ALLSTARS TRIAL CLASS & MEDICAL RELEASE FORM

In consideration of the services of Genesis Xtreme Cheer Company L.L.C., D.B.A (Genesis Xtreme AllStars, GXCC LLC, GXA Cheer) its owners, agents, officers, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "GXA Cheer", "GXCC LLC" & "Genesis Xtreme AllStars"), I hereby agree to release, discharge, and hold harmless GXCC LLC, Staff, Agents, Officers and Members, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

- 1.) I understand and acknowledge that the activities that I or my child engage in while on the premises or under the auspices of GXCC pose known and unknown risks which could result in injury, paralysis, death, emotional distress, or damage to me, my child, to property, or to third parties. The following describes some, but not all, of those risks: Cheerleading and gymnastics, including performances of stunts and use of trampolines, entail certain risks that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, cheerleading students would not improve their skills and the enjoyment of the sport would be diminished. Cheerleading and gymnastics expose participants to the usual risk of cuts and bruises, and other more serious risks as well. Participants often fall, sprain or break wrists and ankles, and can suffer more serious injuries. Traveling to and from shows, meets and exhibitions raises the possibilities of any manner of transportation accidents. In any event, if you or your child is injured, medical assistance may be required which you must pay for yourself.
- 2.) I expressly agree and promise to accept and assume all of the risks, known and unknown, connected with GXCC LLC (Genesis Xtreme AllStars) related activities, including but not limited to performance of stunts and use of trampolines. My participation and that of my child is purely voluntary. No one has forced or coerced me or my child to participate. I elect for myself and my children to participate in such activities in spite of the risks.
- 3.) I hereby voluntarily release, forever discharge, and agree to hold harmless and indemnify Genesis Xtreme Cheer Company LLC from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my child's participation in GXCC LLC related activities.
- 4.) Should GXCC LLC be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and reimburse them for such fees, cost, damages, and loss of company time.
- 5.) I certify that my child has health, accident and liability insurance to cover bodily injury or property damage that may be caused or suffered while participating in this event or activity, or else I agree to bear the costs of such injury or damage to my child. I further certify that I am willing to assume and bear the costs of all risks that may arise or be created, directly or indirectly, through or by any such condition.
- 6.) In the event that I file lawsuit against Genesis Xtreme Cheer Company LLC, I agree to do so solely in the State of Georgia and I further agree that the substantive and procedural laws in that state shall apply in any such action without regard to the conflict of laws rules thereof. I agree that if any portion of this agreement is found void or unenforceable, the remaining portions shall remain in full force and effect.
- 7.) By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation or the participation of any of my children in this activity, I may be found by court of law to have waived my right to maintain a lawsuit against GXCC LLC (Genesis Xtreme Cheer Company) on the basis of any claim from which I have released GXCC LLC by signing this Agreement.

Participant's Name: _____ (Please Print)

Email: _____

I have had sufficient opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.

PARENTS OR GUARDIAN'S ADDITIONAL INDEMNIFICATION
(Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name) ("Minor") being permitted by Genesis Xtreme Cheer Company LLC to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold GXCC LLC, Staff, Agents, Members, and Officers from any and all claims which are brought by, or on behalf of Minor and which are in any way connected with such use or participation by Minor.,

Signature of Participant/Parent: _____ **Date:** _____

Print Name: _____ **Phone:** _____

Parent Signature _____

Date _____

GENESIS XTREME ALLSTARS REGISTRATION FORM

PARTICIPANT INFORMATION

(One form per child)

Name: _____ Age: _____ D.O.B. ___/___/___

Male: _____ Female: _____ Address: _____

City: _____ State: _____ Zip Code: _____

PARENT/GUARDIAN INFORMATION

Mother's Name: _____ Cellular #: _____

Father's Name: _____ Cellular #: _____

E-mail Address: _____

EMERGENCY INFORMATION

Emergency Contact: _____

Relationship: _____

Telephone #: _____

MEDICAL INFORMATION

Primary Care Physician: _____ Telephone #: _____

Insurance Carrier: _____ Policy Number: _____

Allergies: _____

List all previous injuries and/or physical limitation(s):

List all current medications:

Parent Signature _____

Date _____

GENESIS XTREME ALLSTARS ***AUTHORIZATION FORM***

Participant's Name _____

Video and Photography Release: I understand that my child's photograph/video may be taken during the course of class instruction or during a special event. I hereby grant my permission for the resulting video and/or photograph to be used for any and all publicity and printing purposes.

Parent Signature: _____ Date: _____

Notice of Termination: I understand that GXCC LLC (Genesis Xtreme Cheer Company) requires notice by the 15th of the month prior to terminating a monthly class or monthly tuition is still due. One class attended for any month constitutes ownership of that class spot for the entire month. **No refunds will be given for any reason.** Any payments resulting in non-sufficient funds, declined credit card, returned check, etc. will be charged a \$25 service charge.

Parent Signature: _____ Date: _____

Annual Registration Fee: An annual registration fee of \$40/ per student or \$70 per family fee is charged every January. Additionally, if you leave the program and return during the same year, you will be charged the enrollment **fee of \$75 per participant.**

Parent Signature: _____ Date: _____

Payment Options: Payment will be made by credit card draft or PayPal. A service fee is charged with all credit card/PayPal transactions. Any/All Credit Cards numbers are to be kept current and any changes will need to be submitted so they can be charged before the 1st of the month or a \$25 late fee is applied. **A late fee of \$25 will be applied to all accounts that are late and not received before the 1st of the month. GENESIS XTREME CHEER COMPANY LLC**

Parent Signature: _____ Date: _____

Medical Release: I understand that in any activity the potential exists for injury, minimal to catastrophic. GXCC LLC and its employees, agents, officers and directors shall not be responsible for any injuries; minimal to catastrophic or any damages associated with participation in any activity, exhibition, competition, recital or clinic or travel to or from any event in which the above named are involved. I hereby release GENESIS XTREME CHEER COMPANY LLC (GENESIS XTREME ALLSTARS) staff to render first aid in the event of any injury or illness, to seek medical assistance if deemed necessary and to transport to a medical facility or to call an ambulance.

Parent Signature: _____ Date: _____

Gym Policies Acceptance: I have received a copy of the Genesis Xtreme AllStars Gym Policies & Procedures. I hereby accept the policies as outlined. I understand the gym policies/tuition rates can be altered at any time under the owner's desecration with reasonable notice. **I have had sufficient opportunity to read this entire document. I have read it, understand it, and agree to its full entirety. I agree to be bound by its terms and conditions.**

Parent Signature: _____ Date: _____

Parent Signature _____

Date _____

GENESIS XTREME ALLSTARS

Authorization Agreement For
Electronic Credit/Debit Card Transactions

Customer Information

Customer Name (as appears on account/card)

Email Address

Billing Address (for account/card)

City, State

Zip

Credit/Debit Card Authorization

Card Number

Expiration Date

Card Type (Visa, MC)

Card Security Code (3 or 4 digit number)

Payment Agreement

Initial here for debits/credits.

I hereby authorize Genesis Xtreme AllStars Cheer Company LLC. hereinafter called GXCC, GXA Cheer, Genesis Xtreme AllStars, to initiate debit or credit entries to my Checking / Savings / Credit Card / Debit Card Account (select one) indicated about at the depository financial institution named about (hereafter called Depository), or to the Card Account listed above; and to debit or credit the same such amount to such account. If this item is dishonored, I authorize an additional returned check/refusal of charges fee of \$25.00 (or Legal Limit) to be charged to this account.

I understand and accept that payment for services rendered by GXCC LLC are due before the 1st of any given month while enrolled in the program. The above listed method of payment shall be charged for said month's services (plus a 3.5% administration fee for Credit / Debit Card transactions) before the 1st of every month for that month's charges. I understand that services may not be denied or interrupted by GXCC LLC due to the refusal or denial of charges made on this account for any reason.

I represent and warrant that I am authorized to execute this payment authorization for the purpose of securing services provided by GXCC LLC. I indemnify and hold the Merchant Services Provider, the Depository, the company holding the above mentioned card account, and GXCC LLC harmless from damage, loss, or claim resulting from all authorized actions here under. The authorization is to remain in full force and effect until GXCC LLC has received written notification from me of written termination, in such time and such manner as to afford GXCC LLC and Depository / Card Company a reasonable opportunity to act on it.

Consumer Name (Printed)

Authorized Customer Signature

Date

Initials

www.gxacheer.com

Parent Signature _____

Date _____